St. Ninian's High School PSHE Newsletter



Faith Matters

- Daily Prayers
- Mass will be celebrated in the Oratory at 8.25 on Tuesdays and Thursdays
- Eucharistic Adoration takes
 place from
 12.20-1.00pm
 every Friday
- Prayer Breakfast Every
 Wednesday morning from 8am.



Noticeboard

Please advertise the opportunities in this week's DYW Bulletin

All Year Groups: Could all pupils have some time in PSHE to complete our Culture Week survey?

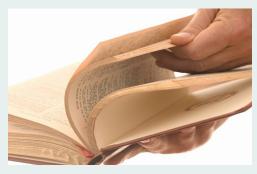
S5/6: Please highlight the Movember activity slide to S5 and S6 classes.





S1 PSHE Lessons

- · S1 Assembly Wednesday p.4
- Complete the 'All About Me' page of the PSHE booklet
- S1 Wellbeing Check In—please talk to pupils about the upcoming check-in and get them to start completing this in class then finish at home.
- World Mental Health Day S1 Lesson



S2 PSHE Lessons

- . Meta Skills
- · World Mental Health Day—S2 Lesson
- Resilience Overcoming Challenges.pptx
- Interim report evaluation
- Wellbeing Web





S3 PSHE Lessons

- Interim Report Evaluation and Target
 Setting (Page 38)
- World Mental Health Day—S3
- Alcohol Lesson 1 and 2 (complete part 2)
- PSHE Induction Slides



S4 PSHE Lessons

- S4 Out on Work Experience
- . Lesson 1—Work Experience Booklet
- . World Mental Health Day—S4
- . Resilience Exam Stress





S5 PSHE Lessons

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- · Meta Skills
- S5 Loss and Bereavement
- . World Mental Health Day-S5
- · Careers Research S5



S6 PSHE Lessons

- Personal Statement Guidance PSHE
- <u>UCAS Powerpoint</u>
- · Meta Skills
- Careers Research S6