***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 31st August 2020***

***Focus:***

**[Daily Prayers](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPrayers%5C%5CPrayers%202019%202020%5C%5CMonday%2019%20August%202019.docx)**

**• Faith matters**

**Eucharistic Adoration from 12.20-1.00pm every Friday with the Rosary at 12.30pm. Mass in the Oratory, Tuesday, Thursday, Friday, 8.25am. We will be putting in place guidance to manage social distance. National regulations for the celebration of Mass will be followed.**

**Updated Government Guidance – Please cover the below links with classes:**

**[• FACTS – Please cover with all classes](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CFace%20Masks%20Focus.pdf)**

[**• How to wear a face mask safely – Please cover the video with classes**](https://www.youtube.com/watch?v=9Tv2BVN_WTk)

**[• Education Maintenance Allowance – Please cover with S5 and S6](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CEducation%20Maintenance%20Allowance%20%28EMA%29.pptx)**

**Career Appointments**

[**• Any pupil who would like an appointment with the Careers Advisor should use their phone to complete the attached QR Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5C%5CPSHE%20Newsletter%20content%202018%202019%5CCareers%20appointment%20QR%20Code.docx)

**Mental Health Awareness**

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**S1**

**Microsoft Teams – Please spend 10mins with classes to help familiarise themselves with how to use Microsoft Teams – If any pupil in your class is proficient please ask them to log on so that they can show the class how to navigate Teams.**

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS1%20GIRFEC%20Booklet.pptx)

[**Body Image**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5Cbody%20image%20slides%2025%2008%2017.pptx)

[**Health and Safety – Please cover with all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CFINAL%20St%20Ninian%27s%20High%20School%20Health%20%26%20Safety%20Information%20Slides%20for%20Pupils%20updated.pptx)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S2**

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS2%20GIRFEC%20Booklet.pptx)

[**Study Skills for year ahead**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CLesson%202%20PSHE%20and%20HWB%20what%20to%20expect%20S2.ppt)

[**Health and Safety – Please cover with all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CFINAL%20St%20Ninian%27s%20High%20School%20Health%20%26%20Safety%20Information%20Slides%20for%20Pupils%20updated.pptx)

[**Please ask pupils to use their phones to complete the form accessed through the linked QR code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CQR%20code%20for%20pupils%20to%20complete%20in%20PSHE%20August%202020.docx)

**[What is Covid 19? – Please deliver to all classes](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CCOVID%2019%20August%202020.ppt)**

**Body Image**

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S3**

**[Please ask pupils to use their phones to complete the form accessed through the linked QR code](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS3%5C%5CQR%20Code%20for%20PSHE%20August%20S3%202020.docx)**

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS3%20GIRFEC%20Booklet.pptx)

[**Balanced Diet**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CBalanced%20Diet.pptx)

[**Exercise Health and Fitness**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CExercise%20health%20and%20fitness%20%20wb%2028%2008%2017.pptx)

[**Health and Safety – Please cover with all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CFINAL%20St%20Ninian%27s%20High%20School%20Health%20%26%20Safety%20Information%20Slides%20for%20Pupils%20updated.pptx)

[**What is Covid 19? – Please deliver to all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CCOVID%2019%20August%202020.ppt)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S4**

**Mental Health and Wellbeing Award – Understanding Mental Health Issues**

* [**Lesson**](../../../SCQF%20Awards%202018-onwards/Mental%20Health%20and%20Wellbeing%20Award/Understanding%20Mental%20Health%20Issues/Lessons%20for%20Understanding%20Mental%20Health%20Unit%20update.pptx)
* [**Marking Scheme**](../../../SCQF%20Awards%202018-onwards/Mental%20Health%20and%20Wellbeing%20Award/Understanding%20Mental%20Health%20Issues/Understanding%20Mental%20Health%20Issues%20Marking%20Scheme.docx)

[**Health and Safety – Please cover with all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CFINAL%20St%20Ninian%27s%20High%20School%20Health%20%26%20Safety%20Information%20Slides%20for%20Pupils%20updated.pptx)

[**What is Covid 19? – Please deliver to all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CCOVID%2019%20August%202020.ppt)

[**DYW Online Seminars 2020**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CDYW%20Online%20Seminar.docx)

**S5**

**[Opportunity for e-sgoil online Maths Tuition](../../PSHE%20Newsletter%20content%202018%202019/S5/Study%20Support%20%20e-sgoil.docx)**

[**Young Ambassador – Volunteering opportunity for pupils**](../../PSHE%20Newsletter%20content%202018%202019/S5/Young%20Ambassadors%20Presentation.pptx)

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS5%20GIRFEC%20Booklet.pptx)

[**Study Skills – in booklets, highlight the different types of approach to studying. Use ‘Notes’ page for this activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CStudy%20Skills%2025%2008%2017.pptx)

[**Study Tips – Inside the mind of a Procrastinator**](https://www.ted.com/talks/tim_urban_inside_the_mind_of_a_master_procrastinator?utm_campaign=tedspread&utm_medium=referral&utm_source=tedcomshare)

[**Health and Safety – Please cover with all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CFINAL%20St%20Ninian%27s%20High%20School%20Health%20%26%20Safety%20Information%20Slides%20for%20Pupils%20updated.pptx)

[**What is Covid 19? – Please deliver to all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CCOVID%2019%20August%202020.ppt)

[**DYW Online Seminars 2020**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CDYW%20Online%20Seminar.docx)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S6**

**Deadline for YASS applications is 5pm this Friday, 4th September 2020**

[**Referee Presentation – Mr Cheshire will visit classes to discuss with interested pupils**](../../PSHE%20Newsletter%20content%202018%202019/S6/Ref%20presentation.pptx)

[**Health and Safety – Please cover with all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CFINAL%20St%20Ninian%27s%20High%20School%20Health%20%26%20Safety%20Information%20Slides%20for%20Pupils%20updated.pptx)

[**What is Covid 19? – Please deliver to all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CCOVID%2019%20August%202020.ppt)

**Pupils should log on to their respective Google Classrooms/Microsoft Teams and complete their “All About Me” forms**

**Please ask pupils to check the DYW page on the school website for a range of opportunities regarding jobs and apprenticeships**

[**ICE engineering opportunity for pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CICE%20engineering%20opportunity%20for%20pupils.docx)

[**DYW Online Seminars 2020**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CDYW%20Online%20Seminar.docx)

[**Engineering Academy – Please cover with all S6 pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CEngineering%20Acedemy%20-%20Strathclyde%202020%202021.docx)

**Can you pass the following information to those in your S6 Class applying for either Medicine, Dentistry, Veterinary Medicine, Oxford, Cambridge.**

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**Pupils should log on to the school website to see the advice available on how to complete their Personal Statement – See Below Hyperlinks**

[**Link to school website and advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 1 – Advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 2 – How to structure Personal Statement**](https://blogs.glowscotland.org.uk/er/SNHPastoralSupportWebsite/ucas/personal-statement/)

**Fast Track applicants should hand first draft of personal statement to teacher for feedback. Also, log on to UCAS using phones or computers to ensure all information is up to date.**

**Diploma Completion for S6 pupils – See the below instructions**

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2021”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in the folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma**

[**Link to examples of previous diplomas**](file:///%5C%5Csnhm02%5Cpupil%24%5CPSHE%5CDiploma%202017)

**[Link to Lesson for “Responsible Citizen”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CResponsible%20Citizen%20examples.pptx)**

**[Link to Lesson for “Confident Individual”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CConfident%20Individual%20examples.pptx)**

**[Link to Lesson for “Successful Learner”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CSuccessful%20Learner%20examples.pptx)**

T. Low