***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 26th August 2019***

***Focus:***

**[Daily Prayers](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPrayers%5C%5CPrayers%202018%20-%202019%5C%5CMonday%2027%20August%202018%20%282%29.docx)**

* [**A Vision of Education for Our Young People**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CFocus%20For%20The%20Week%5CFocus%2018-19)
* [**C19: Permission for Pupils to be Out of Class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CFocus%20For%20The%20Week%5CFocus%2018-19)
* [**Focus On Corridor Movement, Racism, Bullying**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CFocus%20For%20The%20Week%5CFocus%2018-19)
* **Thursday 29th August Mass of Welcome at 7pm in the school Oratory for all families and the marking of the Ascensio Scholarum.**
* [**Wellbeing**](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202019%202020/Wellbeing.pub)

**Lockers**

**All S2-S6 locker holders should ensure their locker is securely closed and padlocked.**

**If it has a tie or a School padlock on it a new 40mm padlock should be purchased asap and you must see Mrs Callan or Mrs Zochowska in School office. It may not be possible for it to be resolved immediately but you MUST return to office when asked to do so.**

**[Extra-Curricular programme booklet](https://blogs.glowscotland.org.uk/er/StNinians/files/2017/09/FINAL-Extra-Curricular-2017-18.pdf)**

**Saltire Awards**

**As you return to school after the summer break, please make sure that you are proactive in recording volunteering hours in order to gain a Saltire Award.**

**Please visit ‘Bridge the Gap’ at: http://bridgethegap.co/**

**This website provides updates and opportunities in East Renfrewshire for young people. It has been built by and for the young People of East Renfrewshire. You can find more information about Volunteering in East Renfrewshire, Volunteering Awards, Work & Training, and much more here. Please be aware that hours used towards other awards such as Duke of Edinburgh can be counted towards the Saltire award as well.**

**Please note that all Saltire submissions should be made directly to Mrs Miller to ensure hours are recorded.**

**Please see Mrs Miller for all information relating to Saltire Awards.**

**Mental Health Awareness**





**S1**

[**Sports Council – Nominate two pupils from each Alpha class who wish to considered for the sports council and pass the names to T.Low.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CSports%20Council%20Elect.pptx)

**PSHE First Aid Visits – Please collect visitor from the school office prior to lesson beginning:**

**1a6 – 28th August**

**1a1 – 30th August**

**[Induction Slides](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CPowerpoint%20for%20Standards%20and%20Expectations%2019%2020%20August.pptx)**

[**Body Image**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5Cbody%20image%20slides%2025%2008%2017.pptx)

[**My first week in St.Ninian’s**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Lower%20Phase%5CS1%20PSHE%5CStudy%20Skills%20and%20Induction%20material%5CS1%20First%20Week.ppt)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S2**

[**Body Image**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CS2%20Body%20Image.pptx)

[**Study Skills for year ahead**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CLesson%202%20PSHE%20and%20HWB%20what%20to%20expect%20S2.ppt)

[**Body Image**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CS2%20Body%20Image.pptx)

**[Induction Slides](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CPowerpoint%20for%20Standards%20and%20Expectations%20including%20induction%20slides%202018%202019.pptx)**

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S3**

[**My WoW Ambassador Programme**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CMyWoW%20PSHE.PPTX)

[**Balanced Diet**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CBalanced%20Diet.pptx)

[**Exercise Health and Fitness**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CExercise%20health%20and%20fitness%20%20wb%2028%2008%2017.pptx)

**[Induction Slides](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CPowerpoint%20for%20Standards%20and%20Expectations%20including%20induction%20slides%202018%202019.pptx)**

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S4**

[**Study Tips – Inside the mind of a Procrastinator**](https://www.ted.com/talks/tim_urban_inside_the_mind_of_a_master_procrastinator?utm_campaign=tedspread&utm_medium=referral&utm_source=tedcomshare)

**PSHE Booklet – Health and Wellbeing Pages 10, 11, 12 & 13.**

**Complete Term 1 Sections**

[**Study Skills for S4**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CS4%20Study%20Skills.pptx) **–** [**Study Skills Video**](https://clickv.ie/w/Wj8j)

**Work Experience – Please go over with your respective classes**

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S5**

[**Study Skills – in booklets, highlight the different types of approach to studying. Use ‘Notes’ page for this activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CStudy%20Skills%2025%2008%2017.pptx)

[**Study Tips – Inside the mind of a Procrastinator**](https://www.ted.com/talks/tim_urban_inside_the_mind_of_a_master_procrastinator?utm_campaign=tedspread&utm_medium=referral&utm_source=tedcomshare)

**[Induction Slides](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CPowerpoint%20for%20Standards%20and%20Expectations%20including%20induction%20slides%202018%202019.pptx)**

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S6**

**Stuart Ivory "Money Talks" sessions 6a1 – Thursday 29th August 1.00pm**

**Please collect guest from the reception prior to the start of the lesson**

[**Study Tips – Inside the mind of a Procrastinator**](https://www.ted.com/talks/tim_urban_inside_the_mind_of_a_master_procrastinator?utm_campaign=tedspread&utm_medium=referral&utm_source=tedcomshare)

**Pupils are to leave class at 1.45pm to avoid corridor congestion**

[**All about me – Complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CAll%20about%20Me.doc)

[**S6 Service Slides**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%20Service%20Updated.pptx)

***Heriot Watt University Open Days – Edinburgh Campus***

***Saturday 14 September***

***Saturday 26 October***

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**Diploma Completion for S6 pupils – See the below instructions**

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2020”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in the folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma**

[**Link to examples of previous diplomas**](file:///P%3A%5CPSHE%5CDiploma%202017)

**[Link to Lesson for “Responsible Citizen”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CResponsible%20Citizen%20examples.pptx)**

**[Link to Lesson for “Confident Individual”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CConfident%20Individual%20examples.pptx)**

**[Link to Lesson for “Successful Learner”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CSuccessful%20Learner%20examples.pptx)**

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt)

**S6 Service – encourage pupils to sign up to volunteering opportunities that are on offer throughout the year**

T. Low