

Week Beginning

29th September 2025

St. Ninian's High School

PSHE Newsletter



Faith Matters

- Daily Prayers
- Mass takes place every Tuesday and Thursday morning at 8.25am in the Oratory—all welcome.
- Prayer Breakfast
- Every Wednesday morning from 8am.



1984 2024
St. Ninian's High School
Let Youth Flourish



Noticeboard

Please advertise the opportunities in this week's [DYW Bulletin](#)

Dyslexia Awareness Week

Please show [the powerpoint](#) to all classes as a Starter Activity

<https://dyslexiascotland.org.uk/dyslexia-awareness-week/>

Introduction to the [Correction Code](#)

Please promote the PE Department's [Rising Stars](#) programme

[Prayer Breakfast](#)





S1 PSHE Lessons



- Name Calling and Respect
- All About Me (PSHE Booklets)
- Building Resilience
- Wellbeing Web
- Body Image
- Friendships



S2 PSHE



- Bereavement and Loss
- Resilience—S2 Lesson (Overcoming Challenges)
- Wellbeing Web
- Friendship – Resolving Conflict
- Body Image and Social Media



**My
World of
Work
LIVE!**

S3 PSHE Lessons

- Mental Health and Wellbeing Award—Unit 1
- Lesson Powerpoint
- Marking Scheme
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- Meta Skills
- MVP Lesson PowerPoint
- Healthy Friendships



S4 PSHE Lessons

- Study Skills
- Mental Health and Wellbeing Award—Unit 2
- Lesson Powerpoint
- Marking Scheme

Wellbeing Evaluation—Please ensure all classes complete this.

Please post on Teams to remind all classes.





S5 PSHE Lessons

- **Mental Health and Wellbeing Award—Unit 3**
- [Lesson Powerpoint](#)
- [Marking Scheme](#)
- [Online Misogyny](#)
- [PSHE Induction—S5](#)



S6 PSHE Lessons

- **MVP—Party and Consent**
- [PowerPoint Lesson](#)
- [Video](#)
- [Online Profiling on my WoW](#)
- [UCAS—Personal Statement Review](#)

