



# ***St Ninian's High School***

## ***PSHE Newsletter***

### ***Week Beginning 11<sup>th</sup> November 2019***

#### ***Focus:***

#### **Daily Prayers**

- **November: Month of The Holy Souls**
- **Emergency Evacuation Procedure**
- **Armistice Day: Remembrance. A wide range of resources for use are available at S:\All Staff\Focus For The Week\Remembrance**
- **S4 Report review, Prelim Timetable, Revision (Scholar)**

#### **Notices for R.E.**

- **S5 and S6 – Cardinal Winning Lecture, Saturday 16 November**
- **S1 to S6 – Catholic Leadership meeting, 3.30pm Thursday 14 November**
- **November Service of Light, 12.20pm on Thursday 21 November**

## Mental Strength

Anti-Bullying week, 11<sup>th</sup> November to 15<sup>th</sup> November



**#respectmeans**

You can help prevent bullying. Join the conversation  
and share what **#respectmeans** to you.

[www.respectme.org.uk](http://www.respectme.org.uk)

## **S1**

**Anti – Bullying Week 11<sup>th</sup> to 15<sup>th</sup> November**

**S1 Pupil council meeting, Period 5 on Friday 8<sup>th</sup> November in ICT 1 – Please remind those involved to register and go to ICT 1**

**Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes**

**S1 Road Safety lesson**

**S1 interim tracking report sheet – Please get pupils to complete in class**

**S1 Road Safety Talks**

**1a7 – Wednesday 6<sup>th</sup> November**

**1a3 - Friday 1<sup>st</sup> November**

**Please collect speaker from the school office**

**S1 First aid visits**

**1a9 – Wednesday 4<sup>th</sup> December**

**S1 Tracking Exercise**

**What is Bullying**

## **S2**

**Anti – Bullying Week 11<sup>th</sup> to 15<sup>th</sup> November**

**Teachers Notes**

**Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes**

**YPI Lessons for S2 PSHE – Please complete with class**

**Hunting the Cyber Bullies - Clickview -Panorama February 2012. Watch video and use Powerpoint with class**

S3

S3 pupil forum minutes – please cover with all classes

Anti – Bullying Week 11<sup>th</sup> to 15<sup>th</sup> November

Teachers Notes

Strathclyde's Engineering the Future for Girls – Please advertise to girls in S3 classes

Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes

Anti Bullying lesson 2

Anti Bullying – Please cover with class

STUC Talks

Tuesday 5th November at 1.50pm to 2.40pm – Classes 3a1, 3a2 & 3a3

Please register pupils and take them to the lecture theatre. The speaker will also need to be collected from the school office

Marvel Movie Night – Please ask pupils to complete QR code questionnaire

Talk in Lecture theatre with PC J. Waters (Campus Police Officer) regarding:

- Teenage drinking
- Unacceptable use of social media
- Sexting and online bullying

Monday 18/11/19 – 3a9 and 3a10

Tuesday 19/11/19 – 3a4 and 3a5

Please register classes and take to the lecture theatre. Please also collect PC Waters from the school office.

S4

Anti – Bullying week – Slides and link to discussion – Please ensure that all classes provide a return on the Microsoft Forms using the QR Code reader or via the school website

#### RAMH Talks

Wednesday 20<sup>th</sup> November – 4a9

Friday 22<sup>nd</sup> November – 4a4

Please collect speaker from school office

Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes

Work Experience Prep – Please distribute to class and cover the attached lesson via the hyperlink

#### S4 Routes and Pathways Talks:

- Wednesday the 13<sup>th</sup> of November P3 4a6, 4a7 and 4a8
- Friday the 15<sup>th</sup> of November P5 4a1, 4a2 and 4a3
- Wednesday the 20<sup>th</sup> of November P3 4a9 and 4a10
- Friday the 22<sup>nd</sup> of November P5 4a9 and 4a10

#### RAMH Visit

4a4 Friday 22<sup>nd</sup> November

4a9 Wednesday 20<sup>th</sup> November

Please collect speaker from the school office

Study Timetable Template – Please Highlight to pupils and print off if pupils would like a copy.

Anti Smoking – Clickview - Introducing Tobacco

Focus group minutes for S4 – Please go over minutes with classes in PSHE

#### CV Writing

PSHE Booklet – Health and Wellbeing Pages 10, 11, 12 & 13.

## Complete Term 1 Sections

S5

S5 Tracking QR Code – Please ask S5 pupils to complete in class

RAMH Talks

5a9 – Tuesday 19<sup>th</sup> November

Anti – Bullying week – Slides and link to discussion – Please ensure that all classes provide a return on the Microsoft Forms using the QR Code reader or via the school website

Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes

Interim Report – Please complete Page 71 in PSHE Booklets – Pupils are to complete full page along with identifying Targets that they wish to achieve and how they will achieve this

Every Action has consequences Lesson 1

Alcohol Lesson

Homework Diary Check – Please check and sign pupils Diaries

Study Timetable Template – Please Highlight to pupils and print off if pupils would like a copy.

Wider Involvement – complete pages 36 – 40 in PSHE booklets

Prepare a Study Plan – What do top students do?

Watch the video and look to see how you can create an effective study plan for yourself

S6

Healthy Eating on a budget for 6a6– Register classes and go to Home Economics

Stewart Ivory Money Talks visit Thursday 5<sup>th</sup> December – 6a6 – Please collect speaker from the school office

S6 Tracking QR Code – Please ask S6 pupils to complete in class

Anti – Bullying week – Slides and link to discussion – Please ensure that all classes provide a return on the Microsoft Forms using the QR Code reader or via the school website

Children Focussed video on rise of Nazis and how it affects a Jewish family – Please watch video with all classes

Please cover hyperlink slides from Mr McArthur with class:

UCAS – All pupils who are looking at applying through the UCAS process are to log on and fill in basic details including:

1. Personal Details
2. Additional information
3. Student Finance
4. Choices (If Pupils are aware of what Course they are applying for).
5. Education
6. Employment

Pupils should also be looking to complete drafts of Personal Statements for feedback from Pastoral Teacher. Highlight the links below which are on the school website.

6a9 Stewart Ivory Financial education talk. Please collect speaker from the school office

Healthy Eating on a budget for 6a6– Register classes and go to Home Economics

## Application evening for S6 pupils

Date	Event	Time
29 <sup>th</sup> October	Application for early years and teaching	7-9pm
5 <sup>th</sup> November	Application for Business & Accounting	7-9pm
5 <sup>th</sup> November	Application for Engineering & Computing	7-9pm
12 <sup>th</sup> November	Application for Law and Social Sciences	7-9pm
12 <sup>th</sup> November	Interview evening for Medics/Dentists	7-9pm

Volunteers required for S1 information evening. Please give your name to your Pastoral Teacher if you wish to help on the evening (4 October).

Pupils should log on to the school website to see the advice available on how to complete their Personal Statement – See Below Hyperlinks

[Link to school website and advice on completing Personal Statement](#)

[Link 1 – Advice on completing Personal Statement](#)

[Link 2 – How to structure Personal Statement](#)

Fast Track applicants should hand first draft of personal statement to teacher for feedback. Also, log on to UCAS using phones or computers to ensure all information is up to date.

### Mental Health and Wellbeing

The attached slides cover how pupils, parents and staff can access support for a range of Mental Health issues. The information here can also be accessed on the main school website.



Caritas Award

GIRFEC Booklet – Work through SHANARRI Indicators and complete with class

Study Tips – Inside the mind of a Procrastinator

All about me – Complete with class

T. Low