

Week Beginning

30th January 2023

St. Ninian's High School

PSHE Newsletter



Faith Matters

- Daily Prayers
- Morning Mass takes place on Tuesday, Thursday and Friday mornings at 8.25.
- Eucharistic Adoration takes place from 12.20-1.00pm every Friday
- Prayer Breakfast Every Wednesday morning from 8am.



NOTICE BOARD

Please advertise the following opportunities to your classes:

[SNHS Fashion Show](#)

[Scottish Schools Athletics Association Cross Country](#)—link to sign up

[Healthier Minds reminder](#)

Please show to all Classes.

PUPIL COUNCIL

EACH CLASS SHOULD NOMINATE TWO PUPIL COUNCIL REPS.

PASTORAL TEACHERS SHOULD PASS NAMES TO THE YEAR GROUP LINK

S1—MR MCKEAN

S2— MR KERR

S3—MRS MARTIN

S4—MISS DUFFY

S5—MR MCMASTER

S6—MR LOW

[Co-Curricular Programme](#)

[2022-2023 -](#)

Please show to all pupils



S1 PSHE Lessons

- Substance Misuse 4: Alcohol
- Complete second Wellbeing Web check and
- Substance Misuse 3: Drugs
- Substance Misuse: Vaping



S2 PSHE Lessons

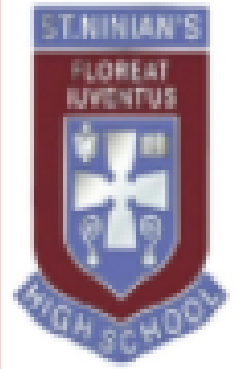
- YPI Booklet and PowerPoint
- Sleep
- PSHE Evaluation





**My
World of
Work
LIVE!**

S3 PSHE Lessons



- **Mental Health and Wellbeing Award Unit 1**
- **Lesson Powerpoint**
- **Booklet**
- **Marking Scheme**



S4 PSHE Lessons

- **Mental Health and Wellbeing Award Unit 2**
- **Lesson Powerpoint (Outcome 1)**
- **Lesson Powerpoint (Outcome 2)**
- **Booklet**
- **Marking Scheme**





S5 PSHE Lessons

- **Ensure that all pupils have completed the Unit 3 booklet**
- **Mental Health and Wellbeing Award—Unit 3 Lessons and Marking Scheme**
- **Study Skills (QR code for Report Evaluation on Slide 1)**



S6 PSHE Lessons

- **Supporting Others with Mental Health**
- **Blood Drive**
- **Study Skills (QR code for Report evaluation on Slide 2)**
- **Wellbeing During Prelims**

