Our Ref: Your Ref: Contact: Tel: Fax: Email: Date:

Barry Cook 07800 629645

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cookb@ea.e-renfrew.sch.uk December 2014



Sports Services Education Department c/o Thornliebank Primary School Main Street Thornliebank G46 7RW



East Renfrewshire Active Schools – WE NEED YOU!

You may or not be aware but Friday 5th December is International Volunteers Day and at Active Schools we need your help!

The fundamental aim of Active Schools is to offer all children and young people the opportunities and motivation to adopt active, healthy lifestyles, now and into adulthood. We aim to do this by increasing sporting opportunities before, during and after school, and in the wider community. To assist us we have a group of fantastic volunteers, coaches, leaders, college/university students and teachers who help to deliver these activities and we would like to invite you to be part of the programme.

From active travel initiatives to helping with after school clubs or assisting in inter-school sports matches and festivals, we have roles big and small to suit your requirements. All roles are with the full support of your Active School Coordinator. Even if you don't have any coaching certificates or qualifications we can help you get them!! Training opportunities are available throughout the year and we may be able to assist in the funding if there are any costs involved. This can also lead to paid coaching work.

If you would be interested in volunteering with us or finding out more about Active Schools complete the attached information form. Forms can be returned to your child's school office. We look forward to hearing from you and welcoming you as a volunteer!

Yours sincerely

Barry Cook Senior Active School Coordinator



Mhairi Shaw, Director of Education, East Renfrewshire Offices, 211 Main St, Barrhead, G78 1SY





Active Schools Volunteer Information Form - PROTECT

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I would be interested in helping with or getting more information on how I could help with:

- Active travel initiatives e.g. walking bus or cycle proficiency
- A lunchtime club (usually 12.45 1.15pm approx)
- An after-school sports club (usually 3.00 4.00pm approx)
- An evening activity
- A school sports team
- Special or one-off events e.g. inter-school matches or festivals

If I was to help, I have a particular interest in the following sports/activities (please also circle whether you have any existing qualifications):

| General Football | Qualified | Interested in qualification |
|-------------------------|-----------|-----------------------------|
| Basketball | Qualified | Interested in qualification |
| Netball | Qualified | Interested in qualification |
| Dance/Cheerleading | Qualified | Interested in qualification |
| Gymnastics | Qualified | Interested in qualification |
| 🗖 Tennis | Qualified | Interested in qualification |
| 🖵 Hockey | Qualified | Interested in qualification |
| Golf Golf | Qualified | Interested in qualification |
| Rugby | Qualified | Interested in qualification |
| Badminton | Qualified | Interested in qualification |
| Athletics | Qualified | Interested in qualification |
| Aerobics, Boxercise etc | Qualified | Interested in qualification |
| Other | Qualified | Interested in qualification |
| • Other | Qualified | Interested in qualification |

Please return to your child's school office Thanks Barry Cook Senior Active School Coordinator