***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 5th October 2020***

***Focus:***

**• Faith matters**

**Eucharistic Adoration from 12.20-1.00pm every Friday with the Rosary at 12.30pm. Mass in the Oratory, Tuesday, Thursday, Friday, 8.25am. We will be putting in place guidance to manage social distance. National regulations for the celebration of Mass will be followed.**

[**PSHE Prayers**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CPSHE%20Prayers%5Cwb%2028%2009%2020.docx)

**•** [**HGIOURS – Please cover with all pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPT%20Development%5C2020-21%5CKG%5CHGIOURS%5CAssembly%20Slides.pptx)

[**• P.E. Procedures – Please cover with all pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CPhysical%20Education%20Procedures.pptx)

**• Assembly Slides**

**[Please cover relevant information with each PSHE Class](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CAssembly%20Slides%202020%5C%5C20-21%20Assembly%20Slides%5C%5CAssembly%20slides%20-%2020-21.pptx)**

[**• Academic Resilience**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CWeekly%20Bulletins%202020%202021%5CAcademic%20Resilience.pdf)

***Promoting Children and Young People’s Mental Health***

**Scroll to bottom of the link and watch “How to talk about mental health” video**

**Mental Health Awareness**

**S1**

[**Survey following Interim report TBC by all pupils – click for QR Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPT%20Development%5C2020-21%5CKG%5CBGE%20Tracking%5CS1%20Survey%20QR%20Code%20%28Sept%29.png)

[**• Talented Athletes programme**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CTalented%20athletes%20programme%202020%20powerpoint.pptx) **– Please encourage S1 pupils**

[**Sponsored event for S1 pupils – Please cover with all classes**](../../PSHE%20Newsletter%20content%202018%202019/S1/Trip%20to%20Tokyo.pptx)

**Complete Wellbeing Web for Term 1 in PSHE booklets Page 19 and complete All About Me on page 21 & 22**

[**Carolside Sports Club 2008s opportunity for pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CCarolside%20Sports%20Club.docx)

[**Dealing with bullying**](../../PSHE%20Newsletter%20content%202018%202019/S1/S1%20Lesson2%20dealing%20with%20Bullying.ppt)

[**What is bullying?**](../../PSHE%20Newsletter%20content%202018%202019/S1/S1%20Lesson1%20what%20is%20bullying%20New.ppt)

[**Staying Safe Online**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CInternet%20Safety%5CStaying%20safe%20online.pptx)

**S2**

[**Survey following Interim report TBC by all pupils – click for QR Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPT%20Development%5C2020-21%5CKG%5CBGE%20Tracking%5CS2%20Survey%20QR%20Code%20%28Sept%29.png)

[**• Talented Athletes programme**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CTalented%20athletes%20programme%202020%20powerpoint.pptx) **– Please encourage S2 pupils**

[**Sponsored event for S2 pupils – Please cover with all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CTrip%20to%20Tokyo.pptx)

**Please ask all S2 pupils to complete the online survey regarding their interim report using their SCN**

**Tracking conversation with pupils / Target setting. Ask pupils to use their School Diaries to set targets from Pastoral Conversation**

[**Hunting the Cyber Bullies**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CHunting%20the%20Cyber%20Bullies.ppt) **- Clickview -Panorama February 2012. Watch video and use Powerpoint with class**

**S3**

**[Survey following Interim report TBC by all pupils – click for QR Code](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPT%20Development%5C%5C2020-21%5C%5CKG%5C%5CBGE%20Tracking%5C%5CS3%20Survey%20QR%20Code%20%28Sept%29.png)**

**Please ask all S3 pupils to complete the online survey regarding their interim report using their SCN**

**Tracking conversation with pupils / Target setting. Ask pupils to use their School Diaries to set targets from Pastoral Conversation**

**Homework Diary Check – Please check and sign pupils Diaries**

[**My World of Work**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CMyWoW%20PSHE.PPTX)

[**Body Image**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CBody%20Image.ppt)

[**Sound Sleep**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CSound%20Sleep.ppt)

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS3%20GIRFEC%20Booklet.pptx)

**S4**

**[BGE Badges – Please cover with all classes and give out badges](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPT%20Development%5C%5C2019-20%5C%5CKG%5C%5CBGE%5C%5CS3%20BGE%20Celebration%5C%5CS3%20Design%20Competition%5C%5CWinning%20Badge%20and%20Postcard.pptx)**

**PSHE Booklet – Health and Wellbeing Pages 10, 11, 12 & 13.**

**Complete Term 1 Sections**

[**Study Timetable Template – Please highlight to pupils and print off if pupils would like a copy.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CSNHS%20Study%20TImetable.pub)

[**Tracking Reports to be covered by Pastoral Teachers – See email from Mrs Wilson**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CS4%20tracking%20for%20PSHE.ppt)

[**Anti-Smoking**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CNew%20S4%20anti%20smoking.ppt) **– Clickview - Introducing Tobacco**

**Wednesday 21st / 28th October – Campus Police officer talk will commence in each class at different stages throughout the period**

**21st October**

**28th October**

**4a9**

**4a10**

**4a6**

**4a7**

**4a8**

**Friday 23rd / 30th October – Campus Police officer talk will commence in each class at different stages throughout the period**

**23rd October**

**30th October**

**4a4**

**4a5**

**4a1**

**4a2**

**4a3**

**Mental Health and Wellbeing Award – Understanding Mental Health Issues**

* [**Marking Scheme**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CSCQF%20Awards%202018-onwards%5CMental%20Health%20and%20Wellbeing%20Award%5CUnderstanding%20Mental%20Health%20Issues%5CUnderstanding%20Mental%20Health%20Issues%20Marking%20Scheme.docx)

**S5**

[**Study Timetable Template – Please Highlight to pupils and print off if pupils would like a copy.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CSNHS%20Study%20TImetable.pub)

[**Sound Sleep**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5Csound%20sleep.ppt)

**[Prepare a Study Plan – What do top students do?](https://youtu.be/Na8m4GPqA30)**

**[Watch the video and look to see how you can create an effective study plan for yourself](https://youtu.be/Na8m4GPqA30)**

**Complete S5 achievements profile on Pages 36, 37, 38 and 39. Also complete Academic transferable skills and Attributes Page 40.**

**[Education Maintenance Allowance – Please cover with S5 and S6](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CEducation%20Maintenance%20Allowance%20%28EMA%29.pptx)**

**[Opportunity for e-sgoil online Maths Tuition](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS5%5C%5CStudy%20Support%20%20e-sgoil.docx)**

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS5%20GIRFEC%20Booklet.pptx)

[**Study Skills – in booklets, highlight the different types of approach to studying. Use ‘Notes’ page for this activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CStudy%20Skills%2025%2008%2017.pptx)

[**DYW Online Seminars 2020**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CDYW%20Online%20Seminar.docx)

**S6**

[**SCQF Volunteering Unit 1**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CSCQF%20Awards%202018-onwards%5CVolunteering%20Skills%5C2020-2021%5CUnit%20One%5CSCQF%20Level%205%20Volunteering%20Award%20Classroom%20notes%20for%20booklet.pptx) **- Unit 1 booklet will be sent out to staff who will then upload as an assignment on teams / Google classrooms. Pupils should complete this on computers and save their progress on their own individual H drives**

[**Engineering Webinars – Please show to all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CEngineering%20Webinars.jpg)

[**Year Book – Please show slide to all S6 pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CYearbook%202020%20Slide.pptx)

**Maths Textbooks – Please return any Maths books that you used last year. These books cannot be replaced by the department and are needed by pupils who are sitting Maths this year**

**[Mental Health Committee – Please pass any names on to](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CMental%20Health%20Committee.pptx)**

**[C. McCallum if pupils are interested in becoming a Mental Health First Aider](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CMental%20Health%20Committee.pptx)**

[**SCQF Volunteering Unit 1**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CSCQF%20Awards%202018-onwards%5CVolunteering%20Skills%5C2020-2021%5CUnit%20One%5CSCQF%20Level%205%20Volunteering%20Award%20Classroom%20notes%20for%20booklet.pptx) **- Unit 1 booklet will be sent out to staff who will then upload as an assignment on teams / Google classrooms. Pupils should complete this on computers and save their progress on their own individual H drives**

**Career Appointments**

[**• Any pupil who would like an appointment with the Careers Advisor should use their phone to complete the attached QR Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5C%5CPSHE%20Newsletter%20content%202018%202019%5CCareers%20appointment%20QR%20Code.docx)

**Pupils should log on to their respective Google Classrooms/Microsoft Teams and complete their “All About Me” forms**

**Please ask pupils to check the DYW page on the school website for a range of opportunities regarding jobs and apprenticeships**

**Pupils are to leave class at 1.45pm to avoid corridor congestion**

[**All about me – Complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CAll%20about%20Me.doc)

**Pupils should log on to the school website to see the advice available on how to complete their Personal Statement – See Below Hyperlinks**

[**Link to school website and advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 1 – Advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 2 – How to structure Personal Statement**](https://blogs.glowscotland.org.uk/er/SNHPastoralSupportWebsite/ucas/personal-statement/)

**Fast Track applicants should hand first draft of personal statement to teacher for feedback. Also, log on to UCAS using phones or computers to ensure all information is up to date.**

**Diploma Completion for S6 pupils – See the below instructions**

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2021”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in the folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma**

[**Link to examples of previous diplomas**](file:///%5C%5Csnhm02%5Cpupil%24%5CPSHE%5CDiploma%202017)

**[Link to Lesson for “Responsible Citizen”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CResponsible%20Citizen%20examples.pptx)**

**[Link to Lesson for “Confident Individual”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CConfident%20Individual%20examples.pptx)**

**[Link to Lesson for “Successful Learner”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CSuccessful%20Learner%20examples.pptx)**

T. Low