

Cygnets Parenting Programme

Who is it for? - parents and carers of young people with a diagnosis of Autism Spectrum Condition.

Age of children: 7-18 years old

Topics include: autism and diagnosis, communication, sensory issues, understanding behaviour and managing behaviour.

Duration: delivered over 7 weeks, one day a week for 2.5 - 3 hours

Contact: Amy.Mion@ggc.scot.nhs.uk

East Renfrewshire Autism Assessment Team, Barrhead Health and Care Centre, 213 Main Street, Barrhead, G78 1SW.

Call : 0141 800 7117

"Hearing feedback from other parents on their child's strengths and struggles. Knowing that your child does the same things makes it easier to talk about and understand."

Income maximisation for families

Who is it for? - parents and carers living in East Renfrewshire looking for advice about managing money and reducing debt.

Age of children: pre-birth to 18

Topics include: assistance with all aspects of benefits applications and appeals as well as advice about managing your money and reducing debt

Contact: mart@eastrenfrewshire.gov.uk

Call: 0141 577 8420



Parenting made easiER



Gold

