

Week Beginning

3rd November 2025

St. Ninian's High School PSHE Newsletter



Faith Matters

- Daily Prayers
- Mass takes place every Tuesday and Thursday morning at 8.25am in the Oratory—all welcome.
- Prayer Breakfast
- Every Wednesday morning from 8am.



St. Ninian's High School
Let Youth Flourish

Noticeboard

Flu Immunisation—The Flu Immunisation Team will no longer attend schools to provide follow-up (“mop-up”) vaccinations for pupils who were absent. It is therefore important that pupils who wish to receive the flu immunisation are in school from **Monday 10th to Wednesday 12th November** to ensure they do not miss their vaccination.

Please advertise the opportunities in this week's [DYW Bulletin](#)

**Women and Girls in Sport Week—
6th October**

[Presentation](#) (Starter for all year groups)

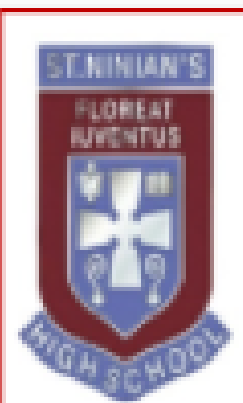
**Dyslexia Awareness Week—29th
September**

Please show [the powerpoint](#) to all classes as a Starter Activity





S1 PSHE Lessons



- Emotional Literacy—Powerpoint
- Inside Out—Watch on Clickview
- My WOW—introduction
- My WOW—Profiling

Wellbeing Interviews will take place over the next two weeks. Please remember to complete your Homework Task in preparation.



S2 PSHE Lessons



- MVP Lesson 2—Violence
- PowerPoint and Lesson Plan
- Activity (Abuse vs Respect)
- Video (Burger King Anti-Bullying)
- Bonfire Nigh Safety—Video



**My
World of
Work
LIVE!**

S3 PSHE Lessons



- My WOW—
Profiling
- Mental Health and
Wellbeing Award—
Unit 1
- Lesson Powerpoint
- Marking Scheme

Assembly—Tuesday period 3
PC Kash will discuss Bonfire
Night safety



S4 PSHE Lessons

- Mental Health and
Wellbeing Award—
Unit 2
- Lesson Powerpoint
- Marking Scheme

Wellbeing Evaluation

Please also ensure that
you discuss prelim prepara-
tion and study plan-
ning with S4.

Study Skills



S5 PSHE Lessons



- **Mental Health and Wellbeing Award—Unit 3**
- **Lesson Powerpoint**
- **Marking Scheme**
- **Online Misogyny**
- **PSHE Induction—S5**

Please ensure all pupils complete the [S5 Wellbeing Evaluation](#)



S6 PSHE Lessons

- **Mental Health—Supporting Others**
- **UCAS—Recap of Personal Statement and Application**
- **Personal Safety—Online Dating**

1a1-1a5—Lecture theatre for an assembly led by Scottish Trade Unions

Please ensure all pupils complete the [S6 Wellbeing Evaluation](#)