

Traditional Tastes 2015

	WEEK ONE	WEEK TWO	WEEK THREE
	27/4, 18/5, 8/6, 10/8, 31/8, 21/9	4/5, 25/5, 15/6, 17/8, 7/9, 28/9	11/5, 1/6, 22/6, 24/8, 14/9, 5/10
MONDAY	Seasoned Chicken with a Tortilla Wrap and Mixed Salad (C) ***** Frozen Yoghurt or Fruit Platter	Marinated Chicken served with Roasted Vegetables and Egg Noodles (C) ***** Rowan Glen Yoghurt or Fruit Platter	Family Favourite Breaded Fish served with Chips and Garden Peas (F) ***** Ice cream or Fruit Platter
TUESDAY	British Beef Steak and Sausage Pie with New Potatoes and Seasonal Vegetables (B) ***** Caramel Flan or Fruit platter	British Beef Lasagne served with Crunchy Coleslaw and Fresh Salad (B) ***** Raspberry Muffins or Fruit Platter	Freshly made Sausage Rolls with Diced Potatoes and Seasonal Vegetables (P) (B) ***** Rowan Glen Yoghurt or Fruit Platter
WEDNESDAY	Chicken Curry served with Wild Rice and Seasoned Veg (C) ***** Shortbread or Fruit platter	Pulled Pork and Crunchy Coleslaw and Fresh Salad (B) ***** Caramel Biscuit or Fruit Platter	Pasta in a Creamy Cheese Sauce served with Tomato salad and Garlic Bread (V) ***** Toffee sponge or Fruit Platter
THURSDAY	Traditional Mince topped with Creamy Mash served with Seasoned Veg (B) ***** Iced Sponge Or Fruit latter	Pasta in a Creamy Cheese Sauce served with Tomato salad and Garlic Bread (V) ***** Strawberry meringue nest or Fruit Platter	Beef Bolognaise accompanied with Fussilli Pasta and Seasonal Vegetables (B) ***** Krispie Cake or Fruit Platter
FRIDAY	Family Favourite Breaded Fish served with Chips and Garden Peas (F) ***** Ice Cream or Fruit Platter	Chicken Tikka with Wild Rice and Seasonal Vegetables (C) ***** Frozen Yoghurt or Fruit Platter	Creamy Chicken Pie with New Potatoes and Green Beans (C) ***** Melting Moments or Fruit Platter

Allergies

Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

THEME MEALS OFFERED DAILY

Includes dessert of the day

ITALI MANIA Offered every Monday	Cheese and Tomato Pizza or Tomato and Mozzarella Pasta Choose additional toppings <ul style="list-style-type: none">• Sliced Ham• Roasted vegetables Served with garlic bread and salad
CAFÉ DAY Offered every Tuesday	Paninis or Jacket Potato Filled with a choice of Cheese or Flaked Salmon Served with Crunchy Salad
MEXI CAN Offered every Wednesday	Spicy Wedges or Wild Rice with a Choice of: <ul style="list-style-type: none">• Quorn Chilli• Spicy Nuggets and Salsa Served with shredded lettuce
DELI BAR Offered every Thursday	Sub roll or Warm Wrap Filled with <ul style="list-style-type: none">• Hot Spicy Chicken• Quorn Dippers and BBQ sauce Served with shredded lettuce
SNACK SENSATION Offered every Friday	Hot Filled Roll <ul style="list-style-type: none">• British Beef Burger• Quorn Hot Dog• Ham or Cheese Salad

FILLING STATION OFFERED DAILY

Includes dessert of the day

Choose from

Wholemeal baguette, Sliced Bread

Filling options

Cheese, sliced ham, Tuna and free range mayonnaise

All meals include each of the following options:

- Freshly made soup of the day or starter
- Drink option including :Plain milk, water, assorted fruit juice, flavoured milk or aqua 67
- Bread Basket
- Crudity platter