Monday 25 November 2019.

On the 25th November 1984, 36 musicians including Bono, Paul Young and Phil Collins recorded Band Aid's 'Do they know it's Christmas?' Bob Geldof watched a report that highlighted the famine that had hit the people in Ethiopia. He decided to raise money for the families suffering in Ethiopia through the power of music. The single sold a million copies in the first week and remained at the top of the charts for five consecutive weeks.

This is now history – taking place 35 years ago yet the suffering of the poor in our World in 2019 is not history. It is reality for millions of people. Thirty-five years on and we still have this curse on our World.

Let us pray for people who are suffering at this time of year. May we look out for one another and help those who are in need of Our Lord's kindness.

Hail Mary...

Tuesday 26 November 2019.

Prayer for families.

Prayer for Our Family
Blessed are you, loving Father,
Ruler of the universe:
You have given us Your Son as Your Leader,
And have made us temples of Your Holy Spirit.
Fill our family with Your light and peace.
Have mercy on all who suffer,
And bring us to everlasting joy with You.
Father,
We bless Your Name for ever and ever.
Amen.

Let us ask Mary, Mother of the Holy Family to join our prayers for the family. Hail Mary.....

Wednesday 27 November 2019.

Today is the Feast of Our Lady of the Medal of the Immaculate Conception. This medal is usually known as the Miraculous Medal.

The Miraculous Medal was created in response to a request from the Our Lady. Our Lady gave the Medal to St. Catherine Labouré on November 27, 1830, in the Convent of the Daughters of Charity of St. Vincent de Paul in La Rue de Bac in Paris. The medal reminds us of the motherly care of Mary for all humanity and so many miracles have been granted in response to prayers associated with the medal that is soon became known as the Miraculous Medal. It is possible that many of us were given a Miraculous Medal at our First Communion or Confirmation. Today, we ask Our Lady, the Immaculate Conception of the Miraculous Medal to pray for us.

Thursday 28 November 2019.

As we reflect on this Psalm we remember that we have everything we need in Jesus. He guides us and refreshes us; even when things are hard.

The LORD is my shepherd, I lack nothing.

He makes me lie down in green pastures,
he leads me beside quiet waters,
he refreshes my soul.

He guides me along the right paths
for his name's sake.

Even though I walk
through the darkest valley,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.

Our Father...

Friday 29 November 2019.

As our weather turns colder, it is important that we think and pray for those who live in poverty with little money or food and sometime no home. We are fortunate enough to have these and most of the time we take them for granted and forget about those who do not have what we have.

Today we remember all these people in our prayers because there are many people in desperate situations. As well as praying, we can help by donating to charities, food banks and simple giving money to people begging on the streets.

We pray for all in need and for ourselves that we will be generous to those in need.

Hail Mary....