

Week Beginning

11th December 2023

# St. Ninian's High School

## PSHE Newsletter



S4/S5/S6- Friday 15th December  
S1- Monday 18th December  
S2- Tuesday 19th December  
S3- Wednesday 20th December

Time- Period 5-7  
Venue- Sports Hall  
Ticket price- £1 which will be donated to Mary's Meals  
Dress code- Dress as you please!

# Faith Matters

## Prayers

- Morning Mass takes place on Tuesday, Thursday and Friday mornings at 8.25
- Eucharistic Adoration takes place from 12.20-1.00pm every Friday
- Prayer Breakfast Every Wednesday morning from 8am.



# NOTICE BOARD

## Christmas Donations to ER Larder



- 1) Selection boxes/kids sweet treats
- 2) Christmas biscuits and treats
- 3) Tinned puddings and fruit (custard etc)
- 4) Tinned meats (meatballs, ham etc)
- 5) Crisps, crackers & savoury treats
- 6) Traditional tins - beans, veg, potatoes, pulses
- 7) Cooking sauces
- 8) Tea, coffee, sugar
- 9) Cereal
- 10) Washing up liquid and cloths
- 11) Laundry detergents
- 12) Cleaning spray, bleach
- 13) Toilet Roll
- 14) Toiletries
- 15) Pet Food

**Please give in donations to the Deputy Head Teacher Office between the School Canteen and the S6 Tables by Wednesday 20<sup>th</sup> December**

- Selection boxes/ sweet treats
- Christmas biscuits
- Tinned puddings, tinned fruit, tinned custard
- Tinned meats
- Crisps, crackers, savoury treats
- Tins of vegetables, beans and pulses
- Cooking sauces
- Tea, coffee sugar
- Cereal
- Washing up liquid and cloths
- Laundry detergents
- Cleaning spray, bleach
- Toilet roll
- Toiletries
- Pet food



**CHRISTMAS JUMPER DAY**  
**15<sup>th</sup> December**

Small donation of £1 for Mary's Meals

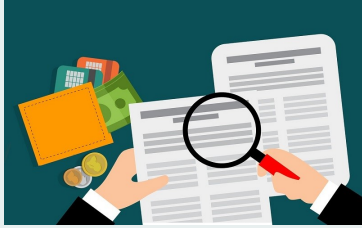


**Send a Candy Cane**

**50p**

On sale 11<sup>th</sup> -15<sup>th</sup> December.

We support **mary's meals**



# S1 PSHE Lessons

Social Media: Influencers



# S2 PSHE Lessons

MVP—Core Lesson 1

Core Session 1 Resources





**My  
World of  
Work  
LIVE!**

# S3 PSHE Lessons

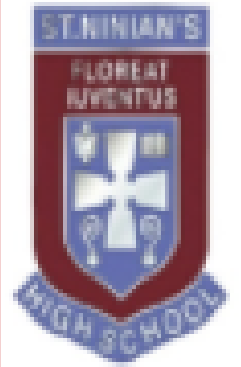
MVP— Core Lesson 6



# S4 PSHE Lessons

Prelim Wellbeing

Study Tips—Drama, PE, Music and Maths





# S5 PSHE Lessons

Booklets to be collected from Mr Low

Mental Health and Wellbeing Award

[Lesson Unit 3](#)

[Marking scheme Unit 3](#)



# S6 PSHE Lessons

[Personal Safety 2](#)

[UCAS](#)—[Personal Statements](#) and References

