

Week Beginning

8th September 2025

St. Ninian's High School

PSHE Newsletter



Faith Matters

- Daily Prayers
- Mass takes place every Tuesday and Thursday morning at 8.25am in the Oratory—all welcome.
- Prayer Breakfast
- Every Wednesday morning from 8am.



St. Ninian's High School
Let Youth Flourish

Noticeboard

Please advertise the opportunities in this week's [DYW Bulletin](#)

Please promote the PE Department's [Rising Stars](#) programme

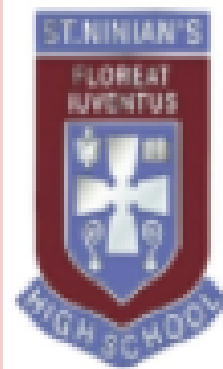
[Prayer Breakfast](#)

[BGE Book Club—Please advertise to S1-3](#)





S1 PSHE Lessons



- **Wellbeing Web** and Careers Advisors visiting S1 classes on Wednesday 10th and Friday 12th Sept.
- **Body Image**
- **Friendships**
- **Good Habits for S1**
- **PSHE Induction—S1**



S2 PSHE

- **Friendship – Resolving Conflict**
- **Body Image and Social Media**
- **Friendships 1**
- **Positive Habits—S2**

Pupils should complete the Wellbeing tracking.

[Link to QR Code](#)





S3 PSHE Lessons

- Meta Skills
- MVP Lesson PowerPoint
- Healthy Friendships
- PSHE Induction and Positive Habits



S4 PSHE Lessons

- Online Profiling on my WoW
- Work Experience—progress check
- PSHE Induction—S4





S5 PSHE Lessons

- Online Misogyny
- Online Profiling on my WoW
- PSHE Induction—S5



S6 PSHE Lessons

- UCAS— Personal Statement (Building the Foundations)
- Ucas—Personal Statement and Lesson 2 on Personal Statement
- Personal Safety—Going Out
- PSHE Induction—S6

