***St. Ninian’s High School***

***PSHE Newsletter***

***Week beginning 15th April 2019***

***Focus:***

* [**5 steps to wellbeing video – Please show all classes**](file:///\\snhm02\Staff$\All%20Staff\5%20Steps%20to%20Wellbeing%20Video\5%20Steps%20to%20Wellbeing.MP4)

**• Holy Week: Thank you to Fr. Stephen, Fr. Patten, Monsignor Monaghan, staff, pupils and parents for your support for our Lenten Programme.**

**• Finalising preparation for the SQA Exams: Timetable of exams / Revision programme / Letter to Pupils and their Parents**

**• Wishing pupils and staff a very happy Easter and enjoyable weekend.**

* **[Lent 5:](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202018%202019/Lent%205.pub)** [For use with your pupils and for personal use.](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202018%202019/Lent%205.pub)
* [**Credit Union – Please promote to all year groups and staff**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S6\Join%20the%20credit%20union.pptx)
* [**Health and Wellbeing Committee Needs You!!!**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\Weekly%20Bulletins%202018%202019\Health%20and%20Wellbeing%20Committee%20poster.pptx)

[**Outstanding Library materials – please ask pupils to return books etc.**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\Weekly%20Bulletins%202018%202019\Copy%20of%20S6%20Library%20stn%2019%20(003).xlsx)

**[Daily Prayers](../../../Prayers/Prayers%202018%20-%202019/Monday%2015th%20April%202019.docx)**

**Mental Strength HWB**



**S1**

[**Stressed Out**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S2\Stressed_Out%5b1%5d.ppt)

[**Friends and Friendship**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\Friends%20&%20Friendship.ppt)

[**Planning for Choices**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\Planning%20for%20Choice%20and%20change\Planning%20for%20choices.pptx)

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

**Complete Inspiring Purpose booklet**

**S2**

[**Getting the Lowdown**](../../PSHE%20Newsletter%20content%202018%202019/S2/GTLDScotland.exe)

[**Healthy Lifestyle**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S2\Healthy%20Lifestyle%20S2.pptx)

[**Mental Health Awareness**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S2\Mental%20Health.pptx)

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

**S3**

**SDS Workshops**

* **Monday 15th April Period 6 3a6**
* **Tuesday 16th April Period 6 3a1**

[**Alcohol lesson**](../../PSHE%20Newsletter%20content%202018%202019/S3/Alcohol%20Abuse.pptx)

**[Social media use & internet safety](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S3\\Internet use and social media 1.pptx)**

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

**[Transferable Skills](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S3\\Transferrable skills 2019.pptx)**

**S4**

[**Preparing for Study Leave**](../../PSHE%20Newsletter%20content%202018%202019/S4/About%20Studying.ppt)

**[School Holidays – Balancing time](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S1\\School Holidays Easter.pptx)**

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

**[Positive Mental Attitudes – How does it feel?](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S4\\S4 how does it feel.ppt)**

**Knife Violence & Gang Culture‐ *Knife City (Clickview)***

[**EMA – Education Maintenance Allowance**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Education%20Maintenance%20Allowance%20(EMA).pptx) **– Go over with pupils**

**S5**

[**Preparing for Study Leave**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S4\About%20Studying.ppt)

***Police Scotland are currently offering 1 place per school on the week long, work experience programme which is designed for young people who have an interest in joining the police. The week of the programme is Monday 10th until Friday 14th June 2019. The minimum age for the young people to get a place on the programme is 16 years old (at the time of the programme starting). Deadline for the application is Wednesday 17th April 2019. Please see your Pastoral teacher if interested in this opportunity.***

**[School Holidays – Balancing time](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S1\\School Holidays Easter.pptx)**

***Click view -* Drug Education for Teens – (Pastoral Staff to choose video topic to be shown to class)**

[**Positive Mental Attitudes - Stigma**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Stigma%20on%20Mental%20Health.pptx)

[**Work Experience Survey – Please ask pupils to follow the link via the QR code and fill in any work experience they have done**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Work%20Experience%20Surveys%20S5.docx)

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

[**Anti-Smoking – Clickview – *Smoking Our deadliest Habit –* Click on link and use glow details to log in**](http://online.clickview.co.uk/libraries/videos/75a04286-9402-fbbc-6009-83816d77a3b9/epidemiology-linking-smoking-to-lung-cancer)

**Ensure that PSHE booklets are up to date including:**

* **Full report reflection for S5**
* **Career education standards**
* **Wellbeing web**
* **SHANARRI task**

**S6**

**Pupils should log on to the S6 School Website page and click on the “S6 Diploma 2019” link and add their Diploma comments to the Microsoft forms document**

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

**Diploma Completion for S6 pupils – See the below instructions**

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2019”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in the folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma**

[**Link to examples of previous diplomas**](file:///P:\PSHE\Diploma%202017)

**[Link to Lesson for “Responsible Citizen”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Responsible Citizen examples.pptx)**

**[Link to Lesson for “Confident Individual”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Confident Individual examples.pptx)**

**[Link to Lesson for “Successful Learner”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Successful Learner examples.pptx)**

**[Link to Lesson for “Effective Contributor”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Effective Contributor examples.pptx)**

**T. Low**