# St. Ninian's High School PSHE Newsletter



#### Faith Matters

- Daily Prayers
- Mass will be celebrated in the Oratory at 8.25 on Tuesdays and Thursdays
- Eucharistic Adoration takes
   place from
   12.20-1.00pm
   every Friday
- Prayer Breakfast Every
   Wednesday morning from 8am.



#### Noticeboard

Please advertise the opportunities in this week's <a href="https://doi.org/10.2016/journal.com/">DYW Bulletin</a>

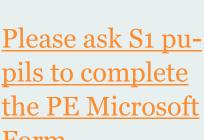


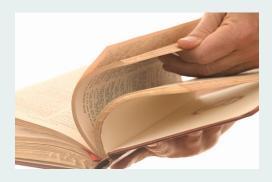


#### S<sub>1</sub> PSHE Lessons

- **Substance misuse 3: Drugs**
- Substance misuse 2: **Vaping**
- Substance Misuse 1: **Smoking**

Please ask S1 pupils to complete the PE Microsoft Form.





#### S2 PSHE Lessons

- **Self Harm Lesson 3**
- **Self Harm Lesson 2**
- **Self Harm Lesson 1**
- **Eating Disorders**
- **Drugs—Introduction**

Please ask S2 pupils to complete the PE Microsoft Form.





## S3 PSHE Lessons

#### **Mental Health and Wellbeing Unit**

- · Lesson Unit 1
- Marking Scheme Unit 1



#### S4 PSHE Lessons

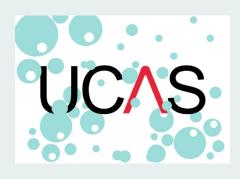
- S4 Interim 1 January Please ensure that you talk through the slide with the instructions
- S4 into S5 Options (Powerpoint)
- Options booklet (Including Vocational courses)
- Homework Task
- Options Form





### S5 PSHE Lessons

- . <u>Understanding Misogyny</u>
- . Study Skills
- . Exam Anxiety
- . Mental Health-Unit 3
- . <u>Lesson Powerpoint Outcome</u> 2
- . Marking Scheme



S6 PSHE Lessons

- . <u>Gambling</u>
- Study Skills
- Exam Anxiety

