**ST NINIAN’S HIGH SCHOOL**

**PSHE Newsletter & Lessons**

**Week Beginning 19th October 2021**

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***Focus:***

[**Daily Prayers**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPrayers%202020%202021%5CMonday%204%20October%202021.docx)

[**Pupil Voice Team 2021**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5C2021%5CMaterials%20for%20Newsletter%5CPupil%20Voice%20Team%202021.pptx) **– Please cover with all classes**

[**Black History Month**](https://www.bing.com/videos/search?q=black+history+month+&adlt=strict&view=detail&mid=91415BA6D2C325B4859791415BA6D2C325B48597&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dblack%20history%20month%20%26qs%3Dn%26sp%3D-1%26pq%3Dblack%20history%20month%20scotland%26sc%3D1-28%26sk%3D%26cvid%3D859DA806D93D4327BEDB0E9A254D6C09%26adlt%3Dstrict%26FORM%3DVDVVXX)

**Faith matters**

**Eucharistic Adoration from 12.20-1.00pm every Friday with the Rosary at 12.30pm. Mass in the Oratory, Tuesday, Thursday, Friday, 8.25am.**

**Our Life of Faith – infographics**

* [**The Beauty of Marriage**](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202021%202022/Infographic-The-beauty-of-marriage.jpg)
* [**Church on the way**](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202021%202022/Infographic--Church-on-the-Way.jpg)
* [**Social Friendship**](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202021%202022/Infographic-Social-friendship.jpg)

**Mental Health Awareness**



**S1**

***Please pass pupil council names to year head by the end of the week – copy Mrs McCoy in to the email***

**1a10 – Mr McKean’s class to go to the oratory – take bags with you**

[**Health and Wellbeing IDL Log**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5C2021%5CMaterials%20for%20Newsletter%5CHealth%20and%20Wellbeing%20powerpoint.pptx) **– Please spend 10 minutes at the start of the lesson filling out Log. Class packs to be collected from the Pastoral Base.**

**Positive Mental Health**

[**World Mental Health Day**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CMental%20Health%20Day%202021%5CWorld%20Mental%20Health%20Day%20S1-S3.pptx)

[**Physical Activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CS1%20Physical%20Activity.pptx)

**S2**

***Please pass pupil council names to year head by the end of the week – copy Mrs McCoy in to the email***

**Positive Metal Health**

[**World Mental Health Day**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CMental%20Health%20Day%202021%5CWorld%20Mental%20Health%20Day%20S1-S3.pptx)

[**Physical Activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CPhysical%20Activity%202021.pptx)

**S3**

***Please pass pupil council names to year head by the end of the week – copy Mrs McCoy in to the email***

**Study Skills**

[**World Mental Health Day**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CMental%20Health%20Day%202021%5CWorld%20Mental%20Health%20Day%20S1-S3.pptx)

[**Mental Health – Eating Disorders**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CMental%20Health%20Eating%20disorders.pptx)

[**Physical Activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CExercise%20health%20and%20fitness%20updated%202021.pptx)

**S4**

***Please pass pupil council names to year head by the end of the week – copy Mrs McCoy in to the email***

**4a10 – Mr McKean’s class to go to the oratory – take bags with you**

**Study Skills**

[**World Mental Health Day**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CMental%20Health%20Day%202021%5CWorld%20Mental%20Health%20Day%20S4-S6.pptx)

[**Mental Health – Eating Disorders**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CMental%20Health%20Eating%20disorders.pptx)

[**Relationships**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CRelationships%202021.pptx)

**S5**

***Please pass pupil council names to year head by the end of the week – copy Mrs McCoy in to the email***

**Study Skills**

[**World Mental Health Day**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CMental%20Health%20Day%202021%5CWorld%20Mental%20Health%20Day%20S4-S6.pptx)

[**Mental Health – Eating Disorders**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CMental%20Health%20Eating%20disorders.pptx)

[**Relationships**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CRelationships%202021.pptx)

**S6**

***Please pass pupil council names to year head by the end of the week – copy Mrs McCoy in to the email***

**Paragraph Plan for Personal Statement**

[**One to One Tutoring Opportunity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5COne%20to%20One%20Tutoring%20in%20St%20Ninians.docx) **– Please complete with pupils if they would be interested in being a tutor for an S4 pupil**

[**World Mental Health Day**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CMental%20Health%20Day%202021%5CWorld%20Mental%20Health%20Day%20S4-S6.pptx)

[**Mental Health – Eating Disorders**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CMental%20Health%20Eating%20disorders.pptx)

[**Careers**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CCareers%20research%202021.pptx)

[**Writing your Personal Statement**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CWriting%20your%20Personal%20Statement.pptx)

E Ward