

P7 Residential Trip

Tuesday 22nd – Friday 25th April 2025

Parent Information Session



Lockerbie Manor

Why go on a Residential Trip?



RESILIENCE
CONFIDENCE
FUN!



FRIENDSHIPS
TEAM-WORK
ACHIEVEMENT

POSITIVE TRANSITION TO SECONDARY

Why go on a Residential Trip?

embedded in the curriculum international education ethos
equality and fairness values-based understanding interdependence improving attainment and achievement
outdoor learning resilience critical thinking health and wellbeing
sustainable energy and water use local to global eradicating poverty and inequity
responsible use of our planet's resources play children's rights skills for work
problem solving links between environment, society and economy creativity contact with nature
fair trade **learning for sustainability** school linking
peace and conflict **learning for a better world** respect
social justice engaging with democracy human rights addressing discrimination and prejudice
sustainable buildings and grounds discussing controversial issues
sustainable development education learners as leaders protecting biodiversity
developing political literacy tackling climate change growing food
culture community partnerships systems thinking **global citizenship** ethical issues
social and cultural diversity cooperative, collaborative and active learning waste reduction and recycling

Lockerbie Manor

- * Established in 1991
- * Largest independent operator
- * Safe and secure location
- * 95% re-booking levels



Health and Safety

- * Approved centre status
- * AALA licence
- * Regularly inspected by Health and Safety Executive
- * Conforms to all Governing Body Guidelines
- * Each outdoor pursuit risk assessed
- * Pursuits, equipment and instructors continually monitored and assessed



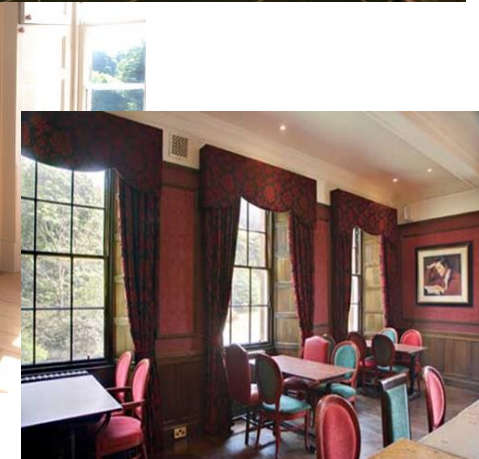
Instructors

- * Rigorous recruitment and training programme
- * NGB qualifications
- * First aid trained
- * Fire Marshall trained
- * Emergency procedures in place



Accommodation

- * En-suite bedrooms
- * Sleep 4 to 8 people
- * Fully catered dining room
- * Drying room for clothing



Child friendly, nutritious food

- * Breakfast – cereal, yoghurts, fruit, toast, English breakfast
- * Lunch – choice of hot options, salad bar
- * Dinner – choice of hot options and dessert
- * Vegetarian, Vegan, Halal and special diets catered for

Activities

Canoe/Kayak

Archery

Zip Wire

Manor Olympics (fun and games for teams)

Climbing

Scavenger Hunt (small group activity collect fun items)

Abseiling

Fencing

High Ropes

Stand up Paddle Boarding (very wet activity)

Raft Building (very wet activity)

Blind Trail (experience life without one of the senses)

Obstacle Course

Orienteering

Team Games

Camp Craft







A typical day



- * 07.00 - Rise & Shine
- * 07.30 - Breakfast
- * 09.00 – 10.30 - **Outdoor Pursuit Session 1**
- * 10.30 – 10.50 - Break Time
- * 10.50 – 12.20 - **Outdoor Pursuit Session 2**
- * 12.20 – 13.40 - Lunch Time
- * 13.40 – 15.10 - **Outdoor Pursuit Session 3**
- * 15.10 – 15.30 - Break Time
- * 15.30 – 17.00 - **Outdoor Pursuit Session 4**
- * 17.15 – 19.00 - Dinner / Free time
- * 19.00 – 20.30 - **Outdoor Pursuit Session 5**
- * 21.00 - Bedtime

What to bring?

- * Luggage (one medium-sized case or rucksack)
- * Sleeping bag, pillow & pillowcase
- * Waterproof jacket and waterproof trousers
- * Kit List – old clothes
- * **EVERYTHING MUST BE LABELLED**



- * **NO MOBILE TELEPHONES OR ELECTRONIC APPLIANCES**

Example Kit List

Essentials for activities

- * 4 warm jumpers/sweatshirts
- * 7 t-shirts (preferably long sleeve)
- * At least 4 pairs jogging/tracksuit bottoms or leggings (no denims)
- * 8 pairs socks and underwear
- * Old trainers that can get wet
- * Trainers for outdoor activities
- * Water bottle
- * Rucksack
- * Sun hat and sun cream
- * Bobble to tie back long hair

Essentials for indoors

- * Towels – 2 bath/1 hand
- * Pyjamas
- * Slippers/indoor shoes
- * Toiletries (no aerosols)
- * Spare underwear
- * Spare jogging bottoms/leggings

Additional

- * Book/playing cards/board games
- * Black bin bag for wet clothes x2

Medication

- * Ensure all medication is up to date
- * Consent form signed prior to departure
- * Specific needs – e.g. medical condition, sleepwalking, bedwetting, etc. - discuss with Mrs Neil
- * Children responsible for inhalers/Epipens during activities when at Lockerbie

Other Important Information

- * Total cost of trip approximately £300
- * £50 Deposit must be paid by Thursday 26th September 2024
- * Payments should be made through ParentPay
- * Final balance due by Friday 7th March 2025

Updates / Twitter



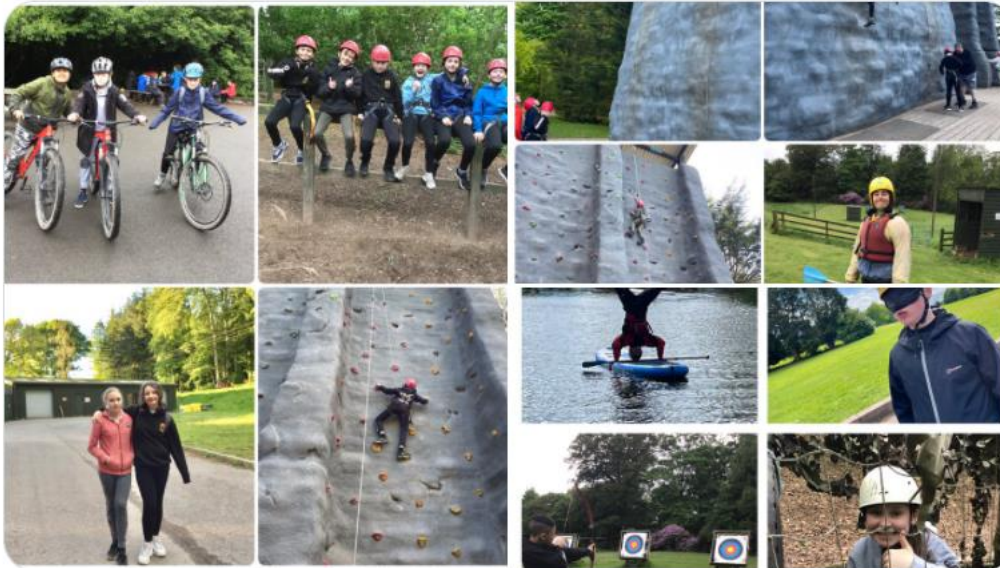
- * Staff will take as many photographs as possible
- * Photos and videos will be posted on a daily basis
- * No Wi-Fi outside main building, so bulk uploads may happen in the evening - please be patient!
- * In event of an emergency you will be notified immediately by telephone

What previous P7 pupils said...



St. Mark's Primary @StMarksPrimary1 · 26 May

We have absolutely loved our time in Lockerbie! ❤️ We are so proud of all of our children who have embraced every challenge they have faced and have been a credit to our school and their families. 🌟 #MakeyourMark



“The activities were amazing and I loved being outside for the whole day. Food was class too!”

What previous P7 pupils said...



St. Mark's Primary @StMarksPrimary1 · 24 May
Having a splashing time! 🇧🇪 @stjohnsERC @St_Thomas_ERC

...



“I managed to do so many things that I didn’t think I could do before. I also made a lot of good friends that I’ll meet again at secondary.”

What previous P7 pupils said...



St. Mark's Primary
@StMarksPrimary1

...

Another action packed morning! Even the rain showers can't dampen our spirits. [#bravery](#) [#resilience](#)



“It’s such a nice place to visit and our instructor was really good at setting us challenges. It was awesome!”

Thank you