

PRIMARY MENU

Traditional Tastes			
	WEEKS ONE	WEEK TWO	WEEK THREE
MONDAY	11/8, 1/9, 22/9, 13/10, 3/11, 24/11, 15/12	18/8, 8/9, 29/8, 20/10, 10/11, 1/12, 22/12	25/8, 15/9, 6/10, 27/10, 17/11, 8/12, 29/12
	Seasoned chicken with Tortilla Wrap and Mixed Salad (C) ***** Rowan glen yogurt or fresh fruit platter	Family Favourite breaded fish, chips and garden peas (F) ***** Ice cream or fresh fruit platter	Butchers pork sausage in gravy with Seasonal vegetable and mashed potatoes (P) (B) ***** Frozen yoghurt or fresh fruit platter
TUESDAY	Curried Mince pilaf, with naan bread and spicy onions (B) ***** Winter fruit crumble or fresh fruit platter	Macaroni cheese, garlic bread and mixed salad ***** (V) Caramel flan or fresh fruit platter	Chilli beef served with Tacos, red onion and shredded lettuce ***** (B) Apple pie or fresh fruit platter
	Wednesday	Thursday	Friday
WEDNESDAY	Freshly made sausage rolls with diced potatoes and seasonal vegetables (P) (B) ***** Iced sponge or fresh fruit platter	British Beef Bolognaise with pasta twists and golden sweetcorn (B) ***** Choc Fudge sponge or fresh fruit platter	Family Favourite breaded fish, chips and garden peas (F) ***** Peach melba flan or fresh fruit platter
	British Beef Steak and sausage pie with new potatoes and seasonal vegetables (B) ***** Shortbread or fresh fruit platter	Chicken Tikka Masala with wild rice and seasonal vegetables (C) ***** Frozen yoghurt or fresh fruit platter	Macaroni cheese with garlic bread, mixed vegetables (V) ***** Raspberry muffin or fresh fruit platter
THURSDAY	Traditional roast ham with roast potatoes and broccoli (P) ***** Toffee apple sponge or fresh fruit platter	Creamy chicken pie with new potatoes and green beans (C) ***** Shortbread or fresh fruit platter	Chicken korma with wild rice and seasonal vegetables (C) ***** Ice cream or fresh fruit platter
	Friday		

PRIMARY MENU

THEME MEALS OFFERED DAILY

Includes dessert of the day

ITALIMANIA
Offered every
Monday

Cheese and tomato Pizza (V)
or
Tomato and mozzarella pasta (V)
Choose additional toppings

- Spicy sliced sausage (V)
- Sliced Ham (P)
- Roasted vegetables (V)

Served with garlic bread

DELI BAR
Offered every
Tuesday

Sub roll or Wrap
Served with

- Chicken bar (C)
- BBQ meatballs (C)
- Salmon chunks (F)

Served with tossed salad

MEXICAN
Offered every
Wednesday

Wild rice or Spicy wedges
Served with

- Quorn chilli (V)
- Mexican chicken (C)
- Spicy nuggets (C)

Served with tossed salad

CAFÉ DAY
Offered every
Thursday

Plated cheese (V) or ham salad (P)
Or
Assorted filled paninis served with tossed salad
(V) (F) (P)

SNACK
SENSATION
Offered every
Friday

British beef burger in a bun (B)
Or
American sausage in a wholemeal bun (V)
Served with coleslaw and tossed salad

PRIMARY MENU

FILLING STATION OFFERED DAILY

Includes dessert of the day

Choose from

Jacket potatoes, wholemeal baguette, Sliced Bread

Filling options

Cheese (V), sliced ham (P), Tuna (F) and free range mayonnaise (V)

All meals include each of the following options:

- Freshly made soup of the day or starter
- Drink option including :Plain milk, water, assorted fruit juice, flavoured milk or aqua 67
- Bread Basket
- Crudity platter - with mixed peppers, fresh beetroot, baby corn & carrot batons