***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 23rd October 2017***

***Focus:***

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| **Welcome back and best wishes for the term ahead.** |
| **S6 Halloween Disco – Wednesday 25th October (7.30 – 9.30)****All staff welcome to attend and supervise this excellent event.****[Be knowledgeable about how to keep yourself healthy, both emotionally and physically – Staff Briefing.](../../Bulletin%2011%20Focus%20for%20the%20week/Be%20knowledgeable%20about%20your%20health.msg.docx)****Health and Wellbeing Week 23rd – 27th October – Good health at home****and at work. Discuss the issues of Mental health with classes and** **ensure pupils are aware of what options they have to speak with people****if they feel they need someone to talk to.**[**10 keys to happiness – copy in to PSHE workbooks**](../../Bulletin%2011%20Focus%20for%20the%20week/10_Keys_to_Happiness_wall_poster.pdf) |

**[Daily Prayers](../../../Prayers/Prayers%202018/Monday%2023%20October%202017.docx)**

**S1**

**S1 Fire Talk Friday 27th Period 3. All pupils are to attend the Forum and bring their bags for the talk.**

**Target Setting Following Interim Reports**

[**Peer Pressure and Bullying**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPeer%20Pressure%20%26%20Bullying.ppt) **– Watch video and discuss peer pressure and its effect –** [**Peer Pressure**](https://www.youtube.com/watch?v=ZRhak1wlaoI)

[**Hunting the Cyber Bullies**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CHunting%20the%20Cyber%20Bullies.ppt) **– Clickview -Panorama February 2012. Watch video and use Powerpoint with class**

[**Dealing with Bullying**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CS1%20Lesson2%20dealing%20with%20Bullying.ppt)

[**What is Bullying**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CS1%20Lesson1%20what%20is%20bullying.ppt)

[**Physical Well Being Unit Faith Links**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CPSHE%20Lower%20Phase%5CS1%20PSHE%5CPhysical%20Wellbeing%5CFaith%20links%20for%20S1%20Physical%20Wellbeing%20Unit.doc)

**S2**

**YPI – PSHE Lesson 2 for YPI –** [**PowerPoint lessons**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CYPI%5CPowerPoint%20Slides%5CYPI%20Teacher%20PowerPoint%202017-18.pptx)

[**Link to YPI folder for Pupil booklet, info for charities and Judging Criteria for presentations.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CYPI)

**Target Setting following interim report – Pupil to complete assignment below during learner discussions**

[**S2 Wider Achievement Assignment**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CS2%20PSHE%20Assignment.pptx)

[**Hunting the Cyber Bullies**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CHunting%20the%20Cyber%20Bullies.ppt) **- Clickview -Panorama February 2012. Watch video and use Powerpoint with class**

[**Online Social Media Profile Questions**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CFriendbook%20profile%20questions.pdf)

[**Online Social Media Profile sample**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CFriendbook%20sample%20timeline.pdf)

[**The impact of Bullying**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CS2%20Lesson%202%20Bullying%20impact.ppt)

[**Physical Well Being Unit Faith Links**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CPSHE%20Lower%20Phase%5CS2%20PSHE%5CPhysical%20Wellbeing%5CFaith%20links%20for%20S2%20Physical%20Wellbeing%20Unit.doc)

**S3**

[**Confident Me - work through PDF and watch video**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CBody%20Image%20Dove%20Resources%20Confident%20Me.zip)

**Target Setting following interim report**

**My world of work ambassador programme**

[**Staff Notes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPT%20Development%5CFK%5CMyWoW%20ambassador%5CMy%20WoW%20ambassador%20programme.docx)

[**Slides for pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPT%20Development%5CFK%5CMyWoW%20ambassador%5CMyWoW%20recruitment.pptx)

[**Body Image/ Self Image**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CBody%20Image.ppt) **– Clickview - Self Identity**

[**Sound Sleep**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CSound%20Sleep.ppt)

[**Study Skills**](file:///S%3A%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CS3%20Study%20Skills.ppt)

[**Exercise, Health and Fitness**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CExercise%20health%20and%20fitness%20%20wb%2028%2008%2017.pptx)

[**Balanced Diet**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS3%5CBalanced%20Diet.pptx)

**S4**

**Work Experience Prep – Ensure pupils have logged on to ‘WorkIT’ and that they have contacted employers regarding attending for Work Experience.**

[**Sound Sleep**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CSound%20Sleep%5CS3%20%26%20S4%5CPowerPoint%20Presentations%5CS3_S4_Presentation_lesson_1.ppt)

[**Anti Smoking**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CNew%20S4%20anti%20smoking.ppt) **– Clickview - Introducing Tobacco**

**Target Setting Following Interim Report**

**Work Experience Check**

[**Crime and the Law**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CCrime%20and%20Law.ppt) **- Go over slides and video on Clickview – *Youth Crime in Britain***

[**Apprenticeship posts available – Please show pupils**](https://blogs.glowscotland.org.uk/er/snhscareers/)

[**British Red Cross**](file:///S%3A%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CS4%20The%20British%20Red%20Cross.pptx)

**Log in to ‘Work IT’ and check to see if placements have been accepted.**

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt) **– log in and set up account**

**Pick a career pupils would be interested in.**

[**NHS Work Experience Info – Essential for pupils going on Work experience with the NHS.**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS4%5CNHS%20INFO%202017%20for%20work%20experience.pptx)

[**Study Skills**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS4%5CS4%20Study%20Skills.pptx)

**S5**

[**Careers Website- Highlight to Pupils Training and Apprenticeship opportunities**](https://blogs.glowscotland.org.uk/er/snhscareers/)

[**Alcohol and the Teenage Brain**](https://www.youtube.com/watch?v=g2gVzVIBc_g) **– Watch video**

[**Alcohol**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CTop%20Tips%20for%20staying%20safe%20if%20you%20plan%20to%20drink.pdf) **– Tips for staying safe – Discuss with class the effects of alcohol and the dangers.**

**Clickview - Jo’s story – Keeping myself safe at parties**

**Follow link to Police Scotland advice on** [**“Party Safe”**](http://www.scotland.police.uk/keep-safe/personal-safety/party-safe) **– Discuss with Class.**

[**Police, Gangs and Knives**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CPOLICE%20GANGS%20KNIFE.pptx)

[**Crime and Punishment**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CCrime%20%26%20Punishment.ppt)

[**Study Skills**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CPSHE%20Class%20Material%5CPSHE%20PowerPoint%20lessons%5CStudy%20skills)

**Preparing a Study Plan**

[**Sound Sleep**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CSound%20Sleep%5CS5%20%26%20S6)

**S6**

**Anthony Nolan Assembly for All S6. Please register and take classes to the forum with school bags.**

**Year book photos 6a5 – Thursday 26th October Period 5**

[**Australian and New Zealand University Open Days – November 2017**](../S6/FW%20Australia%20and%20New%20Zealand%20Universities%20Events%20next%20month%21.msg)

**S6 Pupils must attend the Pastoral base for a careers appointment if they receive a slip saying that they have a meeting. If you cannot make your careers appointment please let your Pastoral teacher know.**

[**Awards in Volunteering**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS6%5CAward%20in%20Volunteering%20Skills%20SCQF%20Level%203.pptx) **– Booklets can be collected from beside Miss Goodenough’s desk in Pastoral Base**

**Complete S6 PSHE Booklets**

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt) **– Pupils should log on and research the requirements for their desired University or College course.**

[**Link to school website and advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 1 – Advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 2 – How to structure Personal Statement**](https://blogs.glowscotland.org.uk/er/SNHPastoralSupportWebsite/ucas/personal-statement/)

***Fast Track applicants should be continuing to provide drafts of personal statements to their Pastoral teacher for feedback.***

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt)

[**S6 Service**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CS6%20Service%5C201617%5CService%20Booklet%20201617.docx)

[**Study Skills**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CPSHE%20Class%20Material%5CPSHE%20PowerPoint%20lessons%5CStudy%20skills)

**T. Low**