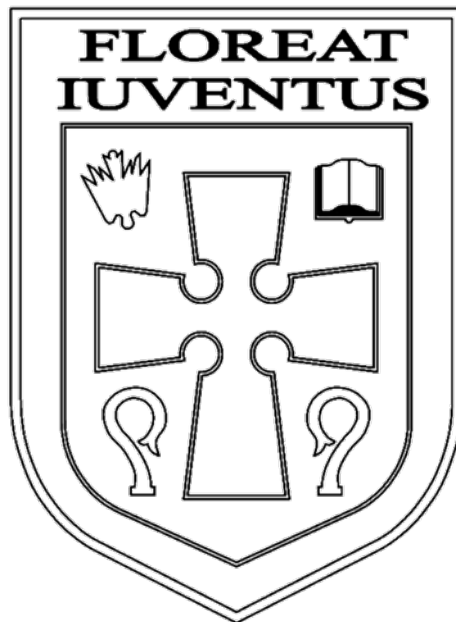


# **ST NINIAN'S HIGH SCHOOL**

## **S5/S6 PRELIM EXAMINATIONS**



### **MAIN DIET**

**MONDAY 13 JANUARY 2020 –**

**FRIDAY 24 JANUARY 2020**

**Saint Ninian's High School**  
**S5/S6 Prelim Exams**  
**Monday 13<sup>th</sup> January – Friday 24<sup>th</sup> January 2020**

In order to ensure that you sit your exams under exam conditions within the allotted time, all senior students will follow a prelim timetable between 13<sup>th</sup> and 24<sup>th</sup> January. Each subject's prelim will take place over two weeks taking advantage of the double period. Prelims will take place during the highlighted periods below on the following days. Both your subject and pastoral teachers will help you to ensure you have a clear understanding of when your prelims take place.

	<b>Period 1</b>	<b>Period 2</b>	<b>Period 3</b>	<b>Period 4</b>	<b>Period 5</b>	<b>Period 6</b>	<b>Period 7</b>
<b>Monday</b>	<b>E</b>	<b>E</b>	A	A	S	B	B
<b>Tuesday</b>	C	C	<b>A</b>	<b>A</b>	D	D	S
<b>Wednesday</b>	<b>C</b>	<b>C</b>	E	E	B	B	
<b>Thursday</b>	A	A	<b>B</b>	<b>B</b>	S	D	D
<b>Friday</b>	<b>D</b>	<b>D</b>	E	E	C	C	
<b>Monday</b>	<b>E</b>	<b>E</b>	A	A	B	B	S
<b>Tuesday</b>	C	C	<b>A</b>	<b>A</b>	D	D	S
<b>Wednesday</b>	<b>C</b>	<b>C</b>	E	E	B	B	
<b>Thursday</b>	A	A	<b>B</b>	<b>B</b>	S	D	D
<b>Friday</b>	<b>D</b>	<b>D</b>	E	E	C	C	

Some subjects have additional assessments or prelim dates outwith the dates identified above and have been listed at the back of this booklet. It is important that you take a note of these additional assessments to ensure you are aware of when they take place and that you are prepared. Again subject teachers will keep you updated of what these assessments will cover and what you require to revise.

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Mon	13 <sup>th</sup> January	1 & 2	E	<b><u>Modern Studies</u></b> I. Martin	Higher	Part 1 1hr 45mins
				<b><u>History</u></b> L. McCallum	Higher	Part 1 - 1hr 30mins
				K. Howson	Higher	Part 1 - 1hr 30mins
				<b><u>Spanish</u></b> H. Docherty	Higher	Reading and Translation (1hr 10mins)
				D. Graham	Higher	Paper 1. (1hr 30mins)
				P. Allan	Adv. Higher	
				<b><u>Human Biology</u></b> S. McFarlane	Higher	Paper 1 (1hr 30mins)
				J. Wood	Higher	Paper 1 (1hr 30mins)
				C. McGoldrick	Higher	Paper 1 (1hr 30mins)
				<b><u>Geography</u></b> C. Donoghue	Higher	Paper 1 (1hr 30mins)
				<b><u>Chemistry</u></b> J. Young	Higher	Paper 1 (8.45 -10.15am)
				M. Wiggins	Higher	Paper 1 (8.45 -10.15am)
				M. Power	Higher	Paper 1 (8.45 -10.15am)
				J. O'Donnell	Adv Higher	Paper 1 (8.45 -10.15am)
				F. Kennedy	Adv Higher	Paper 1 (8.45 -10.15am)
				<b><u>Physics</u></b> C. Beaton	Higher	Written Paper
				S. Devine	Higher	(8.45 -10.25am)
<b><u>Hospitality</u></b> J. Houston	Nat 5	Practical Activity 8.45am - 10.20am				
<b><u>Music</u></b> R. Bett	Higher	Non Audio Paper				
D. Zochowski	Higher	9.00am - 10.00am				
A. Ferguson	Adv Higher	Non Audio Paper 9.00am -10.15am				
<b><u>Practical Woodworking</u></b> J. Cumming	Nat 5	8.50am-9.50am				
<b><u>Design &amp; Manufacture</u></b> K. Grant	Higher	9.00am - 10.20am				

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Mon	13 <sup>th</sup> January	1 & 2	E	<b>Business Man</b> K. Andrews	Higher	9.00am - 10.15am

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Tue	14 <sup>th</sup> January	3 & 4	A	<p><b>English</b> J. Ramsay C. Docherty J. Bastable R. Green H. Cairns F. Forsyth A. McKinney L. Knotts A. Francisco - Suarez</p> <p><b>P.E.</b> S. McMaster</p> <p><b>Biology</b> C. Jeffrey K. Thorton</p> <p><b>Human Biology</b> A. Yekken J. Wood</p> <p><b>Biology</b> W. McCafferty</p> <p><b>Chemistry</b> K. Morton J. Wilson M. Power</p> <p><b>Physics</b> R. McFarlane A. Creighton</p> <p><b>Business Man</b> J. Whitley</p>	<p>National 5 Higher Higher Higher Higher Higher Higher Higher Adv Higher</p> <p>Higher</p> <p>Adv Higher Adv Higher</p> <p>Higher Higher</p> <p>Nat 5</p> <p>Higher Higher Adv Higher</p> <p>Higher Higher</p> <p>Adv Higher</p>	<p>10.45am -12.15pm RUAE 1hr 30mins</p> <p>Written Paper 1</p> <p>Paper 1 (1hr 30mins)</p> <p>Paper 1 (1hr 30 mins) Paper 1 (1hr 30 mins)</p> <p>Paper 1 (10.40 -12.10pm) Paper 1 (10.40 -12.10pm)</p> <p>Paper 1 (1hr 30mins)</p> <p>Written Paper 10.40am – 12.10pm</p> <p>10.50am – 12.10pm 10.50am – 12.10pm</p> <p>10.45am - 12.15pm</p>

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Wed	15 <sup>th</sup> January	1 & 2	C	<p><b><u>Maths</u></b> L. Cuthbertson M. Gorman M. Jordan M. Semple</p> <p><b><u>Modern Studies</u></b> A. Thomson</p> <p><b><u>French</u></b> H. Docherty J. Docherty/S Cannell</p> <p><b><u>Biology</u></b> C. Bhopal S. McFarlane</p> <p><b><u>Human Biology</u></b> D. Gibson M. Gallagher K. Thornton C. Duffy</p> <p><b><u>Chemistry</u></b> P. Hastie J. O'Donnell F. Kennedy M. Power</p> <p><b><u>Physics</u></b> R. McFarlane P. Marshall S. Devine</p> <p><b><u>Graphic Comm</u></b> W. Hallett S. McLaughlin</p> <p><b><u>Administration</u></b> E. McHugh J. Struthers</p> <p><b><u>Business Man</u></b> S. Martin</p> <p><b><u>Computing Sci.</u></b> G. McNeillie G. Kelly</p>	<p>Nat 5 Higher Higher Adv Higher</p> <p>Adv Higher</p> <p>Higher Adv Higher</p> <p>Nat 5 Adv Higher</p> <p>Higher Higher Higher Higher</p> <p>Higher Higher Higher Adv Higher</p> <p>Higher Higher Higher</p> <p>Higher Adv Higher</p> <p>Higher (IT) Higher (IT)</p> <p>Higher</p> <p>Higher Adv Higher</p>	<p>Paper 1 (1hr 15 mins) Paper 1. (1hr 15mins) Paper 1. (1hr 15mins) Paper 1. (1hr)</p> <p>Paper 1 (1hr 15 mins)</p> <p>Reading &amp; Translation 1hr 30mins Paper 1. (1hr 30mins)</p> <p>Paper 1 (1hr 30mins) Paper 1 (1hr 30mins)</p> <p>Paper 1 (1hr 30mins) Paper 1 (1hr 30mins) Paper 1 (1hr 30mins) Paper 1 (1hr 30mins)</p> <p>Paper 1 (8.45 -10.15am) Paper 1 (8.45 -10.15am) Paper 1 (8.45 -10.15am) Paper 1 (8.45 -10.15am)</p> <p>Written Paper 8.45 – 10.25am</p> <p>8.50am- 10.05am 8.50am- 10.05am</p> <p>8.45am -10.45am 8.45am -10.45am</p> <p>9.00am -10.15am</p> <p>Paper 1 (9 – 10.15) Paper 1 (9 – 10.15)</p>

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Thurs	16 <sup>th</sup> January	3 & 4	B	<b><u>Mathematics</u></b>		
				M. Gorman/M. McKean	Nat. 5	Paper 1 (1hr 15 mins)
				E. Moran	Nat. 5	Paper 1 (1hr 15 mins)
				K. McAninch	Higher	Paper 1 (1hr 15 mins)
				V. Newlands	Higher	Paper 1 (1hr 15 mins)
				A. Martin	Higher	Paper 1 (1hr 15 mins)
				C. Freel	Higher	Paper 1 (1hr 15 mins)
				R. Eaglesham	Higher	Paper 1 (1hr 15 mins)
				P. McFadden	Higher	Paper 1 (1hr 15 mins)
				M. Wilson	Higher	Paper 1 (1hr 15 mins)
				A. Love	Adv. Higher	Paper 1 (1hr)
				M. Doyle	Adv. Higher	Paper 1 (1hr)
				<b><u>Modern Studies</u></b>		
				E. Scroggie	Higher	Paper 1 (1hr 45mins.)
				<b><u>History</u></b>		
				I. Martin	Higher	Paper 1 (1hr 30mins)
				L. McCallum	Higher	Paper 1 (1hr 30mins)
				C. Deighan	Higher	Paper 1 (1hr 30mins)
				M. McCaffery	Adv Higher	Paper 1 (1hr 30mins)
				<b><u>Geography</u></b>		
				C. Leckie	Higher	Paper 1 (1hr 30mins)
				C. Ward	Adv Higher	Paper 1 (1hr 30mins)
				<b><u>French</u></b>		
L. Fulton	Higher	Reading and Translation (1hr 10mins)				
<b><u>RMPS</u></b>						
G. Bradshaw	Higher	Paper 1 - Morality				
<b><u>Photography</u></b>						
E. Kelly	Higher	Written Paper 8.50 am- 9.50 am Interim Evaluation 9.50am – 10.20am				
<b><u>Creative Industries</u></b>						
K. Joice	Nat 5	Evaluation 8.50am-10.20am				
<b><u>P.E</u></b>						
G. Capuano	Higher	Paper 1				
M.C. Burns	Higher	Question Paper				
E. Briggs	Higher					

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Fri	17 <sup>th</sup> January	1 & 2	D	<u>English</u> L. O'Donnell J. Anglim I. Quinn A. McKinney L. O'Mailley A. Francisco - Suarez  <u>French</u> K. McShane  <u>Hospitality</u> A. Latham  <u>Art</u> S. McCarley E. Goodenough E. Kelly  <u>Music</u> A. Ferguson L. Anderson R. Neil R. Bett  <u>Practical Metal Work</u> N. Blair  <u>Design &amp; Man</u> A. Docharty  <u>Graph Comm</u> S. McLaughlin  <u>Accountancy</u> E. McHugh J. Whitley  <u>Business Man</u> J. Stuthers S. Gilbert S. Bonar  <u>Computing Sci</u> F. Harris G. McNeillie	N5/Higher Higher Higher Higher Higher Adv Higher  Higher  National 5  Higher Higher Adv Higher  Higher Higher Higher Adv Higher  Nat. 5  Higher  Higher  Higher Higher Higher  Higher Higher Higher	N5 8.50am – 9.50am H 8.50am – 10.20am Reading for Understanding Analysis and Evaluation 1hr 30mins  Reading and Translation (1hr 10mins)  Practical Activity 8.45am - 10.20am  Higher 8.45-10.45 Higher 8.45-10.45 8.50am-10.20am Critical Analysis  Non Audio Paper 9.00am - 10.00am  Non Audio Paper 9.00am -10.15am  8.50am-9.50am  8.50am-10.00am  8.50am-10.05am  9.00am - 10.15am 9.00am - 10.15am  9.00am - 10.15am 9.00am - 10.15am 9.00am - 10.15am  Paper 1 (9 – 10.15am) Paper 1 (9 – 10.15am)

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Mon	20 <sup>th</sup> January	1 & 2	E	<b><u>Modern Studies</u></b> I. Martin	Higher	Paper 2 (1hr 15mins)
				<b><u>History</u></b> L. McCallum K. Howson	Higher Higher	Paper 2(1hr 30mins) Paper 2(1hr 30mins)
				<b><u>Spanish</u></b> H. Docherty  P. Allan	Higher  Adv. Higher	Listening/Directed (1hr 20mins) Paper 2. (1hr 20 mins)
				<b><u>Human Biology</u></b> S. McFarlane J. Wood C. McGoldrick	Higher Higher Higher	Paper 2 (1hr 30mins) Paper 2 (1hr 30mins) Paper 2 (1hr 30mins)
				<b><u>Geography</u></b> C. Donoghue	Higher	Paper 2 (1hr 10mins)
				<b><u>Chemistry</u></b> J. Young M. Wiggins M. Power J. O'Donnell F. Kennedy	Higher Higher Higher Adv Higher Adv Higher	Paper 2 (8.45 -10.15am) Paper 2 (8.45 -10.15am) Paper 2 (8.45 -10.15am) Paper 2 (8.45-10.15am) Paper 2 (8.45-10.15am)
				<b><u>Physics</u></b> C. Beaton S. Devine	Higher Higher	Multiple Choice Paper 8.50am – 9.30am
				<b><u>Hospitality</u></b> J. Houston	Nat 5	Practical Activity 8.45am – 10.45am
				<b><u>Music</u></b> R. Bett D. Zochowski A. Ferguson	Higher Higher Adv Higher	Audio Paper 9.00am – 10.00am Audio Paper 9.00am – 10.20am
				<b><u>Drama</u></b> K. Cairns	Higher	8.50am -11.20am
				<b><u>Design &amp; Manufacture</u></b> K. Grant	Higher	8.50am -10.00am
				<b><u>Business Man</u></b> K. Andrews	Higher	



DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Tue	21 <sup>st</sup> January	3 & 4	A	<u>English</u> M Swan/ J. Ramsay C. Docherty J. Bastable R. Green H. Cairns F. Forsyth A. McKinney L. Knotts A. Lamont  <u>P.E.</u> S. McMaster  <u>Biology</u> C. Jeffrey K. Thorton W. McCafferty  <u>Human Biology</u> A. Yekken J. Wood  <u>Chemistry</u> K. Morton J. Wilson M. Power  <u>Physics</u> R. McFarlane A. Creighton  <u>Business Man</u> J. Whitley	National 5  Higher Higher Higher Higher Higher Higher Higher Adv Higher  Higher  Adv Higher Adv Higher Nat 5  Higher Higher  Higher Higher Higher Higher Adv Higher	Critical Reading 1hr 30mins  10.45am -12.15pm  Paper 2 (50mins)  Paper 2 (1hr 30mins) Paper 2 (1hr 30mins) Paper 2 (1hr 30mins)  Paper 2 (1hr 30mins) Paper 2 (1hr 30mins)  Paper 2 10.40am – 12.10pm  10.50am – 12.10pm 10.50am – 12.10pm  10.45am – 12.15pm

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Wed	22 <sup>nd</sup> January	1 & 2	C	<p><b><u>Maths</u></b> L. Cuthbertson M. Gorman M. Jordan M. Semple</p> <p><b><u>Modern Studies</u></b> A. Thomson</p> <p><b><u>French</u></b> H. Docherty J. Docherty/S Cannell</p> <p><b><u>Biology</u></b> C. Bhopal S. McFarlane</p> <p><b><u>Human Biology</u></b> D. Gibson M. Gallagher K. Thornton C. Duffy</p> <p><b><u>Chemistry</u></b> P. Hastie J. O'Donnell F. Kennedy M. Power</p> <p><b><u>Physics</u></b> R. McFarlane P. Marshall S. Devine</p> <p><b><u>Graphic Comm</u></b> W. Hallett S. McLaughlin</p> <p><b><u>Administration</u></b> E. McHugh J. Struthers</p> <p><b><u>Business Man</u></b> S. Martin</p> <p><b><u>Computing Sci.</u></b> G. McNeillie G. Kelly</p>	<p>Nat 5 Higher Higher Adv Higher</p> <p>Adv Higher</p> <p>Higher Adv Higher</p> <p>Nat 5 Adv Higher</p> <p>Higher Higher Higher Higher</p> <p>Higher Higher Higher Adv Higher</p> <p>Higher Higher Higher</p> <p>Higher Adv Higher</p> <p>Higher (Th) Higher (Th)</p> <p>Higher</p> <p>Higher Adv Higher</p>	<p>Paper 2. (1hr 50mins) Paper 2. (1hr 30mins) Paper 2. (1hr 30mins) Paper 2. (2hr 30mins)</p> <p>Paper 2. (1hr 30mins)</p> <p>Listening/Directed Writing (1hr 20mins)</p> <p>Paper 2 (1hr) Paper 2 (1 hr)</p> <p>Paper 2 (1hr 30mins) Paper 2 (1hr 30mins) Paper 2 (1hr 30mins) Paper 2 (1hr 30mins)</p> <p>Paper 2 (8.45 -10.15am) Paper 2 (8.45 -10.15am) Paper 2 (8.45 -10.15am) Paper 2 (8.45 -10.15am)</p> <p>Multiple Choice 8.50am – 9.30am</p> <p>8.50am-10.05am 8.50am-10.05am</p> <p>8.50am - 10.20am 8.50am - 10.20am</p> <p>9.00 -10.25am</p> <p>Paper 2 (9 – 10.15) Paper 2 (9 – 10.15)</p>

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Thurs	23 <sup>rd</sup> January	3 & 4	B	<u>Mathematics</u> M. Gorman/M. McKean E. Moran K. McAninch V. Newlands A. Martin C. Freel R. Eaglesham P. McFadden M. Wilson A. Love M. Doyle  <u>Modern Studies</u> E. Scroggie  <u>History</u> I. Martin L. McCallum C. Deighan M. McCaffery  <u>Geography</u> C. Leckie C. Ward  <u>French</u> L. Fulton  <u>RMPS</u> G. Bradshaw  <u>P.E</u> G. Capuano M.C. Burns E. Briggs	Nat. 5 Nat. 5 Higher Higher Higher Higher Higher Higher Higher Higher Adv. Higher Adv. Higher  Higher  Higher Higher Higher Adv Higher  Higher Adv Higher  Higher  Higher	Paper 2 (1hr 50 mins) Paper 2 (1hr 50 mins) Paper 2 (1hr 30 mins) Paper 2 (1hr 30 mins) Paper 2 (1hr 30 mins) Paper 2 (1hr 30 mins) Paper 2 (1hr 30 mins) Paper 2 (1hr 30 mins) Paper 2 (1hr 30 mins) Paper 2 (1hr 30 mins) Paper 2 (2hr 30 mins) Paper 2 (2hr 30 mins)  Paper 2. (1hr 15mins)  Paper 2. (1hr 30mins) Paper 2. (1hr 30mins) Paper 2. (1hr 30mins) Paper 2. (1hr 30mins)  Paper 2. (1hr 10mins) Paper 2. (1hr)    Paper 1 Christianity   Paper 2 (50mins)

DAY	DATE	PERIOD	COL	SUBJECT, TEACHER AND PAPER		
Fri	24 <sup>th</sup> January	1 & 2	D	<b><u>English</u></b> L. O'Donnell J. Anglim I. Quinn A. McKinney L. O'Mailley A. Francesco - Suarez	N5/Higher Higher Higher Higher Higher Adv Higher	
				<b><u>French</u></b> K. McShane	Higher	Listening Directed writing (1hr 20mins)
				<b><u>Hospitality</u></b> A. Latham	National 5	
				<b><u>Music</u></b> A. Ferguson L. Anderson R. Neil R. Bett	Higher Higher Higher Adv Higher	9.00am -10.00am Audio Paper 9.00am -10.15am Audio Paper
				<b><u>Design &amp; Man</u></b> A. Docharty	Higher	8.50am-10.00am
				<b><u>Graph Comm</u></b> S. McLaughlin	Higher	8.50am-10.00am
				<b><u>Accountancy</u></b> E. McHugh J. Whitley	Higher Higher	9.00am – 10.15am 9.00am – 10.15am
				<b><u>Business Man</u></b> J. Stuthers S. Gilbert S. Bonar	Higher Higher Higher	9.00am – 10.15am 9.00am – 10.15am 9.00am – 10.15am
				<b><u>Computing Sci</u></b> F. Harris G. McNeillie	Higher Higher	

Below is a list of additional assessment dates outwith the prelim period. It is important you are aware of these dates and that you are prepared for the assessments, which apply, to you.

DATE/WC	SUBJECT	LEVEL	ADDITIONAL ASSESSMENT INFORMATION
31/01/2020	Art& Design	Higher	Practical Exam
23/01/2020	Dance	Higher	Choreography Period 1 - 4
4/2/20	Physics	Adv Higher	10.40 – 12.20 C. Beaton, Y.Hosey
5/2/20	Physics	Adv Higher	8.45 – 10.25 D.Downie
10/3/20	Physics	NAT 5 Written	10.45 - 11.15 S. Kurth
12/3/20	Physics	NAT 5 Multiple Choice	9.00 – 9.30 S. Kurth
20/3/20	Human Biology	Higher	Unit 3 (1hr 10mins)
20/3/20	Biology	Nat 5	Unit 3 (1hr 15mins)
March	P.E	Higher/Qdv Higher	Practical Performance 2
March	R.M.P.S	Higher	Paper 2-Origins

**GOOD REVISERS**  
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**POOR REVISERS**

Eat breakfast		Skip breakfast
Sleep 8-10 hours a night		Get little sleep
Have regular bedtimes		Have inconsistent bedtimes
Get fresh air each day		Stay indoors all day
Exercise regularly		Do no exercise
Do past papers		Mostly revise highlighting 'key' passages
Spread out their revision		Cram their revision
Keep a diary to capture negative thoughts		Dwell on worst case scenarios
Revise in a quiet environment		Revise whilst listening to music or TV
Drink water regularly		Forget to stay hydrated
Put their phone away during revision		Revise with their mobile phone next to them

# 10 STUDY TIPS



**1.** Good lighting can increase your productivity. An overhead light might not be enough - consider a desk or floor lamp with direct light.

**2.** Get enough sleep, especially the night before your exam. Have regular short breaks every 50-90 minutes to help you focus better.

**3.** Start studying early and plan your study time in advance. Use a calendar and write down what you're planning to do each day.

**4.** Use a colour code to break down your topics. Use markers and post-it notes to group relevant information together. It will help you memorize everything faster.

**5.** Eat healthy food that fuels your brain. Food like apples, walnuts and blueberries can improve your ability to focus, retain information and remain mentally alert.

**6.** Avoid any distraction. Turn off your phone and the television, and check your social media updates only during the break time.

**7.** Use mind maps to visualize your topics better, improve your memory and prioritise information.

**8.** During high intensity study periods it is recommended to take breaks to exercise. It will make you feel more energised and refreshed.

**9.** Some people find that listening to music whilst studying helps them being more productive. If that's your case, keep the volume low and play songs that you don't find yourself singing along to!

**10.** Treat yourself! After taking an exam, meet a friend for coffee, go to the cinema or just take a well-deserved break before starting to study for your next assignment.

## As Exam Day Approaches

O God of Wisdom, I thank you for the knowledge gained and the learning experiences of this year.

I come to you this day and ask you to enlighten my mind and heart.

Let your Holy Spirit be with me as I prepare for exams, guiding my studies, and giving me insight so that I can perform to the best of my ability.

Please grant me the strength to handle the pressure of these final days of the term, the confidence to feel secure in my knowledge, and the ability to keep an appropriate perspective through it all.

Help me to keep in mind what is truly important, even as I focus my time and energy on these exams in the immediate future.

Finally, may I sense your peace in knowing that I applied myself to the challenges of this day.

I ask this through Jesus Christ our Lord.

Amen.

