TAEKWONDO





RENFREWSHIRE

Barrhead Sport Centre Barrhead Sports Centre Barrhead Sports Centre Bridge of Weir Cargil Hall Houston Village Hall Johnstone Community Sports Hub Kilbarchan Steeple Hall Kilmacolm The Cargil Centre

Linwood ON-X Leisure Centre Linwood ON-X Leisure Centre Linwood ON-X Leisure Centre Paisley Lagoon Leisure Centre Paisley Lagoon Leisure Centre Paisley Lagoon Leisure Centre Paisley Ralston Community Centre Paisley Ferguslie Sports Centre

Paisley Foxbar Community Centre Paisley Foxbar Community Centre Renfrew Arkleston & Newmains Community Centre Renfrew Arkleston & Newmains Community Centre

NORTH AYRSHIRE

Beith Community Centre Kilbirnie Bridgend Community Centre Tuesday 5-6pm 6-7pm Tuesday 5-6pm Friday 6.30-7.30pm Tuesday Monday 6.30-7.30pm 7.15-8.15pm Friday Wednesday 6.30-7.30pm 2-3pm Saturday

starts 24/1/15 Monday 5-6pm Wednesday 5-6pm 11am-12pm Saturday Wednesday 7.30-8.30pm 7.30-8.30pm Thursday 10-11am Saturday 5.30-6.30pm Thursday Thursday 4.15-5.15pm starts 22/1/15

4-5pm Friday 10-11am Saturday

7.30-8.30pm

Tuesday

Thursday 6-7pm

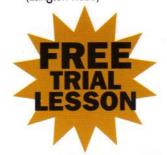
5.30-6.30pm Friday Thursday 7-15-8.15pm

EAST AYRSHIRE

Kilmarnock Grange Academy Campus Wednesday 5.45-6.45pm

GLASGOW

Cardonald/Mosspark Baptist Church 155 Corkerhill Rd 12-1pm & 1-2pm Saturday 6.30-7.30pm Corkerhill Nethercraigs Sports Centre Friday Crookston St James Church **Kids** 6.30-7.30pm (Beltrees Road) Monday Crookston St James Church (Beltrees Road) Adult Monday 7.30-8.30pm **Darnley Community Centre** Monday 7-8pm 1-2pm Penilee Community Centre Saturday Pollok Community Centre **Kids** 6.30-7.30pm (Langton Road) Wednesday Pollok Community Centre Adult (Langton Road) Wednesday 7.30-8.30pm





Book a free trial lesson at

www.uktc.co.uk or call **01259 210716**





TIGER CURS Fun Martial Arts Training System for children 3-5 years old (see overleaf for details)

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