**ST NINIAN’S HIGH SCHOOL**

**PSHE Newsletter & Lessons**

**Week Beginning 20th September 2021**

******

***Focus:***

**Daily Prayers**

[**Royal Navy Opportunity**](../../2021/Materials%20for%20Newsletter/Are%20you%20interested%20in%20the%20Royal%20Navy.pptx)

**Faith matters**

**Eucharistic Adoration from 12.20-1.00pm every Friday with the Rosary at 12.30pm. Mass in the Oratory, Tuesday, Thursday, Friday, 8.25am.**

**Mental Health Awareness**

****

**S1**

**1a7 – Mr Gallagher’s class to go to the oratory – take bags with you**

**Healthy Eating**

[**GIRFEC – Wellbeing Wheel**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CWellbeing%20wheel%20non%20year%20group%20specific.pptx)

[**Online Safety**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5COnline%20Friends%20and%20Safety%202021.ppt)

[**Friendships**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CFriendships%202021.pptx)

**S2**

**Report Reflection – please complete full report targets and areas for development in PSHE Booklet – Page 43**

[**Healthy Lifestyle**](../../PSHE%20Newsletter%20content%202018%202019/S2/Healthy%20Lifestyle%20S2.pptx)

[**Subject Choices – Lesson 2**](../../PSHE%20Newsletter%20content%202018%202019/S2/S1%20Choices%202021.pptx)

[**Subject Choices - Lesson 1**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CMy%20World%20of%20Work%20lessons%5CLesson%205%5CSubject%20Choices%20-%20Powerpoint.pptx)

[**GIRFEC – Wellbeing Wheel**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CWellbeing%20wheel%20non%20year%20group%20specific.pptx)

[**Friendships**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CFriendships%202021.pptx)

**S3**

[**Diet Culture**](../../PSHE%20Newsletter%20content%202018%202019/S3/Diet%20Culture%202021.pptx)

[**GIRFEC – Wellbeing Wheel**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CWellbeing%20wheel%20non%20year%20group%20specific.pptx)

[**Online Reputation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5COnline%20Reputation%202021.pptx)

[**Friendships**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CFriendships%202021.pptx)

**S4**

**4a6 – Mr Gallagher’s class to go to the oratory – take bags with you**

**Please aim to finish all Mental Health and wellbeing work by the end of the lesson today**

**Mental Health and Wellbeing Award – Understanding Mental Health Issues.**

* [**Lesson**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CSCQF%20Awards%202018-onwards%5CMental%20Health%20and%20Wellbeing%20Award%5CUnderstanding%20Mental%20Health%20Issues%5CLessons%20for%20Understanding%20Mental%20Health%20Unit%20update.pptx)
* [**Marking Scheme**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CSCQF%20Awards%202018-onwards%5CMental%20Health%20and%20Wellbeing%20Award%5CUnderstanding%20Mental%20Health%20Issues%5CUnderstanding%20Mental%20Health%20Issues%20Marking%20Scheme.docx)

**S5**

**Please aim to finish all Mental Health and wellbeing work by the end of the lesson today**

 **Mental Health and Wellbeing Award – Influences on Mental Health**

* **[Marking Scheme](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CSCQF%20Awards%202018-onwards%5C%5CMental%20Health%20and%20Wellbeing%20Award%5C%5CInfluences%20on%20Mental%20Health%5C%5CInfluences%20on%20Mental%20Health%20and%20Wellbeing%20SCQF%204%20Marking%20Scheme.docx)**
* [**Slides to be covered for Unit 2**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CSCQF%20Awards%202018-onwards%5CMental%20Health%20and%20Wellbeing%20Award%5CInfluences%20on%20Mental%20Health%5CInfluences%20on%20Mental%20Health%20Outcome%201.pptx) **Outcome 1**

**S6**

**This will be the last period in class for you to complete your Diploma. Please complete using each QR code from the slides below.**

[**One to One Tutoring Opportunity**](../../PSHE%20Newsletter%20content%202018%202019/S6/One%20to%20One%20Tutoring%20in%20St%20Ninians.docx) **– Please complete with pupils if they would be interested in being a tutor for an S4 pupil**

[**Diploma**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5Cs6%20diploma%20slides%202021.pptx)

[**S6 Service and Volunteering Opportunities**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CS6%20Service%202021.pptx)

[**Writing your Personal Statement**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CWriting%20your%20Personal%20Statement.pptx)

E Ward