

Monday 16 March 2020.

Yesterday was SCIAF Sunday and today we think of our role in helping groups such as this do God's Work in our World.

God has no hands but yours'

We are God's hands. We can use our hands to help others and to welcome them with open arms. SCIAF uses its hands to help up one person by providing seeds. This help then spreads to the rest of the community through cultivating the land, growing produce and then feeding the community. Today's seeds are tomorrow's bread. The seeds **we** plant can grow hope, health, happiness and a brighter future with God.

Our Father...

Tuesday 17 March 2020.

Today is the Feast of St Patrick of Ireland.

Lord of all nations and all people,

We rejoice today in your special servant, St. Patrick who inspired many of those who brought the faith to Scotland.

We pray his special prayer.

Christ within us, Christ around us, Christ beside us, Christ surround us,
Christ behind us, Christ before us, Christ to comfort and restore us.

Christ in quiet, Christ in danger, Christ in mouth of friend and stranger.

Christ beneath us, Christ above us, Christ to cherish and to love us.

God it was who made creation, eternal Father, Spirit, Word.

Praise to the Lord of our salvation, salvation is Christ the Lord.

Hail Mary.....

Wednesday 18 March 2020.

Today we ask for God's help to let us to see clearly our calling, to ascertain the path we should follow in life. We also remember to pray for all priests and religious.

Lord, make me a better person, more honest with myself, more considerate towards others, more faithful to you.

Help me to find my true vocation in life and grant that through it I might find happiness myself and bring happiness to others.

Grant Lord, that those whom you call to enter the priesthood or the religious life may have the generosity of heart to answer your call so that those who need your help may always find it.

We ask this through Christ Our Lord. Amen

We make our prayer through Our Blessed Lady, as we say together

Hail Mary.....

Thursday 19 March 2020.

We know Joseph was a man of faith, obedient to whatever God asked of him without knowing the outcome. When the angel came to Joseph in a dream and told him the truth about the child Mary was carrying, Joseph immediately and without question or concern for gossip, took Mary as his wife. When the angel came again to tell him that his family was in danger, he immediately left everything he owned, all his family and friends, and fled to a strange country with his young wife and the baby. He waited in Egypt without question until the angel told him it was safe to go back. Joseph responded to God's call to take care of Jesus as a father would. He knew this would be a difficult task but that it was what God wanted of him. Today, we ask St Joseph to pray with us especially for those called by God to be priests. We hope that Joseph's faith in God will be an example to them.

Hail Mary...

Friday 20 March 2020.

We pray that the Peace of Christ will be with us.

Peace be in this new day, peace of heart and mind, peace with the past, peace with the future. May the peace of Christ make a home in my heart, may it disarm anger and calm all fear today, may it settle in my soul and stay.

Lord, I offer you this day with all the promise and uncertainty it contains. I offer you all my fears and hopes for the day. Be the peace at the centre of my life today. Be the hope that survives each event. Be with me in all that happens. Amen.

Hail Mary.....