**ST NINIAN’S HIGH SCHOOL**

**PSHE Newsletter & Lessons**

**Week Beginning 27th September 2021**

******

***Focus:***

**Daily Prayers**

[**Young WEIR-WISE - Discovering Engineering with S2 Girls**](https://www.strath.ac.uk/engineering/outreach/weir-wise/)

**Faith matters**

**Eucharistic Adoration from 12.20-1.00pm every Friday with the Rosary at 12.30pm. Mass in the Oratory, Tuesday, Thursday, Friday, 8.25am.**

**Mental Health Awareness**

****

**S1**

**1a8 – Mrs Ward’s class to go to the oratory**

[**Physical Activity**](../../PSHE%20Newsletter%20content%202018%202019/S1/S1%20Physical%20Activity.pptx)

**Healthy Eating**

[**GIRFEC – Wellbeing Wheel**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CWellbeing%20wheel%20non%20year%20group%20specific.pptx)

[**Online Safety**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5COnline%20Friends%20and%20Safety%202021.ppt)

**S2**

[**Parents evening reflection sheet**](../../2021/Materials%20for%20Newsletter/Full%20Report%20and%20Parents%20Night%20Reflection.pptx)

[**Physical Activity**](../../PSHE%20Newsletter%20content%202018%202019/S2/Physical%20Activity%202021.pptx)

[**Healthy Lifestyle**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CHealthy%20Lifestyle%20S2.pptx)

[**GIRFEC – Wellbeing Wheel**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CWellbeing%20wheel%20non%20year%20group%20specific.pptx)

**S3**

[**Physical Activity**](../../PSHE%20Newsletter%20content%202018%202019/S3/Exercise%20health%20and%20fitness%20updated%202021.pptx)

[**Diet Culture**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CDiet%20Culture%202021.pptx)

[**GIRFEC – Wellbeing Wheel**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CWellbeing%20wheel%20non%20year%20group%20specific.pptx)

[**Online Reputation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5COnline%20Reputation%202021.pptx)

**S4**

**4a8 - Miss Green’s class to go to the oratory**

**Please complete report survey – Mrs Boyle has posted the link on Year Group Teams**

[**Editing link for staff**](https://forms.office.com/Pages/DesignPage.aspx?fragment=FormId%3DoyzTzM4Wj0KVQTctawUZKfK7cQgYBIBNiRW7fSLZJd1UMU5YOTRQWUZLVlFKWUNXRDczUlJKQ0JIOSQlQCN0PWcu%26Token%3Dca704d79af374d03a2cb03212ceb03c0)

[**Relationships**](../../PSHE%20Newsletter%20content%202018%202019/S4/Relationships%202021.pptx)

**S5**

[**Relationships**](../../PSHE%20Newsletter%20content%202018%202019/S5/Relationships%202021.pptx)

**S6**

[**NHS Healthcare virtual work experience**](https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/)

[**One to One Tutoring Opportunity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5COne%20to%20One%20Tutoring%20in%20St%20Ninians.docx) **– Please complete with pupils if they would be interested in being a tutor for an S4 pupil**

[**Careers**](../../PSHE%20Newsletter%20content%202018%202019/S6/Careers%20research%202021.pptx)

[**Writing your Personal Statement**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CWriting%20your%20Personal%20Statement.pptx)

E Ward