

Monday 13 January 2020.

Today is the Feast Day of St Mungo who is the Patron Saint of Glasgow. There are many legends associated with St Mungo but it is clear that Mungo was dedicated to spreading the Good News even in dangerous situations. His prayers, which inspired the Motto of Glasgow, 'Let Glasgow Flourish by the preaching of his Word and the Praising of his Name' is a daily inspiration to each one of us. In our lives we should tell others the Good News and in our prayers praise our God.

We finish with a Hail Mary for the People of Glasgow and its surrounding areas.

"Hail Mary....."

Tuesday 14 January 2020.

Next week on Thursday 23 January we have our Holy Hour for Vocations and we hope that pupils, staff and families will come to pray for this very important intention.

Trying to discover what we should do with our lives is not an easy task. We pray for God's help at those times in life when we need to make a decision about our vocation.

Lord, I thank You for the gifts You have given me, especially for life, love, family and friends. Help me to know myself better and to know my talents, as I pray, study and decide on my life's work. Help me to see and understand the path You open for me. Help me choose a life's work which will be in response to my potential and your love for me.

If I am being invited to follow You as a priest, brother, sister, give me a generous heart to respond to your challenging call and the strength to follow You wherever You lead me.

"Our Father....."

Wednesday 15 January 2020.

Martin Luther King, the American Civil rights leader was born on the 15th of January in 1929 in the United States. We remember this day as he was one of the Christian leaders who opposed the laws and attitude of discrimination and fully committed himself to non violence. He said "Love is the only force capable of transforming an enemy into a friend". Martin Luther King was not the first person to see the transforming nature of love and its power to bring peace to each person and to our World. This, indeed, is the basis of our faith. As St Paul says 'Without love we are nothing'.

Let us pray:

Father, may our human family not become separated from you by building barriers of race or colour or religion or class. Inspire us to recognise that we are all made in your image and likeness so that we may grow in appreciation of all people and grow in pride of who we are. Amen.

"Our Father....."

Thursday 16 January 2020.

Let us give thanks today for the many gifts and talents that God has given us. May we make the best use of them to enrich our lives and the lives of those around us.

Let us pray-

God of love, we give you thanks for the boundless mercies of our daily life. Make us more grateful for your many gifts:

For the blessing of health

For the comforts of home and family life,

For the joys of friendship

For the beauty of the world around us

Teach us day by day to count our blessings and to receive them as from our Father's hand; and fill our hearts with gratitude and our lips with praise, for the sake of Jesus Christ our Lord.

God our Father, we thank you for all the bright things in life. Help us to see them, and to count them, and to remember them that our lives may flow in never ending praise through Jesus Christ our Lord.

Now let us pray together

"Our Father..."

Friday 17 January 2020.

In a busy school and when home life is also busy, we can forget the importance of patience and being kind to others. Today let us pray to have more patience and gentleness.

We can put aside a few minutes each Friday Lunchtime to spend in the Oratory when the Blessed Sacrament is there to be a focus of our prayers and to settle us.

Bestow on me, O Lord,

a genial spirit and unwearied forbearance;

a mild, loving, patient, heart;

kindly looks, pleasant cordial speech, and manners

in the exchanges of daily life;

that I may give offence to none,

but as much as in lies,

live in charity with all people.

"Hail Mary....."