

Self Isolation

Scotland's Directors of Public Health have highlighted a number of cases of children being in school after recently returning from countries not exempt from self-isolation (“quarantine”) rules. This has also been raised by members of the Education Recovery Group. The Health Protection (Coronavirus) (International Travel) (Scotland) Regulations 2020 require all those returning to Scotland from non-exempt countries to self-isolate at home or another appropriate location for 14 days. Those self-isolating should not go out to work or school or visit public areas. As you will know, the list of exempt countries has been changed in recent days, with the removal of some countries, including France and the Netherlands.

We attach a link to the relevant guidance <https://www.gov.scot/publications/coronavirus-covid-19-public-health-checks-at-borders/pages/overview/> and to the list of exempt countries <https://www.gov.scot/publications/coronavirus-covid-19-public-health-checks-at-borders/pages/exemptions/>.

Directors of Public Health and local health protection teams are available to offer further support where there are concerns.

Dr Gregor Smith, Chief Medical Officer
Professor Fiona McQueen, Chief Nursing Officer
Professor Jason Leitch, National Clinical Director