

Week Beginning

20th January 2024

## St. Ninian's High School PSHE Newsletter



## Faith Matters

- Daily Prayers
  - Mass will be celebrated in the Oratory at 8.25 on Tuesdays and Thursdays
  - Eucharistic Adoration takes place from 12.20-1.00pm every Friday
- Prayer Breakfast Every Wednesday morning from 8am.



# Noticeboard

Please advertise the opportunities in this week's [DYW Bulletin](#)





# S1 PSHE Lessons

- Substance misuse 2: Vaping
- Substance Misuse 1: Smoking
- Sleep
- Gen+ Trailblazer Lesson

Guide for teachers  
(Gen+)

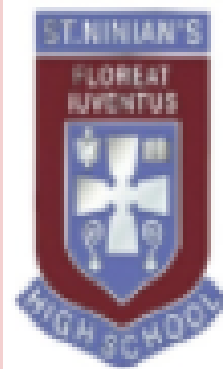
Please ask pupils  
to complete the  
survey on School  
Values



# S2 PSHE Lessons

- Self Harm Lesson 2
- Self Harm Lesson 1
- Eating Disorders
- Drugs—Introduction

Please ask S2 pu-  
pils to complete  
the PE Microsoft  
Form.





**My  
World of  
Work  
LIVE!**

## S3 PSHE Lessons

### Mental Health and Wellbeing Unit

- Lesson Unit 1
- Marking Scheme  
Unit 1

Engineering for Girls at  
Strathclyde University—  
please highlight



## S4 PSHE Lessons

- S4 Interim 1 January Please ensure that you talk through the slide with the instructions
- Mental Health and Wellbeing Unit
- Lesson—Unit 2
- Marking Scheme—Unit 2





## S5 PSHE Lessons

- Study Skills
- Exam Anxiety
- Mental Health—Unit 3
- Lesson Powerpoint – Outcome 2
- Marking Scheme



## S6 PSHE Lessons

- Study Skills
- Exam Anxiety

