

# **St Ninian's High School**

## **PSHE Newsletter**

### **Week Beginning 16<sup>th</sup> March 2020**



**Focus:**

#### **Daily Prayers**

#### **Lent Week 3**

- **Dance & Gymnastics Show 25<sup>th</sup> March 7pm – Tickets are on sale at break and lunch time outside the lecture theatre**
- **Lent: Holy Mass each day 8.25am**
- **Afternoon Tea for Life, Saturday 21<sup>st</sup> March, 1pm**
- **School Fashion Show Thursday 26<sup>th</sup> March**
- **Spring Concert – 2<sup>nd</sup> April 7pm**
- **Time for Treats and Talk**
- **Job Opportunity for S4, S5 and S6 pupils**
- **How to improve our School form – please complete with pupils**
- **Easter School: Programme available from Year heads and Pastoral Support Teachers**
- **S4, S5 & S6 Estimate Grades: Estimate Grades: Please discuss with your pupils the grade you are submitting to SQA**
- **Outstanding Library materials – please ask pupils to return books etc.**
- **Your Exams Presentation – Please cover with all S4, S5 and S6 classes and complete sheets provided by J. Cumming**

# 15 REASONS WHY CHILDREN SHOULD PLAY MULTIPLE SPORTS



01

Children learn more sport skills



02

Promotes positive youth development



03

Develops more creative players



04

Helps to prevent early burnout



05

Increased pattern recall skills



06

Improves motivation



07

Decreases dropout rates



09

Reduces risk of injuries



10

Improves cognitive skills



11

Improves decision making skills



12

Increased enjoyment



13

Develops sport confidence



14

Physical and cognitive abilities may develop quicker



15

Early sport diversification is linked to a longer sport career



## **S1**

**The following classes will have visits by the careers adviser on the following days and periods:**

- **Wednesday the 18<sup>th</sup> March Period 4, 1a9 and 1a10**

**Friends and Friendship**

**Outcome of School Charities Vote – Please cover with all classes**

**Planning for Choices**

**PSHE Evaluation – QR Code is at the end of the slides for each year**

**Complete Inspiring Purpose booklet**

## **S2**

**Healthy Lifestyle**

**Online Etiquette**

**Outcome of School Charities Vote – Please cover with all classes**

**Mental Health Awareness**

**PSHE Evaluation - QR Code is at the end of the slides for each year**

**Human Rights**

**Prejudice and Discrimination**

**S3**

Is medicine for me taster event Tuesday 19<sup>th</sup> May – Please cover the flyer with pupils and collate names of pupils who are interested. Places are limited and names will be picked by a ballot

Parents Evening Reflection – Complete Page 44 regarding Parents Evening Reflection and plan to improve Areas of Development

Parents Night information for pupils – Please cover with class

Work on PSHE booklet in preparation for S3 parents evening

Mental Health and Wellbeing Award – Understanding Mental Health Issues

- Lesson
- Marking Scheme

Social media use & internet safety

PSHE Evaluation - QR Code is at the end of the slides for each year

**S4**

**Positive Mental Attitudes – How does it feel?**

**Knife Violence & Gang Culture- *Knife City (Clickview)***

Outcome of School Charities Vote – Please cover with all classes

PSHE Evaluation - QR Code is at the end of the slides for each year

Self-Harm - On Edge

S5

Nuffield Medical Placements 2020 – Please highlight to all classes

Please pass names of pupils who are interested in a career in Teaching to Mr Marshall

*Click view* - Drug Education for Teens – (Pastoral Staff to choose video topic to be shown to class)

Positive Mental Attitudes - Stigma

Outcome of School Charities Vote – Please cover with all classes

PSHE Evaluation - QR Code is at the end of the slides for each year

Headstart STEM Opportunity – New round of applications are now open:

- To apply, click here
- <https://www.etrust.org.uk/inspire-courses> (year 11/S4\*)
- <https://www.etrust.org.uk/headstart-courses> (year 12/S5)
- <https://www.etrust.org.uk/headstart-bursaries> (applicable to both Headstart & Inspire)

Ensure that PSHE booklets are up to date including:

- Full report reflection for S5
- Career education standards
- Wellbeing web
- SHANARRI task

Oxford Opportunity – please promote to pupils

Sutton Trust Summer school – please cover with pupils

S6

Outcome of School Charities Vote – Please cover with all classes

PSHE Evaluation - QR Code is at the end of the slides for each year

Diploma completion – Pupils should go on to the school website and search for “S6 DIPLOAM 2020”. They should then click the link this takes them to and use their Glow login details to access the Microsoft forms document. When this opens pupils will then copy and paste each relevant section of their diploma into the appropriate box.

Diploma Completion for S6 pupils – See the below instructions

- Pupils go on to “Pupil Shared Area”
- Click on “PSHE”
- Pupils go on to “Diploma 2020”
- Pupils click on their own respective Alpha
- Click on the “S6 Diploma” and immediately save in their own folder using their name.
- Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section. There should only 160 characters including full stops etc. Do not hit the return key as the software will not recognise it.
- This will be a working document and pupils should save their work as they go
- It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma

Link to examples of previous diplomas

Link to Lesson for “Responsible Citizen”

Link to Lesson for “Confident Individual”

[Link to Lesson for “Successful Learner”](#)

T. Low