

Week Beginning

22nd September 2025

St. Ninian's High School

PSHE Newsletter



Faith Matters

- Daily Prayers
- Mass takes place every Tuesday and Thursday morning at 8.25am in the Oratory—all welcome.
- Prayer Breakfast
- Every Wednesday morning from 8am.



1984 2024
St. Ninian's High School
Let Youth Flourish



Noticeboard

Please advertise the opportunities in this week's [DYW Bulletin](#)

Introduction to the [Correction Code](#)

Please promote the PE Department's [Rising Stars](#) programme

[Prayer Breakfast](#)

[BGE Book Club—Please advertise to S1-3](#)





S1 PSHE Lessons



- Building Resilience
- Wellbeing Web
- Body Image
- Friendships

S1 Hyrox Event—
Please show to
pupils.



S2 PSHE

- Resilience—S2 Lesson (Overcoming Challenges)
- Wellbeing Web
- Friendship – Resolving Conflict
- Body Image and Social Media





S3 PSHE Lessons

- Mental Health and Wellbeing Award—Unit 1
- Lesson Powerpoint
- Marking Scheme
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- Meta Skills
- MVP Lesson PowerPoint
- Healthy Friendships



S4 PSHE Lessons

- Mental Health and Wellbeing Award—Unit 2
- Lesson Powerpoint
- Marking Scheme

Wellbeing Evaluation—Please ensure all classes complete this.

Please post on Teams to remind all classes.





S5 PSHE Lessons

- **Mental Health and Wellbeing Award—Unit 3**
- **Lesson Powerpoint**
- **Marking Scheme**
- **Online Misogyny**
- **PSHE Induction—S5**



S6 PSHE Lessons

- **Online Profiling on my WoW**
- **UCAS—Personal Statement Review**
- **UCAS—Personal Statement (Blueprint)**
- **UCAS— Personal Statement (Building the Foundations)**

