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| Week beginning | Focus |
| 19/8 | Standards & Expectations  Warm-up  Introduction to **Contemporary Dance** – Posture and alignment, Turnout and Parallel, Roll down exercises, Floor exercises, Swing sequences, Plies |
| 26/8 | **Contemporary**- Floor exercises, Swing sequences, Plies, Tendu & Glisse, Preparation for Jumps, Swing to stand, Travelling through space  Assessment of technical skills |
| 2/9 | Start to teach set Contemporary dance.  **Theory lesson 1- Evaluation of own work/personal performance** |
| 9/9 | Continue to teach Contemporary dance. Self/peer assessment homework task.  **Theory lesson 2- Knowledge and Understanding of chosen dance style** |
| 16/9 | **Jazz-** Reaches and Roll downs**,** Isolations**,** Tendue, Glissee and Kicks |
| 23/9 | **Jazz**- Travelling, Hops, Leaps, Pirouettes, Turns, Pas De Bouree  Assessment of technical skills |
| 30/9 | Start to teach set Jazz dance.  **Theory lesson 3- Evaluation of own work/personal performance** |
| 7/10 | Continue to teach Jazz dance. Self/peer assessment homework task.  **Theory lesson 4- Knowledge and Understanding of chosen dance style** |
| 21/10 | Set dances warm-up  Introduction to **Choreography**  Six dance actions and choreographic devices  Complete logbook |
| 28/10 | Set dances warm-up  **Choreography**  Use of stimulus (visual, written and audio), floor space, structure  Complete logbook |
| 4/11 | Work-experience |
| 11/11 | Set dances warm-up  Continue with choreography tasks, discuss theatre arts. Complete logbook.  **Theory lesson 5 – Evaluation of professional choreography (example 1)**  Homework task (mind map)- research theme, stimulus, space, devices, music etc for final choreography piece |
| 18/11 | Set dances warm-up  Create motifs for chosen choreography theme- feedback from teacher  Complete logbook  **Theory lesson 6 – Evaluation of professional choreography (example 2)** |
| 25/11 | Set dances warm-up  Create motifs for chosen choreography theme- feedback from teacher  Complete logbook  **Theory lesson 7 – Evaluation of professional choreography (example 3)** |
| 2/12 | Set dances warm-up  Create motifs for chosen choreography theme- feedback from teacher  Complete logbook |
| 9/12 | Set dances warm-up  At least one minute of choreography taught to dancers and presented to teacher  Complete logbook |
| 16/12 | Set dances warm-up  At least one minute of choreography taught to dancers and presented to teacher  Homework over Christmas- practice set dances and finish choreography (1 minute 30 secs-2minutes) |
| 6/1 | Set dances warm-up  Teach the finished piece of choreography  Complete logbook  **Theory lesson 8- preparation for prelim paper** |
| 13/1 | Set dances warm-up  Teach the finished piece of choreography  Complete logbook  **Theory lesson 9- preparation for prelim paper** |
| 20/1 | Set dances warm-up  Teach the finished piece of choreography  **Theory lesson 10- preparation for prelim paper** |
| 27/1 | Practical and theory prelim week  Pupils will present their choreography, two set dances and complete written exam paper |
| 3/2 | Prelim feedback  Focus: one set dance, make choreography adaptations  **Theory 11- choreography review** |
| 17/2 | Prelim feedback  Focus: one set dance, make choreography adaptations  **Theory 12- choreography review** |
| 24/2 | Prelim feedback  Focus: one set dance, make choreography adaptations  **Theory 13- choreography review** |
| 3/3 | Set dance focus, refine all technical skills  **Final draft of choreography review hand-in** |
| 10/3 | Set dance warm up  Choreography full dress rehearsal |
| 17/3 | Potentially final practical exam week |
| 24/3 | Potentially final practical exam week |
| 14/4 | Theory exam preparation |
| 21/4 | Theory exam preparation |