

## S4 National 5 PE Timeline

Month	Practical	Classroom	Home Learning	Moderation
August  (6 periods)	<b>Fitness Tests</b>  <b>2 tests only- physical fitness</b> MSFT 30 meter sprint  <b>Social</b> PPW	Week 1: Teach 2C  Week 2: Teach 2A	HW 1	In-service day- Portfolio marking.  Focus on questions. <b>2A-G</b>
September  (9 periods)  <b>Sept weekend</b> <b>Fri 27<sup>th</sup> –</b> <b>Mon 30<sup>th</sup></b>	<b>Complete Retests of methods above.</b>  <b>Physical approaches-</b> Fartlek Interval  <b>Social approaches</b> Sheep & Shepard Floor is lava	Week 1: Teach 2D  Week 2: Teach 2E  Week 3: Teach 2F  Week 4: Recap previous questions.	HW 2 + 3	<b>1<sup>st</sup> One-Off Performance (If not completed in June 2024).</b>  <b>S4 full reports due 4/10/24.</b>
October  <b>Holiday</b> <b>11<sup>th</sup>-21<sup>st</sup></b>	<b>Make and Begin to carry out training programme.</b>	Week 1&2: Write up previous questions (A-F)  Week 3: Continue to finish writing up/ Introduce 2G.	HW 4	<b>11/10/24</b> In-service day- Portfolio marking of <b>2H &amp; I.</b>

(9 periods)				<b>S4 parents night 31/10/24.</b>
November  (12 periods)	<b>Making changes to training.</b>  <b>Complete training Diary entries</b>	Week 1: Teach 2G  Week 2: Teach 2H (I & II)  Week 3: Finish teaching of 2H(I & II)  Week 4: Begin teaching 2I	HW 5 + 6	<b>2<sup>nd</sup> one off performance</b>
December  (6 periods)  <b>Last day of school 20<sup>th</sup> Dec</b>	At teachers discretion.	Week 1: Finish teaching 2I  Complete write up of Section 2.  <b><u>Section 2 Completed/marked by the end of December</u></b>		
January  <b>Return Monday 6<sup>th</sup> Jan</b>	At teachers discretion.  2X Classroom 1X Practical	Week 1: Teaching of 3A & Teaching of 3B  Week 2: Teaching of 3C & write up	HW 7 + 8	Section 2 of portfolios marked by <b>Monday 20<sup>th</sup> January 2025</b>

	Friday 14 <sup>th</sup> January- s4 full report due.	Week 3: Teaching of 3D		
February  (10 periods)  <b>Off mon/tues (17<sup>th</sup> &amp; 18<sup>th</sup>)</b>	At teachers discretion.  2X Classroom 1X Practical	Week 1: Finish Teaching of 3D.  Week 2: Teaching of 3E & 3F  Week 3: Catch up of 3E & 3F, write up.	HW 9 + 10	<b>19/2/25</b> In-service day- Portfolio marking <b>Section 3.</b>
March  (12 periods)	At teachers discretion.	Week 1: Catch up on section 3  Week 2: Catch up  Week 3: Catch up  Week 4: Catch up.	At teachers discretion.	<b>All portfolios marked by 15/3/24</b>

April (3 periods)	At Teachers discretion.	Week 1: Catch up  Week 2: Catch up	At teachers discretion.	
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After study leave.

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April	At teachers discretion.	<b>Finish section 3 of portfolio by the end of April.</b>	At teachers discretion.	
May	<b>N/A</b>	<b>N/A</b>	At teachers discretion.	
June	Section 1.  Factors Impacting on Performance.  <b>One-Off Performance Assessment</b>	<b>Section 1 Write up</b>	At teachers discretion.	

