

Week Beginning

7th October 2024

# St. Ninian's High School

## PSHE Newsletter



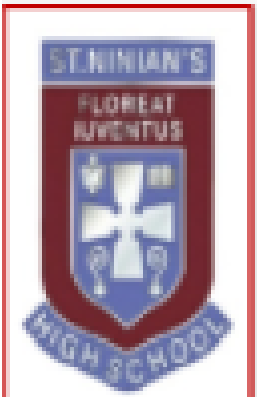
# Faith Matters

- Daily Prayers
- Mass will be celebrated in the Oratory at 8.25 on Tuesdays and Thursdays
- Eucharistic Adoration takes place from 12.20-1.00pm every Friday
- Prayer Breakfast Every Wednesday morning from 8am.



# Noticeboard

Please advertise the opportunities in this week's [DYW Bulletin](#)





# S1 PSHE Lessons

- [World Mental Health Day – S1 Lesson](#)
- [Anti-Bullying Lesson 1](#)
- [Resilience](#)
- [Wellbeing Web](#)
- [Body Image](#)
- [Friendships](#)



# S2 PSHE Lessons

- [World Mental Health Day–S2 Lesson](#)
- [Resilience - Overcoming Challenges.pptx](#)
- [Interim report evaluation](#)
- [Wellbeing Web](#)





**My  
World of  
Work  
LIVE!**

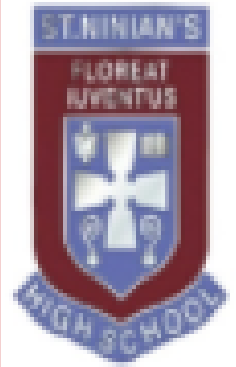
## S3 PSHE Lessons

- World Mental Health Day—S3
- Alcohol Lesson 1 and 2 (complete part 2)
- PSHE Induction Slides
- Positive Habits S3



## S4 PSHE Lessons

- World Mental Health Day—S4
- Resilience – Exam Stress
- Vaping
- Substance Abuse 2
- Substance Abuse 1





## S5 PSHE Lessons

- World Mental Health Day—S5
- Careers Research S5
- Resilience – Mental Grit



## S6 PSHE Lessons

- Meta Skills
- UCAS Powerpoint
- Careers Research  
S6

**10/10 –6a6-6a10  
to lecture theatre  
for speaker from  
GCU on Graduate  
Apprenticeships**

