

Week Beginning

6th October 2025

St. Ninian's High School

PSHE Newsletter



Faith Matters

- Daily Prayers
- Mass takes place every Tuesday and Thursday morning at 8.25am in the Oratory—all welcome.
- Prayer Breakfast
- Every Wednesday morning from 8am.



St. Ninian's High School
Let Youth Flourish

Noticeboard

Please advertise the opportunities in this week's DYW Bulletin

Women and Girls in Sport Week— 6th October

Presentation (Starter for all year groups)

Dyslexia Awareness Week—29th September

Please show the powerpoint to all classes as a Starter Activity

<https://dyslexiascotland.org.uk/dyslexia-awareness-week/>





S1 PSHE Lessons

- All About Me (PSHE Booklets)
- Name Calling and Respect
- Building Resilience
- Wellbeing Web
- Body Image
- Friendships

S1 Wellbeing
Evaluation

- Please complete



S2 PSHE

- MVP Lesson
- Bereavement and Loss
- Resilience—S2 Lesson (Overcoming Challenges)
- Wellbeing Web





**My
World of
Work
LIVE!**

S3 PSHE Lessons

- Mental Health and Wellbeing Award—Unit 1
- Lesson Powerpoint
- Marking Scheme
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- Meta Skills
- MVP Lesson PowerPoint
- Healthy Friendships



S4 PSHE Lessons

- **Mental Health and Wellbeing Award—Unit 2**
- Lesson Powerpoint
- Marking Scheme

Wellbeing Evaluation

Please also ensure that you discuss prelim preparation and study planning with S4.

Study Skills





S5 PSHE Lessons

- **Mental Health and Wellbeing Award—Unit 3**
- **Lesson Powerpoint**
- **Marking Scheme**
- **Online Misogyny**
- **PSHE Induction—S5**



S6 PSHE Lessons

- **Personal Safety—Online Dating**
- **MVP—Party and Consent**
- **PowerPoint Lesson**
- **Video**
- **Online Profiling on my WoW**

