

St. Ninian's High School

PSHE Newsletter



Faith Matters

- Daily Prayers
- Morning Mass takes place on Tuesday, Thursday and Friday mornings at 8.25.
- Eucharistic Adoration takes place from 12.20-1.00pm every Friday
- Prayer Breakfast Every Wednesday morning from 8am.



NOTICE BOARD

Please advertise the following opportunities to your classes:

ONE St Ninian's—please show to all classes

Healthier Minds
reminder

Please show to all
Classes.

PUPIL COUNCIL

EACH CLASS SHOULD NOMINATE TWO PUPIL COUNCIL REPS.

PASTORAL TEACHERS SHOULD PASS NAMES TO THE YEAR GROUP LINK

S1—MR MCKEAN

S2— MR KERR

S3—MRS MARTIN

S4—MISS DUFFY

S5—MR MCMASTER

S6—MR LOW

Co-Curricular

Programme

2022-2023 -

Please show to all pupils



S1 PSHE Lessons

- **Substance Misuse: Smoking and Vaping**
- **Sleep**
- **PSHE Evaluation**
- **Learning for Sustainability**



S2 PSHE Lessons

- **YPI**
- **Sleep**
- **PSHE Evaluation**

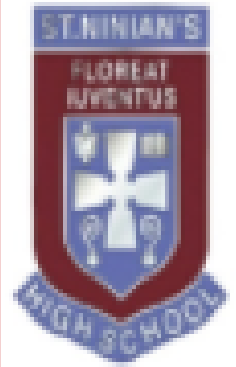
Please ensure all pupils complete their report evaluation during PSHE if it has not already been completed.





My World of Work LIVE!

S3 PSHE Lessons



- **Substance Abuse**
- **PSHE Evaluation**
- **Learning for Sustainability**
- **Personal Safety—Organised Crime**



S4 PSHE Lessons

- **Prelim Evaluation**
- **Work Experience Booklet**—Please collect in booklets from pupils who have completed. Anyone who still needs to finish sections should do so during PSHE.





S5 PSHE Lessons

- Wellbeing During Prelims
- Mental Health and Wellbeing Award—Unit 3
Lessons and Marking Scheme
- Coping with Exam Stress



S6 PSHE Lessons

- Wellbeing During Prelims
- UCAS
- Coping with Exam Stress
- Anti-Bullying Lesson 1

