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***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 9th December 2019***

***Focus:***

**[Daily Prayers](../../../Prayers/Prayers%202019%202020/Monday%209%20December%202019.docx)**

**• Focus on Advent Week 2: Holy Mass each morning**

* **Advent: Morning Mass each day at 8.25am. Please encourage our young people to spend time each morning, preparing in the best way for the Nativity of the Lord. I have attached a resource sheet for use with classes**
* [**Admirable Signum**](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202019%202020/Admirabile%20Signum.pdf)
* **[Christmas Jumper Day 2019](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CWeekly%20Bulletins%202018%202019%5C%5CChristmas%20Jumper%20Day%202018.pptx) – Life Group**
* [**Emergency Evacuation Procedure**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CWeekly%20Bulletins%202018%202019%5CEmergency%20Alarm%20Evacuation%20Procedures.pptx)
* **Dementia Carers Information Group – Next meeting is Tuesday 14th January 7pm – 9pm in Eastwood House. Please speak with your Pastoral support teacher if you are interested in attending**
* [**Young Scot National Entitlement Card – Please ask pupils to use their mobiles to complete the quiz accessed throught the QR Code**](../../PSHE%20Newsletter%20content%202018%202019/S2/Young%20Scot%20survey%20Dec%202019.pptx)





**S1**

[**S1 Santa Dash – S6 pupils will come to class and promote this event**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CWeekly%20Bulletins%202018%202019%5CSanta%20Dash.pptx)

[**St. Ninian’s Charities – Please cover slides with pupils and hold a vote in each alpha regarding who pupils would like as a year group to represent**](https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKczHvB4fUxhBm8Qti-wJsb5UNkZINEs0MEhHN1Y2OEtDREhRTzhQUDVDQi4u)

[**Keeping Active – Watch the clip on the benefits of exercise and discuss ideas of how you can keep active over winter. Make notes of this in you PSHE booklet**](https://youtu.be/-lxg-35Xo_o)

**[Eating for Success](https://www.youtube.com/watch?v=9E9bnjwQG9s)**

[**S1 Pupil Council Minutes – Please cover with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CS1%20Pupil%20Forum%20Agenda%20with%20minutes%2018%2011%2019.docx)

**S2**

[**Online activity and consequences**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CS2%20Online%20social%20media%20etc.pptx)

[**St. Ninian’s Charities – Please cover slides with pupils and hold a vote in each alpha regarding who pupils would like as a year group to represent**](https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKczHvB4fUxhBm8Qti-wJsb5URFJPUEdNWFpUWTZTTzAwOFJFTkNMS1Q1My4u)

[**YPI Lessons for S2 PSHE – Please complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CYPI%20Teacher%20PowerPoint%202018-19.pptx) **– Class Presentations will begin WB 09/12/18**

[**Online activity and consequences**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CS2%20Online%20social%20media%20etc.pptx)

[**Food and Health**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CHealthy%20Lifestyle%20S2.pptx)

**[Anti – Bullying Week 11](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx)[th](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx) [to 15](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx)[th](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx) [November](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx)**

**[Teachers Notes](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti%20bullying%20resources%202019%202020%5C%5CResource_Secondary.pdf)**

[**Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes**](https://youtu.be/MiAupVS69KE)

**S3**

[**St. Ninian’s Charities – Please cover slides with pupils and hold a vote in each alpha regarding who pupils would like as a year group to represent**](https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKczHvB4fUxhBm8Qti-wJsb5UQk44MklFNERIWE5DNUcwQUNHQVVLNjA0WC4u)

**PSHE booklet completition – Pupils are to complete GIRFEC section pages 13 to 17 for term 1.**

**STUC Talks**

**Monday 27th January 1.50pm to 2.40pm – Classes 3a9 and 3a10**

**Please register pupils and take them to the lecture theatre. The speaker will also need to be collected from the school office**

[**Anti Smoking – Watch the video on Tobacco: How it Kills. Get in to groups and discuss how you could make an advert to highlight the dangers of smoking to teenagers. You can make a poster in you PSHE booklet or list ways of how you would do this in your groups**](https://youtu.be/zrwmWt9p4y8)

[**Drugs Lesson 1**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CS3%20Drugs.pptx)

[**Anti Social Behaviour**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CS3%20Antisocial%20behaviour%20-%202018.pptx)

**[S3 pupil forum minutes – please cover with all classes](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CPupil%20Focus%20Group%202019%202020%5C%5CS3%20Pupil%20Forum%20Minutes%2011%2011%2019.docx)**

**[Anti – Bullying Week 11](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx)[th](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx) [to 15](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx)[th](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx) [November](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti-Bullying%20Week%2011-17%20November%202019.pptx)**

**[Teachers Notes](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CAnti%20bullying%20resources%202019%202020%5C%5CResource_Secondary.pdf)**

[***Strathclyde’s Engineering the Future for Girls – Please advertise to girls in S3 classes***](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CDYW%5CS3%20Engineering%20for%20Girls%202.pptx)

[**Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes**](https://youtu.be/MiAupVS69KE)

**S4**

[**St. Ninian’s Charities – Please cover slides with pupils and hold a vote in each alpha regarding who pupils would like as a year group to represent**](https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKczHvB4fUxhBm8Qti-wJsb5UQ1MwQlNDUDRLUVRIMkg3Rzk2MkoyOUxXSi4u)

[**Target Setting following Parents Night – Complete Targets in PSHE booklets. – click on link for “7 things to remember about feedback”.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CListening%20and%20responding%20to%20feedback.pptx)

**Study Period – Use this time to revise for any upcoming Prelims**

[**Drugs Lesson**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CDrugs%20-%20Illegal%20Part%201.ppt)

[**Study Timetable Template – Please Highlight to pupils and print off if pupils would like a copy.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CSNHS%20Study%20TImetable.pub)

**[Focus group minutes for S4 – Please go over minutes with classes in PSHE](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS4%5C%5CS4%20Pupil%20Forum%20Minutes%20September%202018.pdf)**

**S5**

[**St. Ninian’s Charities – Please cover slides with pupils and hold a vote in each alpha regarding who pupils would like as a year group to represent**](https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKczHvB4fUxhBm8Qti-wJsb5UMEtZNDY0OVgwQU8xVzNWUEUyUEs5MjNJWS4u)

[**Self-Harm**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CSelf%20Harm.pptx) **– Watch Claire’s story Positive Mental Attitudes on Clickview. Staff will need to use their Glow account details to log in**

[**Organ Donation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5COrgan%20Donation.ppt)

**RAMH Talks**

**5a5 – Monday 9th December**

**5a7 – Tuesday 10th December**

**Please collect speaker from the school office**

**Interim Report – Please complete Page 71 in PSHE Booklets – Pupils are to complete full page along with identifying Targets that they wish to achieve and how they will achieve this**

[**Study Timetable Template – Please Highlight to pupils and print off if pupils would like a copy.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CSNHS%20Study%20TImetable.pub)

**S6**

[**St. Ninian’s Charities – Please cover slides with pupils and hold a vote in each alpha regarding who pupils would like as a year group to represent**](https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKczHvB4fUxhBm8Qti-wJsb5UMVlCUk02VFZLSU5QQU9EVzkxMjdOSVU4Ri4u)

[**Blood Collection Quiz – pupils should use their phones to complete the quiz on whether or not they are ellligble to give blood. The S6 Head team will be collecting names and providing slots of when pupils will be able to give blood on 9th January 2020 in the small gym. If there are any medical or travel enquiries pupils can call 0345 90 90 999. Only If pupils pass the quiz should they give their name to the S6 Head Team for the collection day.**](https://www.scotblood.co.uk/giving-blood/can-i-give-blood/)

[**S6 Tracking QR Code – Pleaes ask S6 pupils to complete in class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CS6%20QR%20Code%20November%202019.docx)

**[Please cover hyperlink slides from Mr McArthur with class:](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20UCAS%20SLIDES%20OCTOBER%202019.ppt)**

**[UCAS – All pupils who are looking at applying through the UCAS process are to log on and fill in basic details including:](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20UCAS%20SLIDES%20OCTOBER%202019.ppt)**

**1. Personal Details**

**2. Additional information**

**3. Student Finance**

**4. Choices (If Pupils are aware of what Course they are applying for).**

**5. Education**

**6. Employment**

**Pupils should also be looking to complete drafts of Personal Statements for feedback from Pastoral Teacher. Highlight the links below which are on the school website.**

**Application evening for S6 pupils**

**Pupils should log on to the school websit to see the advice available on how to complete their Personal Statement – See Below Hyperlinks**

[**Link to school website and advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 1 – Advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 2 – How to structure Personal Statement**](https://blogs.glowscotland.org.uk/er/SNHPastoralSupportWebsite/ucas/personal-statement/)

[**Caritas Award**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5Ccaritas%20award%20PSHE.PPT)

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS6%20GIRFEC%20Booklet.pptx)

[**All about me – Complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CAll%20about%20Me.doc)

T. Low