

Week Beginning

16th January 2023

# St. Ninian's High School

## PSHE Newsletter



## Faith Matters

- Daily Prayers
- Morning Mass takes place on Tuesday, Thursday and Friday mornings at 8.25.
- Eucharistic Adoration takes place from 12.20-1.00pm every Friday
- Prayer Breakfast Every Wednesday morning from 8am.



# NOTICE BOARD

Please advertise the following opportunities to your classes:

ONE St Ninian's—please show to all classes

Healthier Minds reminder

Please show to all Classes.

## PUPIL COUNCIL

**EACH CLASS SHOULD NOMINATE TWO PUPIL COUNCIL REPS.**

**PASTORAL TEACHERS SHOULD PASS NAMES TO THE YEAR GROUP LINK**

**S1—MR MCKEAN**

**S2— MR KERR**

**S3—MRS MARTIN**

**S4—MISS DUFFY**

**S5—MR MCMASTER**

**S6—MR LOW**

Co-Curricular

Programme

2022-2023 -

Please show to all pupils



# S1 PSHE Lessons

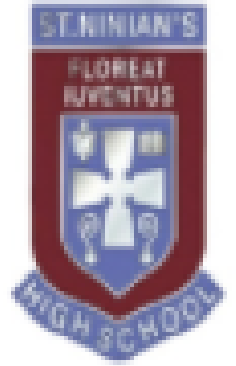
- **Substance Misuse: Vaping**
- **Substance Misuse: Smoking**
- **Sleep**
- **PSHE Evaluation**



# S2 PSHE Lessons

- **YPI**
- **Sleep**
- **PSHE Evaluation**

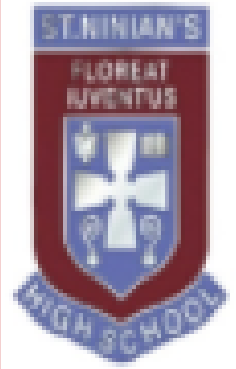
Please ensure all pupils complete their report evaluation during PSHE if it has not already been completed.





**My  
World of  
Work  
LIVE!**

## S3 PSHE Lessons



- Substance Misuse: Alcohol (lesson 2 - slide 13 onwards)
- Substance Misuse: Alcohol (lesson 1)
- PSHE Evaluation
- Learning for Sustainability



## S4 PSHE Lessons

- S5 Subject Choice preparation
- Prelim Evaluation
- Work Experience Booklet—Please collect in booklets from pupils who have completed. Anyone who still needs to finish





# S5 PSHE Lessons

- **Study Skills**
- **Wellbeing During Prelims**
- **Mental Health and Wellbeing Award—Unit 3** College Application Programme  
Please advertise to all S5 and S6 pupils.



# S6 PSHE Lessons

- **Study Skills**
- **Wellbeing During Prelims**
- **UCAS**
- **Coping with Exam Stress**
- **Anti-Bullying Lesson 1**

