



East Renfrewshire
Child Protection
Committee

If you don't feel safe...



...and don't know what to do...



...talk to us...



...we can help you.





You have a right to feel safe and to be protected from harm and abuse.

If you are worried or need help please talk to an adult you trust such as your mum, dad, another relative, or family friend.



If the person you speak to does not listen to you, or does not take you seriously or is not able to help you, then TALK TO US.

Speak to :

- your teacher
- a social worker
- your doctor or school nurse
- a police officer



In an emergency if you or another young person need help please contact the police or social work right away and tell whoever answers the phone that you need help now.

Barrhead Social Work	0141 577 8300
Clarkston Social Work	0141 577 4000
Barrhead Police Office	0141 532 6200
Giffnock Police Office	0141 532 5700
Police Family Protection Unit	0141 532 4900



*When the Social Work Offices are closed phone the Standby Social Work Service on **0800 811 505** or the police.*



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