



### 2022- 2023

Week beginning	Monday	Wednesday	Friday
15 <sup>th</sup> August	In-Service	Introduction to course	Short Combo taught to gauge level of
		Standards and Expectations	ability
		Short Combo taught to gauge level of	
		ability	
22 <sup>nd</sup> August	Contemporary Technique	Contemporary Technique	Contemporary Technique
	Posture and Alignment	Parallel and Turnout	Standing to Floor Transitions
	Roll Downs	Tendue, Glissee and Plies.	
			Rabbit Heart
	Beautiful People	Set Fire to the Rain	
29 <sup>th</sup> August	Contemporary Technique	Contemporary Technique	Contemporary Technique
	Travelling	Developed Floor Work	Swings
	Outcome 1 Assessment		
	Record Technique	Heartless Sequence	Chandelier
5 <sup>th</sup> September	Outcome 2 Assessment	Contemporary Set Dance	Contemporary Set Dance
	Record Sequences		
12 <sup>th</sup> September	Contemporary Set Dance	Contemporary Set Dance	Contemporary Set Dance
·		Self-Evaluation	Outcome 3 Assessment
19 <sup>th</sup> September	ICT CLASSROOM	ICT CLASSROOM	Holiday
	OUTCOME 4 Assessment	OUTCOME 4 Assessment	
26 <sup>th</sup> September	Holiday	Introduction to Choreography	Choreography
		Workshop 1	Workshop 2
		Dance Actions	Music Stimuli
		Record session in log book	Record session in log book





3 <sup>rd</sup> October	Choreography	"Self" Choreography	"Self" Choreography
	Workshop 3	Motif Development	
	Written Stimuli	3 part movement	
	Record Session in log book		Complete logbook (Outcome 3)
10 <sup>th</sup> October	"Self" Choreography	"Self" Choreography	Outcome 1 Assessment
	Complete logbook (Outcome 3)		*moderation*
17 <sup>th</sup> October	Holiday	Holiday	Holiday
24 <sup>th</sup> October	In-Service Day	*Mop up*	*Mop up*
	-	All contemporary and Choreography	All contemporary and Choreography
		assessment	assessment
31 <sup>st</sup> November	Commercial Workshop	Commercial Workshop	Commercial Workshop
7 <sup>th</sup> November	Commercial Workshop	Commercial Workshop	Commercial Workshop
14 <sup>th</sup> November	Social Dance	Social Dance	Social Dance
21st November	Social Dance	Social Dance	Social Dance
28 <sup>th</sup> November	Social Dance	Social Dance	Social Dance
5 <sup>th</sup> December	Social Dance	Social Dance	Social Dance
12 <sup>th</sup> December	CEILIDH WEEK	CEILIDH WEEK	CEILIDH WEEK





Week Beginning	1	2	3
2 <sup>nd</sup> January	Holiday	Holiday	Introduction to Jazz
			Characteristics and style specific
			Steps
			Bob Fosse
9 <sup>th</sup> January	Jazz Technique	Jazz Technique	Jazz Technique
	Isolations and Kicks	Swings and Floor work	Standing to Floor Transitions
		Look what you made me do	Thunder
	Paradise		
16 <sup>th</sup> January	Jazz Technique	Jazz Technique	Jazz Technique
	Travelling	Preparation and Turns	Across the floor sequence
	Outcome 1 Assessment	Kiss the Sky	Move your body
	Record Technique		
23 <sup>rd</sup> January	Outcome 2 Assessment	Jazz Set Dance	Jazz Set Dance
	Record Sequences		
30 <sup>th</sup> January	Jazz Set Dance	Jazz Set Dance	Outcome 3 Assessment
6 <sup>th</sup> February	Holiday	Holiday	*Mop Up*
			Jazz Assessment
13 <sup>th</sup> February	ICT CLASSROOM	ICT CLASSROOM	ICT CLASSROOM
	Bob Fosse	OUTCOME 4 Assessment	OUTCOME 4 Assessment
20 <sup>th</sup> February	"Other" Choreography	"Other" Choreography	"Other" Choreography
27 <sup>th</sup> February	"Other" Choreography	"Other" Choreography	"Other" Choreography
6 <sup>th</sup> March	Outcome 2 Assessment	*Mop up*	*Mop up*
		All Assessments	All Assessments
13 <sup>th</sup> March	Technique Development	Development Programme	Development Programme
	Video both set dances	_	
	Create programme of work		
20 <sup>th</sup> March	Development Programme	Development Programme	Development Programme
27 <sup>th</sup> March	Commercial Workshop	Commercial Workshop	Commercial Workshop





Week Beginning	1	2	3
17 <sup>th</sup> April			
24 <sup>th</sup> April			
1 <sup>st</sup> May	Holiday	NPA Workshop Planning	NPA Workshop Planning
8 <sup>th</sup> May	NPA Workshop Planning	NPA Workshop	NPA Workshop
15 <sup>th</sup> May			
22 <sup>nd</sup> May			
29 <sup>th</sup> May			