

Week Beginning

21st November 2022

St. Ninian's High School

PSHE Newsletter



Faith Matters

- Daily Prayers
- Morning Mass: Tuesday, Thursday and Friday mornings at 8.25am in the Oratory.
- Eucharistic Adoration takes place from 12.20-1.00pm every Friday

Prayer Breakfast

Every Wednesday morning from 8am.



NOTICE BOARD

Please advertise the following opportunities to your classes:

Scottish Schools Swimming Championships Renfrewshire Heats

Any pupil interested in competing at the Scottish Schools Swimming Championships Renfrewshire Heats should give their details to Mr Capuano by Tuesday 25th October.

Active Girls Week - please highlight in PSHE

World Youth Day

Road Race

Co-Curricular Sports



Timetable—Please advertise to all pupils

PUPIL COUNCIL

EACH CLASS SHOULD NOMINATE TWO PUPIL COUNCIL REPS.

PASTORAL TEACHERS SHOULD PASS NAMES TO THE YEAR GROUP LINK

S1—MR MCKEAN

S2— MR KERR

S3—MRS MARTIN

S4—MISS DUFFY

S5—MR MCMASTER

S6—MR LOW

Co-Curricular Programme

2022-2023 -

Please show to all pupils



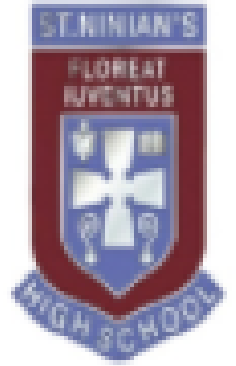
S1 PSHE Lessons

- S1 Pupil Council Reps should feed back to their class, using
- **IDL—Live Like an Athlete**
- **Anti-Bullying Lesson 2**
- **Anti-Bullying Lesson 1**
- **Bonfire Night Safety**



S2 PSHE Lessons

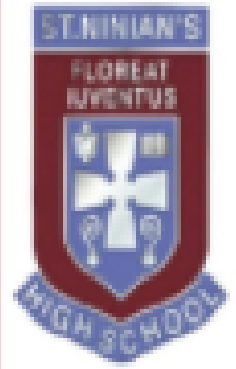
- Drugs—Introduction
- Anti-Bullying Lesson 2
- Anti-Bullying Lesson 1
- Bonfire Night Safety





My World of Work LIVE!

S3 PSHE Lessons



- Social Media—Lesson 1
- Anti-Bullying Lesson 2
- Anti-Bullying Lesson 1
- Bonfire Night Safety



S4 PSHE Lessons

- Study Skills and Work Experience Booklet—Pupils should move on to worksheets 3 and 4
- World Mental Health Day—S4-6
- Learning for Sustainability—No Poverty





S5 PSHE Lessons

- **Mental Health and Wellbeing Award—Unit 3**

Lessons and Marking Scheme

- Coping with Exam Stress
- Anti-Bullying Lesson 1



S6 PSHE Lessons

- **UCAS— re-draft personal statement**
- Coping with Exam Stress
- Anti-Bullying Lesson 1
- Writing your Personal Statement

