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| Week beginning | Focus |
| 19/8 | Standards & ExpectationsWarm-upIntroduction to **Contemporary Dance** – Posture and alignment, Turnout and Parallel, Roll down exercises, Floor exercises, Swing sequences, Plies |
| 26/8 | **Contemporary**- Floor exercises, Swing sequences, Plies, Tendu & Glisse, Preparation for Jumps, Swing to stand, Travelling through spaceAssessment of technical skills  |
| 2/9 | Start to teach set Contemporary dance. **Theory lesson 1- Evaluation of own work/personal performance**  |
| 9/9 | Continue to teach Contemporary dance. Self/peer assessment homework task. **Theory lesson 2- Knowledge and Understanding of chosen dance style**  |
| 16/9 | **Jazz-** Reaches and Roll downs**,** Isolations**,** Tendue, Glissee and Kicks |
| 23/9 | **Jazz**- Travelling, Hops, Leaps, Pirouettes, Turns, Pas De BoureeAssessment of technical skills |
| 30/9 | Start to teach set Jazz dance. **Theory lesson 3- Evaluation of own work/personal performance** |
| 7/10 | Continue to teach Jazz dance. Self/peer assessment homework task. **Theory lesson 4- Knowledge and Understanding of chosen dance style** |
| 21/10 | Set dances warm-upIntroduction to **Choreography**Six dance actions and choreographic devicesComplete logbook  |
| 28/10  | Set dances warm-up**Choreography** Use of stimulus (visual, written and audio), floor space, structure Complete logbook  |
| 4/11 | Work-experience  |
| 11/11 | Set dances warm-upContinue with choreography tasks, discuss theatre arts. Complete logbook.**Theory lesson 5 – Evaluation of professional choreography (example 1)** Homework task (mind map)- research theme, stimulus, space, devices, music etc for final choreography piece |
| 18/11 | Set dances warm-upCreate motifs for chosen choreography theme- feedback from teacher Complete logbook**Theory lesson 6 – Evaluation of professional choreography (example 2)**  |
| 25/11 | Set dances warm-upCreate motifs for chosen choreography theme- feedback from teacher Complete logbook**Theory lesson 7 – Evaluation of professional choreography (example 3)**  |
| 2/12 | Set dances warm-upCreate motifs for chosen choreography theme- feedback from teacher Complete logbook |
| 9/12 | Set dances warm-upAt least one minute of choreography taught to dancers and presented to teacher Complete logbook |
| 16/12 | Set dances warm-upAt least one minute of choreography taught to dancers and presented to teacherHomework over Christmas- practice set dances and finish choreography (1 minute 30 secs-2minutes) |
| 6/1 | Set dances warm-upTeach the finished piece of choreography Complete logbook**Theory lesson 8- preparation for prelim paper** |
| 13/1 | Set dances warm-upTeach the finished piece of choreographyComplete logbook **Theory lesson 9- preparation for prelim paper** |
| 20/1 | Set dances warm-upTeach the finished piece of choreography**Theory lesson 10- preparation for prelim paper** |
| 27/1 | Practical and theory prelim week Pupils will present their choreography, two set dances and complete written exam paper |
| 3/2 | Prelim feedbackFocus: one set dance, make choreography adaptations **Theory 11- choreography review**  |
| 17/2 | Prelim feedbackFocus: one set dance, make choreography adaptations **Theory 12- choreography review** |
| 24/2 | Prelim feedbackFocus: one set dance, make choreography adaptations **Theory 13- choreography review** |
| 3/3 | Set dance focus, refine all technical skills **Final draft of choreography review hand-in**  |
| 10/3 | Set dance warm upChoreography full dress rehearsal  |
| 17/3 | Potentially final practical exam week  |
| 24/3  | Potentially final practical exam week  |
| 14/4 | Theory exam preparation |
| 21/4 | Theory exam preparation |