***St Ninian’s High School***

***PSHE Newsletter***

***Week beginning 19th March 2018***

***Focus for the week:***

**[Lent 6](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5CBulletin%2032%5C%5CLent%206%202018.pub)**

**O my God, my Redeemer, behold me here at Thy feet. From the bottom of my heart I am sorry for all my sins, because by them I have offended Thee, Who art infinitely good. I will die rather than offend thee again.**

* **Easter School:** Programme available from Year Heads and Pastoral Teachers. Many thanks to colleagues able to support the programme
* **Lenten Station Mass, Tuesday 7pm:** Thank you for your presence and support
* **Fashion Show & Art Exhibition, Wednesday 21st March., 7pm**
* **Stars in Your Eyes, Tuesday 27th March, 7pm. Ticket: £3.**

**Enjoy the *Afternoon Tea For Life* 1-4pm Saturday 24 March. Sandwiches, cakes, beverages and wonderful live music. Ticket: £5/£3 from School Office. Thank you to staff supporting the day.**

* [**Estimate Grades: Please discuss with your pupils the grade you are submitting to SQA**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CSigning%20Out%20Procedures.pptx)
* [**Go Safe East Ren – Road Safety**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2031%5CGo%20Safe%20East%20Ren.pptx)

**[Daily Prayers](../../../Prayers/Prayers%202018/Monday%2019%20March%202018.docx)**

**S1**

[**Holiday Activities**](../../Bulletin%2032/Holiday%20Activities%202018%20flyer.pdf)

**Careers advisors subject talk**

**Wednesday P4 - 1a9 and 1a10**

**Talks will be in each class. Please register pupils and wait for careers advisor**

[**Family Functions and Role**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CThe%20Family%20-%20Functions%20%26%20Role.ppt)

[**Friends and Friendship**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CFriends%20%26%20Friendship.ppt)

[**What is good Mental Health?**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CWhat%20is%20good%20Mental%20Health.pptx)

**Collect in “Inspiring Purpose” poster and give to Mr Low.**

[**Planning for choices**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPlanning%20for%20Choice%20and%20change%5CPlanning%20for%20choices.pptx)

**Music Trip to see “Wicked” in Edinburgh. Deadline for letters to be handed in is Friday 2nd March**

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

[**Saltire Award – Please cover with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2026%5CSALTIRE%20PRESENTATION.pptx)

**[Inspiring Purpose](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS1%5C%5CInspire%20Aspire%20-%20Global%20Citizenship%5C%5CInspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%201.pptx)**

**[Part 1 – Inspiring Purpose Booklets required](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS1%5C%5CInspire%20Aspire%20-%20Global%20Citizenship%5C%5CInspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%201.pptx)**

[**Part 2 – Inspiring Purpose**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CInspire%20Aspire%20-%20Global%20Citizenship%5CInspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%202.pptx)

[**Part 3 – Inspiring Purpose**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CInspire%20Aspire%20-%20Global%20Citizenship%5CInspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%203.pptx)

**S2**

[**Holiday Activities**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2032%5CHoliday%20Activities%202018%20flyer.pdf)

**PSHE Booklet Completion for end of term**

**[Stressed out](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS2%5C%5CStressed_Out%5B1%5D.ppt)**

[**Resilience 1**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CResilience.pptx)

[**Healthy Relationships**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CHealthy%20Relationships.ppt)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

**Pastoral to ask pupils how many YPI groups actually met with their Charities. Please give feedback to K.Grant**

[**Saltire Award – Please cover with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2026%5CSALTIRE%20PRESENTATION.pptx)

**[Mental Health – Eating Disorders](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS2%5C%5CMental%20Health%20Eating%20disorders.pptx)**

[**Mental Health**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CMental%20Health.pptx)

[**Human Rights**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CHuman%20Rights.ppt)

**S3**

[**Holiday Activities**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2032%5CHoliday%20Activities%202018%20flyer.pdf)

**Parents Evening Thursday – Complete PSHE booklet. Pupils are to take booklets home and bring to Parents evening on Thursday.**

[**Domestic Abuse**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CDomestice%20abuse.ppt)

[**Getting the Lowdown – Stress and Anxiety**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CShortcut%20to%20GTLDScotland.lnk)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

**Keeping Myself Safe- Using Technology: Clickview: *Becky’s Story***

[**Social Media**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CInternet%20use%20and%20social%20media.pptx)

[**Dress Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CDress%20code.pptx)

[**My World of Work Registration – For anyone who has not yet registered – See attached lesson**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt)

**Work through completing PSHE booklets. Subjects and GIRFEC Section**

[**Young Carers**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CYoung%20Carers.pptx)

[**Study Skills**](file:///S%3A%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CS3%20Study%20Skills.ppt) **- Recap on how to study for class/block tests**

**S4**

**PSHE Booklet - Complete Post 1 comments and skills section**

**[Positive Mental Attitudes – How does it feel?](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS4%5C%5CS4%20how%20does%20it%20feel.ppt)**

[**Film Course – Please advertise to classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulleting%2029%5CFilm%20course%20flyer.pdf)

**Knife Violence & Gang Culture‐ *Knife City (Clickview)***

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

**S4 in to S5 Options – Please see packs in Pastoral base and email from S. McMaster for details –** [**Link to email - Do not put on main screen**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CS4%20into%20S5%20Options%20.msg)

[**Saltire Award – Please cover with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2026%5CSALTIRE%20PRESENTATION.pptx)

[**Online etiquette**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5COnline%20etiquette.pptx)

**[Social Media](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS4%5C%5CInternet%20use%20and%20social%20media.pptx)**

[**Dress Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CDress%20code.pptx)

[**Self-Harm**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CSelf%20Harm.pptx)

[**Getting the Lowdown – Stress and Anxiety**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CStress%20and%20Anxiety.pptx) **– PPt**

**Use the below link for the application for class**

**S5**

**S5 in to S6 Options to be completed**

**[Domestic Violence](https://www.youtube.com/watch?v=J3zzV-bZ5dU)**

***Click view -* Drug Education for Teens – (Pastoral Staff to choose video topic to be shown to class)**

[**Film Course – Please advertise to classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulleting%2029%5CFilm%20course%20flyer.pdf)

[**Positive Mental Attitudes - Stigma**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CStigma%20on%20Mental%20Health.pptx)

[**Support Strategies - Discussion of support for pupils *E.g. Pastoral Teacher, Rainbows Group etc.***](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CSupport%20Strategies.pptx)

***Jennifer Hunter has also been in touch with Mrs McCrea and offered her support if any pupils feel they need someone to talk to.***

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

[**Anti-Smoking**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CAnti%20Smoking.pptx)

[**Dress Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CDress%20code.pptx)

[**Peer Pressure, Drugs and alcohol**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CPeer%20Pressure%20-%20Drugs%20-%20Alcohol.pptx)

**Study Skills**

* **Preparing for Exams**
* **Study Plan**

**S6**

**SAAS Talk – Please register your class and take them to the forum**

[**Film Course – Please advertise to classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulleting%2029%5CFilm%20course%20flyer.pdf)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

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**Diploma – Pupils to start to complete Diplomas on computers**

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2018”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in the folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to their Diploma**

[**Link to examples of previous diplomas**](file:///P%3A%5CPSHE%5CDiploma%202017)

[**Link to Lesson for “Responsible Citizen”**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS6%5CS6%20Diplomas%5CResponsible%20Citizen%20examples.pptx)

**[Link to Lesson for “Confident Individual”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS6%5C%5CS6%20Diplomas%5C%5CConfident%20Individual%20examples.pptx)**

[**Link to Lesson for “Successful Learner”**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS6%5CS6%20Diplomas%5CSuccessful%20Learner%20examples.pptx)

**[Link to Lesson for “Effective Contributor”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS6%5C%5CS6%20Diplomas%5C%5CEffective%20Contributor%20examples.pptx)**

[**Link to School Website**](https://blogs.glowscotland.org.uk/er/snhss5201617/2018/01/25/s6-diploma-confident-individuals/)