

ST NINIAN'S HIGH SCHOOL



Extra Curricular Programme



2013-2014





Introduction



In St Ninian's High School we know that friendships that last a lifetime are born on the football field, rehearsing for the school show or celebrating Mass together. Taking part in extra-curricular activities can also help our young people develop confidence and commitment as well as the skills that they learn.

St Ninian's provides a first class extra-curricular programme which offers a wide variety of opportunities in areas such as faith, sport, music, science, languages and volunteering.

In St Ninian's there is also a culture of promoting leadership in all aspects of school life; often, older pupils leading younger pupils in various activities. This in turn gives our younger students aspirations to become leaders themselves. Very often pupils' first experience of leadership is through clubs and trips and these skills will be enhanced and developed throughout their school career.

These opportunities promote the development of the whole child and give our pupils the broadest education possible.

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Faith and Spirituality



Life Group

S1 – S6
Friday
12:20pm – 1:00pm
RE Room 3
Mrs Carroll, Miss McGarvey and
Miss McLuskey

Morning Mass

S1 – S6
Tuesday, Thursday and Friday
8:25am – 8:45am
The Oratory
Mr Bradshaw

Worship Group

S1 – S6
Thursday
3:30pm – 4:30pm
The Oratory
Mr C Docherty and Mr Blair



Athletics

S1 – S6
Thursday
3:30pm – 4:30pm
Sports Hall
Miss McHard and Mr Newberry

Badminton

S1 – S6 Monday 3:30pm – 4:30pm Games Hall Miss McQueen

Basketball (Lunchtime)

S1 – S2 Monday / Friday 12:20pm – 12:50pm Sports Hall S6 Sports Leaders

Basketball Club

S1 – S6 Tuesday 3:30pm – 4:30pm Games Hall Mr Gryczka

Body Combat

S4 – S6 Tuesday 3:30pm – 4:45pm Sports Hall Mrs Juskowiak

Body Sculpt

S4 – S6 Thursday 3:30pm – 4:45pm Gymnasium Mrs Juskowiak



Cricket

S1 – S6 Wednesday 2:40pm – 4:30pm Polloc Cricket Club Mr Fuchs

Dance

S1 – S6 Thursday 3:30pm – 4:30pm Forum Miss Fleming

Fitness Class

S1 – S6 and Parents
Thursday
6:00pm – 8:00pm
Games Hall
Miss Milne

Fitness Suite

S1 – S6
Monday – Friday
12:20pm – 12:50pm
Fitness Suite
S6 Sports Leaders

Football (5-a-side)

S1 – S2 Thursday 12:20pm – 12:50pm Sports Hall S6 Sports Leaders

Football Teams

U13 A and B
Mr Fuchs and Mr Paoli
U14 A and B
Mr Fuchs and Mr Capuano
U15
Mr Capuano, Mr Marshall and Mr O'Hagan
U16
Mr McMaster and Mr Harkins
U18
Mr McKean and Mr Harkins
Girls
Miss McQueen and Miss McEntee



Friday Sports Club

S1 – S6 Friday 2:40pm – 4:00pm Games Hall Mr Fuchs

Golf

S1 – S6
Various Competitions
Throughout Session
Mr Coughlin

Gymnastics

S1 – S6 Monday 3:30pm – 4:30pm Gymnasium Miss Martin

Hockey

S1 – S6 Monday 3:30pm – 4:30pm Sports Hall S6 Sports Leaders

Horse Riding

S1 – S6
Wednesday / Thursday
2:40pm – 5:00pm / 12:20pm – 12:50pm
Hazelden Riding Centre / English 1
Mrs Miller

Kingball

S1 – S2 Wednesday 12:20pm – 12:50pm Sports Hall S6 Sports Leaders



Matball

S1 – S2 Thursday 12:20pm – 12:50pm Games Hall S6 Sports Leaders

Multi-Sport Club

S1 – S6 Wednesday / Friday 6:00pm – 8:00pm / 6:00pm – 7:00pm Games Hall / Sports Hall Mr Fuchs

Multi-Sport Club (Lunchtime)

S1 – S2 Friday 12:20pm – 12:50pm Gymnasium S6 Sports Leaders

Netball

S1 – S2

Wednesday

2:40pm – 4:00pm

Games Hall

Miss Milne, Mrs Gorman, Mrs Angelini, Miss

Hastie and Miss Gibson

Netball

S3 – S6
Thursday
3:30pm – 4:30pm
Games Hall
Miss Milne and Miss Martin

Netball (Lunchtime)

S1 – S6 Tuesday 12:20pm – 12:50pm Sports Hall S6 Sports Leaders



Running Club

S5 – S6 Wednesday 3:00pm – 4:00pm Sports Hall Mr Carroll

Saturday Sports Club

S1 Saturday 9:30am – 12:00pm Sports Hall Mr Fuchs

Spin

S1 – S6 Monday 3:30pm – 4:30pm Fitness Suite Miss Milne

Ski and Snowboard Club

S1 – S6

Wednesday

2:40pm – 6:00pm

Bellahouston Ski Centre and Xscape

Mr Eaglesham, Miss C Jamieson and

Miss K Jamieson

Swimming

S1 – S6
Wednesday
2:40pm – 4:00pm
Eastwood Leisure Centre
Miss McHard

Tennis

S1 – S3
Tuesday
3:30pm – 4:45pm
Giffnock Tennis Club
Mrs Comerford and Miss McHard



Ultimate Frisbee

S1 – S2
Wednesday and Friday
12:20pm – 12:50pm
Games Hall
S6 Sports Leaders

Volleyball

S1 – S2
Monday and Tuesday
12:20pm – 12:50pm
Games Hall
S6 Sports Leaders

Performing Arts



Ceilidh Band

S1 - S6

Monday

3:30pm - 4:30pm

Music Room 1

Miss McGarvey and Mrs Thomson

Choir

S1 - S6

Tuesday

8:00am - 8:40am

Music Department

Miss Gibson

Drama Club

S1 - S2

Monday

3:30pm - 4:30pm

Drama Studio

Mr Paoli

Percussion Ensemble

S1 - S6

Thursday

3:30pm - 4:30pm

Music Department

Mr Rose

School Show - 'Oliver'

S1 - S6

Tuesday

3:30pm - 5:30pm

Music Department

Mrs Swainson

Soul Band

S1 - S6

Friday

2:40pm - 4:00pm

Music Department

Mr Bett

Performing Arts



St Ninian's Winds

S1 – S6 Wednesday 2:40pm – 4:00pm Music Department Mr West

Symphony/String Orchestra

S1 – S6
Wednesday
2:40pm – 4:00pm
Music Department
Mrs Swainson

Wind Band

S1 – S6 Thursday 3:30pm – 4:45pm Music Department Mr Bett

Film and Media



Film Club (Junior)

S1 – S2
Wednesday
2:40pm – 5:00pm
Maths 4 and 9 and ICT11
Miss Robison and Mr Doyle

Film Club (Senior)

S3 – S6
Wednesday
2:40pm – 5:00pm
Science Lab 7 and ICT 1
Miss Boyce and Miss Higgins

Social Studies

Newsflash

S1 – S6
Wednesday
12:20pm – 12:50pm
Modern Studies Room 1
Miss Baillie and Miss Duncan

Art, Design and Technology



Film and Animation Club

S1 – S6 Monday 3:30pm – 4:30pm Art Room 3 Miss McCarley

Set Design

S1 – S6 Thursday 3:30pm – 4:5pm Art Room 1 Miss Howard

Photography

S2 Tuesday 3:30pm – 4:45pm Art Room 4 Ms Kelly

Scaletrix

S1 – S3 Wednesday 12:20pm – 12:50pm Techical Room 3 Mr O'Hagan

Languages



Chinese Lunchtime Club

S1 – S6
Monday and Wednesday
12:20pm – 12:55pm
Science Lab 9
Mrs Zhou

Gaelic Club

S1 – S6 Wednesday 12:20pm – 12:50pm Modern Languages Room 1 Miss Kilgour

Mandarin Class

S1 – S6 Tuesday 3:35pm – 4:35pm Modern Languages Room 1 Mrs Zhou

Spanish Club

S1 – S6 Thursday 12:20pm – 12:50pm Maths Room 1 Mr Mardones

Literacy and Numeracy



Creative Writing Club

S4 – S6
Thursday
3:30pm – 4:30pm
English Room 5
Mr Hendrie and Ms Quinn

Homework Club

S1 – S3
Wednesday
12:20pm – 12:50pm
English Room 1
Mrs Miller and Mrs Mulholland

Maths Club

S1 – S3 Thursday 3:30pm – 4:30pm Maths Room 8 Mrs Newlands

School Magazine Club

S1 – S3
Thursday
12:40pm – 1:00pm
English Room 5
Mr Hendrie and Ms Quinn

Science and Environment



Science Club

S1
Tuesday
12:20pm – 12:50pm
Science Lab 11
Miss Kennedy and Miss Brady

Eco Club

S1 – S6 Wednesday 12:20pm – 12:50pm Science Lab 16 Mr Kerr

Home Economics and Hospitality

Baking Club

S1
Wednesday
2:40pm – 3:40pm
Home Economics Room 2
Mrs Lamb

Computing



Int 2 / Higher Programming

S3 – S6 Monday - Friday 8:10am – 8:40am ICT Room 3 Mr Harris

Kodu Game Lab

S1 Wednesday 2:40pm – 4:30pm ICT Room 4 Mr Kelly

Board Games

Chess Club (Lunchtime)

S1 – S6 Wednesday 12:20pm – 12:50pm English Room 1 Mr Newberry

Chess Club

S1 – S6
Monday
3:30pm – 4:30pm
English Room 2
Mr Hendrie and Mrs McIlwham

Volunteering and Awards



Saltire Award

S1 – S6
National Award for Volunteering
Mr Fuchs

Helping Hands

S1 – S6 Monday 12:30pm – 12:55pm ICT Room 10 Miss McLuskey and Miss Scroggie

Cartitas Award

S6

4 'Gathering Points' Per Session 3:30pm – 4:30pm

The Oratory

Miss C Jamieson, Mr Marshall, Miss Kennedy, Miss Fiztpatrick, Miss K Jamieson, Mr C Docherty and Mrs Graham

Duke of Edinburgh Award

S3

Thursday
3:30pm – 4:30pm
Various Locations
Mr MacDonald





For the latest news and achievements follow us on Twitter Ostninianshigh



