



TAEKWONDO UKTC



RENFREWSHIRE

Barrhead Sport Centre	Tuesday	5-6pm
Barrhead Sports Centre	Tuesday	6-7pm
Barrhead Sports Centre	Friday	5-6pm
Bridge of Weir Cargil Hall	Tuesday	6.30-7.30pm
Houston Village Hall	Monday	6.30-7.30pm
Johnstone Community Sports Hub	Friday	7.15-8.15pm
Kilbarchan Steeple Hall	Wednesday	6.30-7.30pm
Kilmacollm The Cargil Centre	Saturday	2-3pm

starts 24/1/15

Linwood ON-X Leisure Centre	Monday	5-6pm
Linwood ON-X Leisure Centre	Wednesday	5-6pm
Linwood ON-X Leisure Centre	Saturday	11am-12pm
Paisley Lagoon Leisure Centre	Wednesday	7.30-8.30pm
Paisley Lagoon Leisure Centre	Thursday	7.30-8.30pm
Paisley Lagoon Leisure Centre	Saturday	10-11am
Paisley Ralston Community Centre	Thursday	5.30-6.30pm
Paisley Ferguslie Sports Centre	Thursday	4.15-5.15pm

starts 22/1/15

Paisley Foxbar Community Centre	Tuesday	7.30-8.30pm
Paisley Foxbar Community Centre	Friday	4-5pm
Renfrew Arkleston & Newmains Community Centre	Saturday	10-11am
Renfrew Arkleston & Newmains Community Centre	Thursday	6-7pm

NORTH AYRSHIRE

Beith Community Centre	Friday	5.30-6.30pm
Kilbirnie Bridgend Community Centre	Thursday	7-15-8.15pm

EAST AYRSHIRE

Kilmarnock Grange Academy Campus	Wednesday	5.45-6.45pm
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GLASGOW

Cardonald/Mosspark Baptist Church		
155 Corkerhill Rd	Saturday	12-1pm & 1-2pm
Corkerhill Nethercraigs Sports Centre	Friday	6.30-7.30pm
Crookston St James Church (Beltrees Road)	Kids Monday	6.30-7.30pm
Crookston St James Church (Beltrees Road)	Adult Monday	7.30-8.30pm
Darnley Community Centre	Monday	7-8pm
Penilee Community Centre	Saturday	1-2pm
Pollok Community Centre (Langton Road)	Kids Wednesday	6.30-7.30pm
Pollok Community Centre (Langton Road)	Adult Wednesday	7.30-8.30pm



Book a free trial lesson at

www.uktc.co.uk

or call **01259 210716**



LITTLE TIGER CUBS

Fun Martial Arts Training System
for children 3-5 years old
(see overleaf for details)

Find us on Facebook
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Telephone: **01259 210716**

Web: www.uktctaekwondo.co.uk