***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 11th September 2017***

***Focus:***

[**Vocation Awareness Week: Sunday 10th – 17th September**](https://youtu.be/y1G9al5qHRo)

[**Road Safety**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CBulletin%205%20focus%20of%20the%20week%5CRoad%20Safety.pub)

[**Personal and online Safety**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CBulletin%205%20focus%20of%20the%20week%5Cpersonal%20safety%20-%20staying%20safe%20online.pub) **– (Once you have viewed the slides, search “*Horizon Cyber Attack the day the NHS stopped” on Clickview*)**

[**Local Improvement Plan 2017 - 2020**](http://www.eastrenfrewshire.gov.uk/CHttpHandler.ashx?id=16800&p=0)

[**Faith Forum – Please see Mr Bradshaw**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CFaith-Forum-poster-S1-Aug-update.pdf)

**Daily Prayers**

**S1**

[**European Sports Day – Please Promote with S1 classes**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CEuropean%20Sports%20Day%5Cposter.jpg)

**Internet Safety**

**[Body Image](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS1%5C%5Cbody%20image%20slides%2025%2008%2017.pptx)**

[**Healthy Eating**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS1%5CHealthy%20Eating%20ppt%2004%2009%2017.ppt)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S2**

[**Child Protection**](file:///S%3A%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CS2%20Child%20Protection%20ppt%2011%2009%2017.pptx)

[**Internet Safety**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS2%5CStaying%20Safe%20online.ppt)

[**Study Skill’s for year ahead**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CLesson%202%20PSHE%20and%20HWB%20what%20to%20expect%20S2.ppt)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S3**

[**Study Skills**](file:///S%3A%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CS3%20Study%20Skills.ppt)

[**Exercise, Health and Fitness**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CExercise%20health%20and%20fitness%20%20wb%2028%2008%2017.pptx)

[**Balanced Diet**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS3%5CBalanced%20Diet.pptx)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S4**

[**Apprenticeship posts available – Please show pupils**](https://blogs.glowscotland.org.uk/er/snhscareers/)

[**British Red Cross**](file:///S%3A%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CS4%20The%20British%20Red%20Cross.pptx)

**Log in to ‘Work IT’ and check to see if placements have been accepted.**

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt) **– log in and set up account**

**Pick a career pupils would be interested in.**

[**NHS Work Experience Info – Essential for pupils going on Work experience with the NHS.**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS4%5CNHS%20INFO%202017%20for%20work%20experience.pptx)

[**Study Skills**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS4%5CS4%20Study%20Skills.pptx)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**Work Experience forms must be returned ASAP!!!**

**S5**

[**Importance of Sleep**](../S5/The%20role%20of%20sleep%20in%20teens%20S5.ppt)

[**Study Skills**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5) **– in booklets, highlight the different types of approach to studying. Use ‘Notes’ page for this activity.**

[**How to prepare a Study Plan**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS5%5CHow%20to%20prepare%20a%20study%20plan%2004%2009%2017.pptx)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S6**

**S6 Career Talks Thursday 14th September**

**6a2, 6a3 & 6a7 talks will be in Lecture theatre. Please register and leave school bag in class as talk is only expected to last ½ the period. Robert Young will carry out this talk.**

**6a8 and 6a9 talks will be in your respective classrooms.**

**Katrina Sheppard will carry out these talks.**

**Year Book Photos P5 14th September – 6a1 – Thursday 14th September**

**Complete S6 PSHE Booklets**

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt) **– Pupils should log on and research the requirements for their desired University or College course.**

[**Link to school website and advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 1 – Advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 2 – How to structure Personal Statement**](https://blogs.glowscotland.org.uk/er/SNHPastoralSupportWebsite/ucas/personal-statement/)

**Fast Track applicants should hand first draft of personal statement to teacher for feedback. Also, log on to UCAS using phones or computers to ensure all information is up to date.**

**S6 Service**

T. Low