

# Lockerbie Manor

Monday 23rd May to Thursday 26th  
May 2022



# Why go on a Residential Trip?



RESILIENCE

FRIENDSHIPS

CONFIDENCE

TEAM-WORK

ACHIEVEMENT

FUN!



# WHY LOCKERBIE?

- Established in 1991
- Largest independent operator
- Safe and secure location
- 95% re-booking levels
- Very Accommodating



# Health and Safety

- Approved centre status
- AALA licence
- Regularly inspected by Health and Safety Executive
- Conforms to all Governing Body Guidelines
- Each outdoor pursuit risk assessed
- Pursuits, equipment and instructors continually monitored and assessed



# Instructors

- Rigorous recruitment and training programme
- NGB qualifications
- First aid trained
- Fire Marshall trained
- Emergency procedures in place





# THE VENUE



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Dorms  
Friendship Requests



# Planned Activities

Mixed Groups  
of roughly 8

Hill walking

Zip Wire

Abseiling

Blind trail

Fencing

High ropes

Night walk

Climbing

Obstacle course

Crate stacking

Low ropes

Wide games

Archery

Orienteering

Initiative exercises

Canoeing

Kayaking

Mountain biking



# General Time Table

- 07.30 - Rise & Shine
- 08.00 – 09.00 - BREAKFAST
- 09.00 – 10.30 - Outdoor Pursuit Session 1
- 10.30 – 10.50 - BREAK TIME
- 10.50 – 12.20 - Outdoor Pursuit Session 2
- 12.20 – 13.40 - LUNCH TIME
- 13.40 – 15.10 - Outdoor Pursuit Session 3
- 15.10 – 15.30 - BREAK TIME
- 15.30 – 17.00 - Outdoor Pursuit Session 4
- 17.15 – 19.00 - DINNER/FREE TIME
- 19.00 – 20.30 - Outdoor Pursuit Session 5
- 21:00 - BEDTIME

# Arrangements

- Arrive at school as normal at 9am. Leave luggage in the Gym Hall.
- Departure Time tbc
- Arrive back at St Thomas' on Thursday 26<sup>th</sup> May around 3pm

# Other Important Information

- Payment - £50 Covid Safe Deposit to secure place by October 29<sup>th</sup> VIA Parent Pay
- Total Cost at present £330 p/p for all cluster schools
  - Apply for Grants
  - Cluster Fundraising
  - School Fundraising
- Suggested target for St Thomas' of £2000 would see Cost p/p = £260
  - (6 instalments of £35pp + £50 deposit)



# Other Important Information

- Spending Money – Tuck Shop £2 per night
- Food- very accommodating- Excellent selection.
- Medication
- Specific Needs – e.g. Medical Condition, Sleepwalking, Bedwetting – Meeting
  - We will work with you to remove any barriers to participation





# Kit List

## RECOMMENDED KIT LIST FOR LOCKERBIE MANOR

### CLOTHING

We recommend that you **do not bring new clothes** to the centre, they may end up damaged and will certainly get dirty if used on activities.

**Denim jeans are not suitable** for outdoor activities and should not be brought for that use.

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**Children MUST bring a sleeping bag or duvet**

**Please mark everything with both the school name and child's name.**

# Code of Conduct

## **Code of Conduct For Parents and Children**

### **Parents should:**

- Stress to your child in advance of the visit the necessity for co-operating with the organising staff with regard to a range of things including -  
Instructions, punctuality, cleanliness, dress, behaviour, manners , safety and especially  
**NOT TO USE ANY OF THE ACTIVITIES DURING FREE TIME**
- Ensure no mobile phones, electronic games or electrical appliances are taken
- Stress to your child the importance of never doing anything which will put him/her in danger, or any other member of the party
- Ensure that the trip organiser has details of any medical condition relating to your child
- Provide details of emergency contacts at all times during the visit
- Agree to accept the code of conduct as applied to the children
- Children should always enter the main building via the correct door, making sure that outside footwear is removed before entering the building
- Children should report any damage, however caused

Signed Parent / Carer.....

Signed Child.....

# What the previous P7 have to say...

Overall the experience was mind-blowing! We did Fencing, orienteering, zipwire, abseiling and so much more. It was the best week ever!

Lockerbie was lots of fun and a great experience. You will overcome fears and the instructors are so funny and kind.

The dorms are the best part of Lockerbie because you can share what you have been doing. It was so much fun and the food is amazing!

# What the current P7 have to say...

The activities are really enjoyable and it was great to make new friends from St John's and also from St Mark's and St Thomas'

Lockerbie is great because you get to do all sorts of activities! Shooting a rifle was my favourite.

Lockerbie is great for no screen time. You spend most of your time outside which is really good for you!





There's room to bring a friend!

