**ST NINIAN’S HIGH SCHOOL**

**PSHE Newsletter & Lessons**

**Week Beginning 25th October 2021**

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***Focus:***

[**Daily Prayers**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPrayers%202020%202021%5CMonday%204%20October%202021.docx)

[**Pupil Voice Team 2021**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5C2021%5CMaterials%20for%20Newsletter%5CPupil%20Voice%20Team%202021.pptx) **– Please cover with all classes**

[**Black History Month**](https://www.youtube.com/watch?v=QRZPw-9sJtQ) **Part 2**

**Faith matters**

**Eucharistic Adoration from 12.20-1.00pm every Friday with the Rosary at 12.30pm. Mass in the Oratory, Tuesday, Thursday, Friday, 8.25am.**

**Mental Health Awareness**



**S1**

**Road Safety talks - Please collect speakers from the school office at the start of the lesson. Slides for the lesson are saved here**

**Wednesday - 1a7 & 1a8**

**Friday – 1a1 & 1a2**

[**Health and Wellbeing IDL Log**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5C2021%5CMaterials%20for%20Newsletter%5CHealth%20and%20Wellbeing%20powerpoint.pptx) **– Please spend 10 minutes at the start of the lesson filling out Log. Class packs to be collected from the Pastoral Base.**

[**Firework Safety**](../../PSHE%20Newsletter%20content%202018%202019/S1/fireworks%20safety%20MMCK.ppt)

[**Positive Mental Health**](../../PSHE%20Newsletter%20content%202018%202019/S1/What%20is%20good%20Mental%20Health.pptx)

[**Physical Activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CS1%20Physical%20Activity.pptx)

**S2**

[**Firework Safety**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5Cfireworks%20safety%20MMCK.ppt)

[**Positive Mental Health**](../../PSHE%20Newsletter%20content%202018%202019/S2/Mental%20Health.pptx)

[**Physical Activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CPhysical%20Activity%202021.pptx)

**S3**

**[Firework Safety](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5Cfireworks%20safety%20MMCK.ppt)**

[**Study Skills**](../../PSHE%20Newsletter%20content%202018%202019/S3/S3%20Study%20Skills.ppt)

[**Mental Health – Eating Disorders**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CMental%20Health%20Eating%20disorders.pptx)

[**Physical Activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CExercise%20health%20and%20fitness%20updated%202021.pptx)

**S4**

**4a10 – Mr McKean’s class to go to the oratory – take bags with you**

**Mental Health and Wellbeing Award – Influences on Mental Health (Unit 2)**

* **[Marking Scheme](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CSCQF%20Awards%202018-onwards%5C%5CMental%20Health%20and%20Wellbeing%20Award%5C%5CInfluences%20on%20Mental%20Health%5C%5CInfluences%20on%20Mental%20Health%20and%20Wellbeing%20SCQF%204%20Marking%20Scheme.docx)**
* [**Slides to be covered for Unit 2**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CSCQF%20Awards%202018-onwards%5CMental%20Health%20and%20Wellbeing%20Award%5CInfluences%20on%20Mental%20Health%5CInfluences%20on%20Mental%20Health%20Outcome%201.pptx) **Outcome 1**

**S5**

**Mental Health and Wellbeing Award – Influences on Mental Health (Unit 3)**

* [**Marking Scheme**](../../../SCQF%20Awards%202018-onwards/Mental%20Health%20and%20Wellbeing%20Award/Coping%20Strategies/Coping%20Strategies%20Marking%20Scheme.docx)
* [**Slides to be covered for Unit 3 Outcome 1**](../../../SCQF%20Awards%202018-onwards/Mental%20Health%20and%20Wellbeing%20Award/Coping%20Strategies/LESSONS%20FOR%20COPING%20STRATEGIES%20AND%20BUILDING%20RESILIENCE.pptx)

**S6**

**All pupils should be working on their personal statement this period. Pupils who were fast track should ensure diploma is complete.**

[**Careers**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CCareers%20research%202021.pptx)

[**Writing your Personal Statement**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CWriting%20your%20Personal%20Statement.pptx)

[**Mental Health – Eating Disorders**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CMental%20Health%20Eating%20disorders.pptx)

E Ward