

To all Primary and Secondary Schools.

Scottish Schools Swimming Championships 2016 Renfrewshire Area Heats - Sat 24th October 2015

VENUE: ON- X SPORTS CENTRE; LINWOOD

WARM UP: 3:30pm

Heats are open to all pupils attending school in Inverclyde, Renfrewshire & East Renfrewshire.

Heats will be swum as combined ages and sexes, with results separated into the appropriate age groups. (as determined by age as at 31 Dec 2016). Presentations will be awarded to the fastest 3 swimmers in each age group. From the top performances in each age group, 3 swimmers names will be submitted for consideration for the SCOTTISH SCHOOLS CHAMPIONSHIPS, (provided they have met the qualifying time), to be held in January 2016. (exact date & venue tbc)

A swimmer may enter a maximum of 2 individual events as detailed below:-

Born 2004 and later 2 individual events of 50m

2003 and earlier 2 individual events of which at **least one must be a 200m or a 400m event.**

Enclosed are an entry form, qualifying times and order of events and declaration form. Swimmers should consider the order of events when entering swims to allow optimum performance.

Please submit the swimmer's current time for each event he/she wishes to enter

It must be stressed that qualifying times are of a high standard and will only refer to a few swimmers in your school. **PLEASE ENSURE THAT ONLY SWIMMERS WHO HAVE ACHIEVED THE QUALIFYING TIMES ARE ENTERED.** Swimmers outside qualifying times or with no qualifying times **WILL BE REJECTED.** Due to the time constraints in running this event in the organisers also reserve the right to reject swimmers where an event is over subscribed.

Any queries about an individual's entry after it has been submitted can only be made by the school and these will be considered by the organising committee.

Please Note

- 1 Schools are asked to advise of any known withdrawals by Email to the address below up to the day before the event.
- 2 Age is determined by the year of birth as shown in the list of events. (age groups are as at **31 Dec 2016**)
- 3 Entries will only be accepted from schools on the entry form enclosed, and **must** be accompanied by the appropriate entry fee (cheques payable to Renfrewshire School Swimming Association)
- 4 **Closing date for entries is Friday 9th October. No late entries will be accepted.**
- 5 Relay teams should comprise of 4 swimmers of same sex who will all be under 12 at 31 Dec 2016
- 5 Declaration form signed by a responsible member of school staff should also be returned with the application form.
- 6 Notification will only be issued to swimmers NOT accepted to compete – therefore if you do not hear otherwise please assume that swimmers have been accepted.
- 7 Assistance would be welcomed from any Swimming Technical Officials. Please email if you are available.

Entries should be sent to

Mrs Morag Love, Entries Secretary Renfrewshire Area Schools Swimming,
5 Langbank Rise, Kilmacolm, PA13 4LF

Requests for further information: **Email only please** to renschoolsswim@hotmail.co.uk

**This entry form can be downloaded from the Ren 96 website (www.ren96.com)
or Inverclyde ASC website (www.inverclydeasc.co.uk)**

Renfrewshire Area Schools Swimming Heats Oct 2015

Entry times

	QUALIFYING	TIMES
	BOYS	GIRLS
<u>BORN 2004 and Later</u>		
50m Freestyle	0.40.00	0.40.00
50m Backstroke	0.48.00	0.48.00
50m Breaststroke	0.49.00	0.49.00
50m Butterfly	0.46.00	0.46.00
<u>BORN 2002 and 2003</u>		
100m Freestyle	01.13.00	01.17.00
200m Freestyle	02.33.00	02.43.00
100m Backstroke	01.27.00	01.27.00
200m Backstroke	03.04.00	03.04.00
100m Breaststroke	01.38.00	01.38.00
200m Breaststroke	03.24.00	03.29.00
100m Butterfly	01.33.00	01.33.00
200m Butterfly	03.09.00	03.09.00
200m Ind. Medley	03.06.00	03.06.00
<u>BORN 2000 and 2001</u>		
100m Freestyle	01.09.00	01.15.00
200m Freestyle	02.29.00	02.39.00
100m Backstroke	01.17.00	01.25.00
200m Backstroke	02.49.00	03.04.00
100m Breaststroke	01.26.00	01.36.00
200m Breaststroke	03.04.00	03.24.00
100m Butterfly	01.23.00	01.28.00
200m Butterfly	02.59.00	03.04.00
200m Ind. Medley	02.54.00	02.59.00
<u>BORN 1999 & earlier</u>		
100m Freestyle	01.08.00	01.15.00
200m Freestyle	02.24.00	02.34.00
100m Backstroke	01.19.00	01.29.00
200m Backstroke	02.49.00	03.04.00
100m Breaststroke	01.28.00	01.43.00
200m Breaststroke	03.04.00	03.24.00
100m Butterfly	01.20.00	01.28.00
200m Butterfly	02.44.00	03.04.00
200m Ind. Medley	02.52.00	03.09.00
<u>OPEN EVENTS</u>		
(no age groups)		
400m Freestyle	05.05.00	05.20.00
400m Ind. Medley	05.40.00	05.55.00

Renfrewshire Area Schools Swimming Championships 2015

DECLARATION Form

(To be signed by coordinating member of staff)

School _____

In submitting an application to the Renfrewshire Area Schools Swimming Championships on behalf of the above school, I understand that this constitutes affiliation to Renfrewshire Area Schools Swimming Association.

I confirm that the pupils named on the attached entry form are sufficiently competent to participate in the events entered and are competent in a competitive swimming start.

I am aware that presentation photographs will be taken and may be used in publicity of the event by the authority. I have taken steps to ensure that all parents / guardians are aware of this information and will notify the organisers of any non approvals in advance of the event.

I will ensure that the accompanying adult is aware of their responsibility to ensure that medallists or a depute are available for the presentation and that the swimmer will wear appropriate clothing for the presentation.

Signed _____

Position _____

Date _____

SCOTTISH SCHOOLS SWIMMING ASSOCIATION

RENFREWSHIRE AREA HEATS – OCT 2015

Order of Events

Event 1	Mixed 400 SC Meter Freestyle
Event 2	Mixed 400 SC Meter IM
Event 3	Mixed 12 & Under 50 SC Meter Freestyle
Event 4	Mixed 13 & Over 100 SC Meter Breaststroke
Event 5	Mixed 13 & Over 200 SC Meter Backstroke
Event 6	Mixed 12 & Under 50 SC Meter Butterfly
Event 7	Mixed 13 & Over 200 SC Meter Butterfly
Event 8	Mixed 13 & Over 100 SC Meter Freestyle
Event 9	Mixed 13 & Over 100 SC Meter Backstroke
Event 10	Mixed 12 & Under 50 SC Meter Breaststroke
Event 11	Mixed 13 & Over 200 SC Meter Breaststroke
Event 12	Mixed 13 & Over 100 SC Meter Butterfly
Event 13	Mixed 12 & Under 50 SC Meter Backstroke
Event 14	Mixed 13 & Over 200 SC Meter IM
Event 15	Mixed 13 & Over 200 SC Meter Freestyle
Event 16	Boys 12 & under relay
Event 17	Girls 12 & under relay