***St Ninian’s High School***

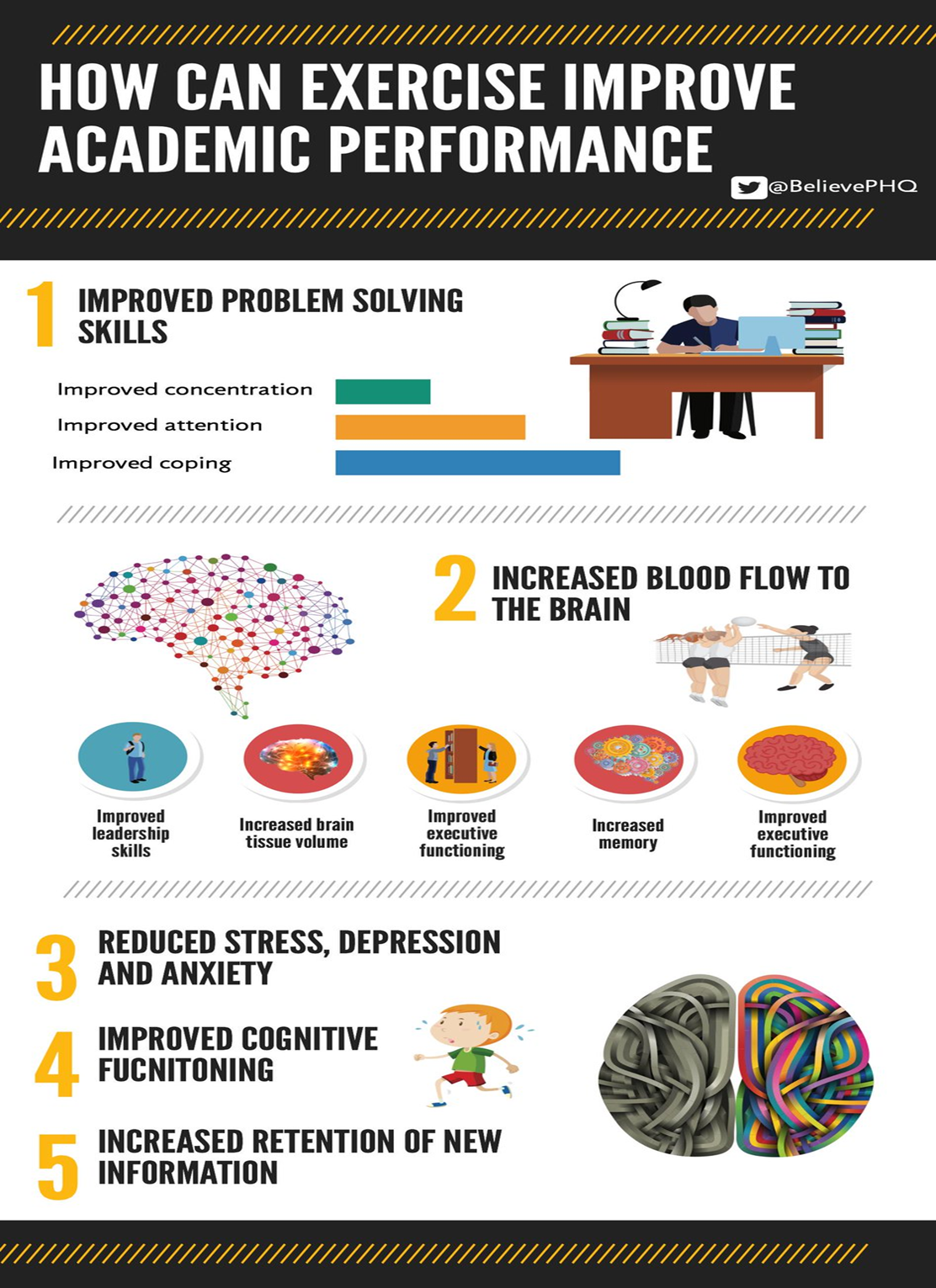
***PSHE Newsletter***

***Week Beginning 13 February 2020***

***Focus:***

**[Daily Prayers](../../../Prayers/Prayers%202019%202020/Thursday%2013%20February%202020.docx)**

* [**[5 steps to wellbeing video – Please show all classes](../../../Prayers/Prayers%202019%202020/Thursday%2013%20February%202020.docx)**](file:///\\snhm02\Staff$\All%20Staff\5%20Steps%20to%20Wellbeing%20Video\5%20Steps%20to%20Wellbeing.MP4)
* [**Arnold Clark Vacancies for 16yo and above – Please promote**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\Weekly%20Bulletins%202019%202020\Arnold%20Clark%20Vacancies%20January%202020.docx)
* **[HGIOURS – Please cover with all classes. If pupils are interested in contributing they should give their names to the teacher associated with each area - Pupils should contact the lead teacher of the theme they are interested in and the first meeting will take place during lunchtime on Monday 17th February in Tech Room 1 at 1.30pm.](\\\\snhm02\\Staff$\\All Staff\\PT Development\\2019-20\\KG\\HGIOURS\\Assembly slides\\assembly HGIOUR slides.pptx)**

**HWB Mental Strength **

**S1**

**[Safer Internet Day](\\\\snhm02\\Staff$\\All Staff\\Safer Internet Day\\Safer Internet Day.pptx)**

[**Inspiring Purpose Lesson 3**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\Inspire%20Aspire%20-%20Global%20Citizenship\Inspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%203.pptx)

[**Inspiring Purpose Lesson 2**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\Inspire%20Aspire%20-%20Global%20Citizenship\Inspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%202.pptx)

[**Inspiring Purpose Lesson 1**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\Inspire%20Aspire%20-%20Global%20Citizenship\Inspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%201.pptx) **– Please collect booklets from Pastoral Base**

**[Peer Awards](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S2\\S1 and S2 Peer Awards.ppt)**

**S2**

**[Safer Internet Day](\\\\snhm02\\Staff$\\All Staff\\Safer Internet Day\\Safer Internet Day.pptx)**

[**Prejudice and Discrimination**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S2\Prejudice%20and%20Discrimination.ppt)

**[Peer Awards](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S2\\S1 and S2 Peer Awards.ppt)**

**[S2 Tracking – please complete with your class](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S2\\Tracking Sheet for S2 Interim report 20 01 20.docx)**

[**Mindfulness & Breathing Space**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S2\Breathing%20space.pptx)

**[Factors Affecting Food Choice](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S2\\FACTORS AFFECTING FOOD CHOICE.ppt)**

**S3**

**[Safer Internet Day](\\\\snhm02\\Staff$\\All Staff\\Safer Internet Day\\Safer Internet Day.pptx)**

**[Transferable Skills](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S3\\Transferrable skills 2019.pptx)**

[**Young Carers**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S3\Young%20Carers.pptx)

**Mental Health and Wellbeing Award – Understanding Mental Health Issues**

* [**Lesson**](file:///\\snhm02\Staff$\All%20Staff\SQA%20Awards%202018-19\Mental%20Health%20and%20Wellbeing%20Award\Understanding%20Mental%20Health%20Issues\Lessons%20for%20Understanding%20Mental%20Health%20Unit.pptx)
* [**Marking Scheme**](file:///\\snhm02\Staff$\All%20Staff\SQA%20Awards%202018-19\Mental%20Health%20and%20Wellbeing%20Award\Understanding%20Mental%20Health%20Issues\Understanding%20Mental%20Health%20Issues%20Marking%20Scheme.docx)

**S4**

[**Self-Harm - On Edge**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S4\Self%20Harm.pptx)

[**Online Etiquette**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S4\Online%20etiquette.pptx)

**Options process:**

* [**S5 Options for pupils**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S4\S5%20Options%20%20January%202020.pdf)

[**Social Media**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S4\Internet%20use%20and%20social%20media.pptx)

**S5**

**Headstart STEM Opportunity – New round of applications are now open:**

* **To apply, click here**
* **https://www.etrust.org.uk/inspire-courses (year 11/S4\*)**
* **https://www.etrust.org.uk/headstart-courses (year 12/S5)**
* **https://www.etrust.org.uk/headstart-bursaries (applicable to both Headstart & Inspire)**

[**Anti-Smoking – Clickview – *Smoking Our deadliest Habit –* Click on link and use glow details to log in**](http://online.clickview.co.uk/libraries/videos/75a04286-9402-fbbc-6009-83816d77a3b9/epidemiology-linking-smoking-to-lung-cancer)

**Ensure that PSHE booklets are up to date including:**

**- Full report reflection for S5**

**- Career education standards**

**- Wellbeing web**

**- SHANARRI task**

[**Oxford Opportunity – please promote to pupils**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\UNIQ%202020%20-%20Brochure.pdf)

[**Arnold Clark Vacancies for 16yo and above – Please promote**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\Weekly%20Bulletins%202019%202020\Arnold%20Clark%20Vacancies%20January%202020.docx)

[**Sutton Trust Summer school – please cover with pupils**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\Weekly%20Bulletins%202019%202020\Applications%20for%20the%20Sutton%20Trust%20Summer%20school%20is%20now%20open.docx)

**Complete pages 70 and 71 of PSHE booklet in relation to options.**

**Study Skills**

* [**Preparing for Exams**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Study%20Skills%2025%2008%2017.pptx)
* **[Study Plan](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S5\\Study Plan.ppt)**

[**EMA – Education Maintenance Allowance**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Education%20Maintenance%20Allowance%20(EMA).pptx)

**S6**

[**Digital Engagement Survey – Please ask pupils to complete using their phones**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\Weekly%20Bulletins%202019%202020\Digital%20Engagement%20Survey.docx)

[**Burns Ceilidh Evening – Thursday 30th January 7pm £3 per ticket – Please promote to all pupils**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletters\2019%202020\Burns%20Ceilidh%20Evening%20–%20Thursday%2030th%20January%207pm%20£3%20per%20ticket%20–%20Please%20promote%20to%20all%20pupils)

**Diploma Completion for S6 pupils – See the below instructions**

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2020”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in their own folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section. There should only 160 characters including full stops etc. Do not hit the return key as the software will not recognise it.**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma**

[**Link to examples of previous diplomas**](file:///P:\PSHE\Diploma%202017)

**[Link to Lesson for “Responsible Citizen”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Responsible Citizen examples.pptx)**

**[Link to Lesson for “Confident Individual”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Confident Individual examples.pptx)**

**[Link to Lesson for “Successful Learner”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Successful Learner examples.pptx)**

T. Low