

St Ninian's High School PSHE Newsletter Week Beginning 18th November 2019

Focus:

Daily Prayers

- Catholic Education Week Article by Monsignor Monaghan on his experience of catholic education in our school
- November: Month of The Holy Souls
- <u>Standards and Expectations Please reiterate and cover with</u> <u>all classes</u>
- **Emergency Evacuation Procedure**
- Christmas Market Friday 29th November
 Tickets: Children £1 and Adults £3

Notices for R.E.

November Service of Light, 12.20pm on Thursday 21
 November

Why is it important IMPORTANT TO BE ACTIVE **EVERY DAY Improves** Increases **Develops** blood flow energy levels stronger bones Boosts immune Develops system stronger joints **Improves** Improves reflexes mood Reduces stress Reduces Improves body image fatigue Improves 🐯 Improves memory sleep Develops focus **Improves**

Improves brain functioning

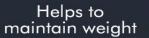


Reduces

anxiety









Improves 📆

cholesterol levels

concentration°

Reduces coronary heart

disease



S1 Pupil Council Minutest – Please cover with class

Road Safety Week 18th to 24th November

Anti – Bullying Week 11th to 15th November

<u>Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes</u>

S1 Road Safety Talks

1a8 – Wednesday 22nd November

1a5 - Friday 23rd November

Please collect speaker from the school office

S1 First aid visits 1a9 – Wednesday 4th December

S2

<u>Anti – Bullying Week 11th to 15th November</u> Teachers Notes

<u>Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes</u>

YPI Lessons for S2 PSHE – Please complete with class

<u>Hunting the Cyber Bullies</u> - Clickview -Panorama February 2012. Watch video and use Powerpoint with class

Anti Social Behaviour

S3 pupil forum minutes – please cover with all classes

Anti – Bullying Week 11th to 15th November Teachers Notes

<u>Strathclyde's Engineering the Future for Girls – Please advertise to girls in S3 classes</u>

<u>Children Focussed video on rise of Nazis and how it affects a Jewish family –</u> Please watch video with all classes

Talk in Lecture theatre with PC J. Waters (Campus Police Officer) regarding:

- Teenage drinking
- Unacceptable use of social media
- Sexting and online bullying

Monday 18/11/19 - 3a9 and 3a10 Tuesday 19/11/19 - 3a4 and 3a5

STUC Talks

Monday 2nd December at 1.50pm to 2.40pm – Classes 3a9 and 3a10 Tuesday 3rd December at 1.50pm to 2.40pm – Classes 3a4 and 3a5 Please register pupils and take them to the lecture theatre. The speaker will also need to be collected from the school office

Please regisgter classes and take to the lecture theatre. Please also collect PC Waters from the school office.

<u>Tracking Extercise to be completd in class</u>

Road Safety Week 18 – 24 November

Prelim Study

All S4 pupils will receive study packs throughout this week. If you are absent when they are issued, please see Mrs Miller

Make the most of all the resources, along with accessing the helpful webpages to help you with studying for your prelims

RAMH Talks

Wednesday 20th November – 4a9 Friday 22nd November – 4a4 Please collect speaker from school office

<u>Children Focussed video on rise of Nazis and how it affects a Jewish family –</u> Please watch video with all classes

<u>Work Experience Recap lesson – Please cover the attached lesson via the</u> hyperlink on pupils work experience placement and complete their booklets

S4 Routes and Pathways Talks:

- Wednesday the 20th of November P3 4a9 and 4a10
- Friday the 22nd of November P5 4a9 and 4a10

<u>Study Timetable Template – Please Highlight to pupils and print off if pupils would like a copy.</u>

Focus group minutes for S4 – Please go over minutes with classes in PSHE

RAMH Talks

5a9 – Tuesday 19th November – Please collect speaker from the school office

My WOW – Please ensure that pupils are registered

Road Safety Week 18 – 24 November

Please speak with pupils regarding the Pupil Engagement and Tracking process

S5 Tracking QR Code – Pleaes ask S5 pupils to complete in class

<u>Anti – Bullying week – Slides and link to discussion – Please ensure that all</u> <u>classes provide a return on the Microsoft Forms using the QR Code reader or</u> via the school website

<u>Children Focussed video on rise of Nazis and how it affects a Jewish family –</u> Please watch video with all classes

Interim Report – Please complete Page 71 in PSHE Booklets – Pupils are to complete full page along with identifying Targets that they wish to achieve and how they will achieve this

Every Action has consequences Lessson 1

<u>Study Timetable Template – Please Highlight to pupils and print off if pupils would like a copy.</u>

Wider Involvemnent – complete pages 36 – 40 in PSHE booklets

<u>Prepare a Study Plan – What do top students do?</u>

<u>Watch the video and look to see how you can create an effective study plan</u>
for yourself

Road Safety Week 18 – 24 November

Healthy Eating on a budget for 6a7– Register classes and go to Home Economics

Stewart Ivory Money Talks visit Thursday 5th December – 6a6 – Pleaese collect speaker from the school office

S6 Tracking QR Code – Pleaes ask S6 pupils to complete in class

Anti – Bullying week – Slides and link to discussion – Please ensure that all classes provide a return on the Microsoft Forms using the QR Code reader or via the school website

<u>Children Focussed video on rise of Nazis and how it affects a Jewish family –</u> Please watch video with all classes

Please cover hyperlink slides from Mr McArthur with class:

UCAS – All pupils who are looking at applying through the UCAS process are to log on and fill in basic details including:

- 1. Personal Details
- 2. Additional information
- 3. Student Finance
- 4. Choices (If Pupils are aware of what Course they are applying for).
- 5. Education
- 6. Employment

Pupils should also be looking to complete drafts of Personal Statements for feedback from Pastoral Teacher. Highlight the links below which are on the school website.

6a9 Stewart Ivory Financial education talk. Please collect speaker from the school office

Healthy Eating on a budget for 6a6—Register classes and go to Home Fconomics

Application evening for S6 pupils

Pupils should log on to the school websit to see the advice available on how to complete their Personal Statement – See Below Hyperlinks

Link to school website and advice on completing Personal Statement

<u>Link 1 – Advice on completing Personal Statement</u>

Link 2 – How to structure Personal Statement

Caritas Award

<u>GIRFEC Booklet – Work through SHANARRI Indicators and complete with class</u>

All about me – Complete with class

T. Low