***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 4th September 2017***

***Focus:***

**[Road Safety and Personal Safety – Watch video and discuss with class how to keep themselves and families safe both in and out of the car](https://youtu.be/vhZiu8FQqus)**

**Timelines (S1-S6) – see memo from Jonathan Cumming.**

**Pupils are to be reminded that if they have a medical or dental appointment they require to absent from school with then they MUST bring in a note signed by their parent or guardian.**

[**Faith Forum – Please see Mr Bradshaw**](../Faith-Forum-poster-S1-Aug-update.pdf)

**[Daily Prayers](../../../Prayers/Prayers%202018/Monday%204%20September%202017%20%282%29.docx)**

**S1**

[**European Sports Day – Please Promote with S1 classes**](../../European%20Sports%20Day/poster.jpg)

**[Body Image](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS1%5C%5Cbody%20image%20slides%2025%2008%2017.pptx)**

[**Healthy Eating**](../S1/Healthy%20Eating%20ppt%2004%2009%2017.ppt)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S2**

[**Internet Safety**](../S2/Staying%20Safe%20online.ppt)

[**Study Skill’s for year ahead**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CLesson%202%20PSHE%20and%20HWB%20what%20to%20expect%20S2.ppt)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S3**

[**Exercise, Health and Fitness**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CExercise%20health%20and%20fitness%20%20wb%2028%2008%2017.pptx)

[**Balanced Diet**](../S3/Balanced%20Diet.pptx)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S4**

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt) **– log in and set up account**

**Pick a career pupils would be interested in.**

[**NHS Work Experience Info – Essential for pupils going on Work experience with the NHS.**](../S4/NHS%20INFO%202017%20for%20work%20experience.pptx)

[**Study Skills**](../S4/S4%20Study%20Skills.pptx)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**Work Experience forms must be returned ASAP!!!**

**S5**

[**Study Skills**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5) **– in booklets, highlight the different types of approach to studying. Use ‘Notes’ page for this activity.**

[**How to prepare a Study Plan**](../S5/How%20to%20prepare%20a%20study%20plan%2004%2009%2017.pptx)

**Pupil Council Nominations to be completed ASAP. Please forward names to year head.**

**S6**

**S6 Career Talks Thursday 7th September**

**6a1, 6a2 & 6a3 talks will be in Lecture theatre. Please register and leave school bag in class as talk is only expected to last ½ the period. Robert Young will carry out this talk.**

**6a4 and 6a5 talks will be in your respective classrooms.**

**Katrina Sheppard will carry out these talks.**

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt) **– Pupils should log on and research the requirements for their desired University or College course.**

[**Link to school website and advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 1 – Advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 2 – How to structure Personal Statement**](https://blogs.glowscotland.org.uk/er/SNHPastoralSupportWebsite/ucas/personal-statement/)

**Pupils who intend to apply for Medicine/Dentistry should look to complete UCAS form ASAP. They should be looking to give the first draft of their Personal Statements to their Pastoral Support teacher within the next week.**

**All pupils should log on and read format suggested in Link 2.**

**S6 Service**

T. Low