

Week Beginning

19th September 2022

St. Ninian's High School

PSHE Newsletter



One St. Ninian's Charities Group

Please highlight to all classes

Faith Matters

- Daily Prayers
- Morning Mass: Tuesday, Thursday and Friday mornings at 8.25am in the Oratory.
- Eucharistic Adoration takes place from 12.20-1.00pm every Friday

Prayer Breakfast

Every Wednesday morning from 8am.



NOTICE BOARD

Please advertise the following opportunities to your classes:

Talented Athlete Programme

World Youth Day

Road Race

Co-Curricular Sports Timetable—Please advertise to all pupils

Healthier Minds reminder

Please show to all Classes.



PUPIL COUNCIL

EACH CLASS SHOULD NOMINATE TWO PUPIL COUNCIL REPS.

PASTORAL TEACHERS SHOULD PASS NAMES TO THE YEAR GROUP LINK

S1—MR MCKEAN

S2— MR KERR

S3—MRS MARTIN

S4—MISS DUFFY

S5—MR MCMASTER

S6—MR LOW

Co-Curricular Programme

2022-2023 -

Please show to all pupils



S1 PSHE Lessons

[Resilience \(Introduction\)](#)

[Wellbeing Web](#)

[Body Image](#)

Careers Advisors will visit S1 classes at the following times:

Wednesday 21/9 period 4 1a6,1a7, 1a8 &1a9

Wednesday 28/9 period 4 1a10 & 1a11

Wednesday 21/9 period 4 1a6,1a7, 1a8 &1a9

Wednesday 28/9 period 4 1a10 & 1a11



S2 PSHE Lessons

[Resilience \(Overcoming challenges\)](#)

[Wellbeing Web and Vaping](#)





**My
World of
Work
LIVE!**

S3 PSHE Lessons

Resilience (Growth Mindset)

Vaping

Body Image



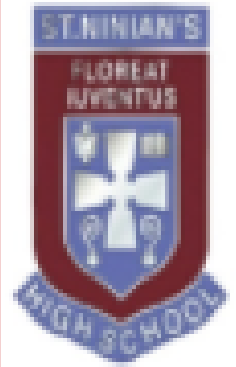
S4 PSHE Lessons

Resilience (Exam Anxiety)

Vaping

YOUR INTERIM REPORT WILL BE ISSUED ON PARENTS PORTAL ON THURSDAY.

COMPLETE THE EVALUATION BY MONDAY 26TH SEPTEMBER.





S5 PSHE Lessons

Resilience (Grit)

Vaping

Substance Misuse



S6 PSHE Lessons

Resilience (Grit)

UCAS/College Research

Abuse in Relationships

